Introduction and Welcome to the Cancer Center for Healing

Hey, it's Nathan Crane, director of the Health and Healing Club and host of the Conquering Cancers Summit. And today, I am honored and excited to welcome you to a very special interview.

You know, I'm really honored to be filming, right here at the Cancer Center for Healing in Irvine, California. I've met Doctor Connie Lee years ago at conferences that I produced in San Diego, actually, about integrative healing.

And, you know, I've known of just the incredible work that you have done over the years, decades of research and experience with thousands, tens of thousands of patients.

You know, and I've always heard from you and others just how incredible your, your center really is. And I finally got the chance to come out here, interview your team, meet your colleagues.

We've done a dozen interviews as part of this symposium that, make sure you go and watch all of them, because every single one of them covers just one piece of the whole puzzle that you focus on here at the center.

And there's so much you do here from an integrative perspective to help people heal and, and, help their bodies to heal as much as possible from cancer.

Right. Well, cancer and all chronic conditions and human optimization. Yeah. Yeah. So first, thank you so much for having me out here. And thank you so much for being our presenting partner with the Global Cancer Symposium.

And thank you so much for just the great work you do, and really facilitating a culture within your staff of people who care, people who are loving or compassionate, who are dedicated to consistently.

That's that's the thing I've seen most common, I mean, honestly, in meeting your staff and talking with them is like just this openness to learn, which is huge.

You don't find it in a lot of doctors today, you know? So they're always wanting to learn, always wanting to get better. Always wanting to find the best things that can help their patients.

And that clearly trickles down from you and your leadership. So. Right. And always willing to serve. Yeah. We all need to wake up and love and serve. Yeah. It's beautiful.

And it's really portrayed here very clearly. So cancer center for healing.com. If you want to learn more about the center. But today, you know, we're going to talk about, prevention, early detection.

I know you have such a profound mission of really helping people. One, detect cancer early in their lives or in their families lives, their loved ones and to helping people prevent cancer to the best of their ability and or prevent recurrence.

Correct. Right. So we're going to talk about some things that will support you if you have cancer. But we're also going to talk about prevention and early detection.

Right. Well we all must be aware that cancer is the second leading cause of death in this country. Over 1600 people dying needlessly of cancer today. But it's not just the dying, it's the human suffering that these patients endure through their surgery, their chemo, or radiation or all three together.

And every day we see it because a lot of our patients don't come to us first. They go somewhere else and get treated. And then after all that has failed, then they arrive and come here and they need care and they want to

reverse their disease.

But my big motto that I teach all the doctors and I teach everyone is prevention is priceless. So as a result of my own personal experience, a lot of you probably already know my story.

But I'm going to tell you a little snapshot. I was born in the 50s and my mother started bleeding. I was her third pregnancy. She went to her medical doctor and her doctor said, we have a great drug that will prevent the miscarriage and prevent you from bleeding.

Sure enough, my mother took that medication and she obviously had me so as a result, though, when I was 16 years of age, I came home from school.

Why Prevention and Early Detection Matter

My parents sat down with me and told me that letter arrived in the mail, that the drug that my mother was administered cause cancer in both male and female offspring.

Not only cancer, but it also caused hormone problems, fertility problems, anatomical problems. And I pretty much had all of them. I was telling as a teenager already, already.

And so I started going to a cancer institution, a large ivory tower in Houston, Texas, to get clinically examined and evaluated. And so I was a spectacle because I was a learning case, and this was a teaching hospital.

So you can imagine at 16 years of age getting pep smears, biopsies, and all kinds of things, wow, I'm not going to tell you all the gory details, but I will tell you that I've been through many experiences, from hormonal problems to, I just told Nathan, a week ago or so, I had 18 hours of back surgery from scoliosis that was caused by the medicine.

And so my whole life is how not to get cancer. And I want you to know what I know. And so as a result, you may think, you know what? I am perfectly fine.

I don't have anything wrong with me. I feel great, I run marathons, I eat right, and I tell people, you can't manage something you don't measure. You know, everybody looks at their balance in their bank account.

Right. Are there charges on their credit card to make sure they're accurate? Why aren't we looking at the same data in our body? Right. And if you were not checking what's going on, you can't change what you don't know.

And so we do here at the clinic, it's me and a dream team of people. And like Nathan was saying earlier, we are looking at the most, deepest levels of a human being possible and looking at all the parameters.

I wrote the book The Cancer Revolution. If you want more details, it tells you the blood test. I've had patients actually order blood tests just from my book to get the ball rolling for their own self-healing program, but cancer people don't realize that from one cancer cell.

Cancer starts with one cell. It takes ten years to develop a tumor. Ten years? Yeah. So that means you have nine years of health opportunity to detect or prevent cancer.

So I am encourage every one of you to master your own health journey. Partner with someone who has the same understanding that I do. To find out the details of your human health journey, it will be the best thing you ever do.

I always tell people my most important value is health because without health, you really aren't anything. First of all, you feel horrible. So you want to have a pity party every day.

And I've been a patient. I'm not just a doctor. I've been a patient many times before. Then you can't be a good mother. You can't be a good friend. You can't be a good employee.

You can't be really good for anything, much less your community. And so I tell people, we're all interdependent on one another. So the best thing that you can do to help yourself is to take charge of your health.

Obviously online there's so many different learning possibilities. Partner with someone who can be your encourager, your guide, your teacher in some way to help you stay on track.

Also really to understand the data. We are here constantly teaching our patients. We have a cancer, which I love. I love it because it's I mean, you're obviously treating and you're supporting.

You're helping people change their diet and nutrition and you have all these incredible, you know, resources and tools and devices that are supporting the healing process.

But a big part of what you do with all of your patients and their families is educate them, give them the information, the science, the how to the actual support to change their life so that they can actually, you know, live longer and healthier.

Right? And without that education, it's, you know, you're you're missing majority of the potential. Right. And so he puts such a big emphasis on education.

And I love that. Right. And and we have a cancer class every Wednesday for all the patients. It's online. So people from everywhere can be chiming in.

But I tell people there's no finish line to health, okay. You're going to be constantly working on yourself. I tell people now that I'm over 60, and I tell people the warranty is fully over at 60 and there's peer repair, upkeep and maintenance.

And trust me, it is. Everyone always told me, okay, wait till you turn 60 and I'll go, oh no, I'm fine. And I'm like, oh. Yeah. It's just repair repair up.

Cooper mean it's time to buckle down and put it into gear. Right. Exactly. And so please, please I encourage everyone out there to learn about everything that we have to say and what other people are saying.

They're educating you on so many topics. It could be diabetes. It could be weight loss, it could be autoimmune. But that is what it starts with. I tell people, you can't change your condition until you understand your condition.

Why do so few people actually focus on prevention though? Right. Because we know that like unfortunately, the majority of people wait until they get sick to actually do something about it.

Why do you think that is? Why are we just so programed as a society to not actually think about our future in those terms? Because so many people, just that I've talked to that are seemingly healthy, right?

That very clearly could be having cancer growing for years within them or other underlying chronic conditions. And you talk to them and you say, yeah, let you know.

Let's let's get you on the track of health and prevention. Oh, I'm fine, I'm healthy. Right? I tell people you have to verify that you're healthy. Okay. You can't just say I feel healthy.

I talked to many cancer patients every day okay. From all over the world. And I always ask them what their first symptom was.

Personal Health Journey and the Importance of Measuring Risk

They go there. Really I felt great I felt wonderful. One day I had right upper quadrant pain. One day I had abdominal swelling. One day I had a con. Well, that one day took ten years, you guys to take place.

And I tell people to treat cancer. Yes, we have some wonderful therapies, available. The conventional treatment is maybe surgery, maybe some chemotherapy and maybe radiation.

That is the conventional treatment for cancer. But you have to understand the why, where, when and how. If you did not change the soil of the cell that grew cancer, that cancer is going to come right back.

Yeah. Also, if you needed surgery, the surgery, the surgeon cannot see microscopic cancer cells. So you're hoping that your immune system, which was not good to begin with or you wouldn't have gotten cancer.

Right. But the doctors don't focus on immune resiliency, which we should all be doing, because that's involved in every disease process is immune resiliency.

So you had the surgery, which I'm very familiar because I've had several surgeries in my life. It's an injurious immunosuppressive process. So I prepare all my patients with mentally and physically I. V.

vitamin C, hyperbaric oxygen, all dietary changes, purification, changes before they even have surgery. Yeah. Then after the surgery, we need to repair for another month after the surgery. So.

And then if they don't change what caused the cancer in the first place, get to the root causes. It's very likely going to come back again, right? Yes.

Because I think because often they're circulating tumor cells. Right. Right. Well it's not even identifiable. The soil okay. What is the soil of every cell. Yeah okay.

Is it toxic. Is it sugary. Is it acidity. Is it infectious. Is it low oxygen? Is it heavy metals? Is it parasites? All of these conditions are conducting the activity of how this cell is going to work.

And people can be living with every one of those things and multiple of those for years. They're not even know it. Right. Exactly. A lot like, for example, parasites or parasites are a very common problem.

Even CNN six months ago had a Vietnam news flash that a patient had a tumor, and when they opened them up, it was parasites. So parasites can live not only in the gut but anywhere in the body.

Most parasites are outside of the gut. And I've heard your team say that when they do, you know, parasitic testing and fungal testing and Candida testing and all these things, with the cancer patients almost, almost all the time, people who have cancer have one or more of these in their body.

Well, that's right, because it's the perfect storm. I tell people, I give the analogy that cancer is like 100 leaks in the roof. And you've got to turn them all off and it's a tornado rainstorm in a hurricane.

So people get that analogy. But that's what cancer is. So don't think that a little surgery and a little chemo and a little radiation is going to be the, the dental and the treatment and the cure all.

I always tell people what is the definition of cure for cancer or remission. It's circulating tumor cells of zero as your doctor measured your circulating tumor cells.

I mean that that's what the cure should be, right? That's not what our medical standard is. No. Well, the medical standard of the medical standard in the books today.

Okay. As of 2012, yeah, it's circulating tumor cells. If they say cure, if you say remission or cure, it's circulating tumor cells of zero. Okay, okay. That's in oncology books today.

Interesting. Yeah. Because there's a whole like paradigm in the medical, community, right. That if you say remission, it's there. Or five year survival rate, very similar.

Right. If somebody somebody's cancer just stops growing and they live past five years, they call their section their survivor or a survivor, right? Right. Which is 2% right.

And so but if you're actually going to say, now what about the testing that's done for circulating tumor cells, right. In terms of, a conventional test for that.

Right. Is it accurate and effective? Okay. So circulating tumor cells are done all over the world. All right. They've actually been done in the United States.

So the first time I used a lab in the United States, I sent 25 specimens to the lab. And they all these patients had cancer and every single patient came back.

Zero. This is blood. Blood okay. They call it a liquid biopsy. Yeah. So I said, well I can't use that lab all right now. So they all came back zero came back zero.

And they all they all were confirmed to have cancer. Yes. Wow. So we know I knew that that lab was not going to be able to give me verifiable results.

Is that a common lab? Yes, very common lab. I wonder why it's zero. It's just not not very accurate. It's not accurate because the testing it's like anything things technology gets better and better all the time.

Right. And so so they need more cells to actually be accurate. Well that's a different methodology. And technology just isn't you know as accurate. Yes. Yeah.

But now they're talking about in this magazine, which is a conventional cure, which we're going to talk about. There's several wonderful topics because this is a conventional journal that I just happened to get in the mail.

Yeah. And and it's I thought, okay, it's, it says the first thing food fight. And I'm like, wow. When's Duke oncologist talk about food and cancer. That's great. Like fasting. Save your life.

I'm like, wow, I've got to read this. Well, one of the first articles was the editor wrote about investing, can you start your cancer? So I'm like, oh my goodness, this is wonderful.

Yeah, this is fabulous. We are going to see a transformation in the paradigm. It's so cool. One of the other articles was on liquid biopsy. So we utilize a lab called our GKE there in Greece because the founder doctor, a Roux, who was trained in Germany and Europe, he started the lab about 16 years ago.

And this lab is used all over the world.

Education, Lifestyle Change, and Patient Empowerment

It has the highest international certification of any lab that you could possibly have. So about eight years ago maybe nine, we started using our GKE.

So every doctor needs to take a test to understand the testing and how to interpret it because it's very complicated. So you just can't order the blood.

You need to be a physician to take the test. Yes. There are other I think chiropractors can order it and other health professionals may be able to order it.

So I started utilizing the test about eight years ago, and they have probably about an 84 to 85% accuracy rate detecting circulating tumor cells. Why is this so important?

Well, circulating tumor cells are responsible for 95% of metastasis. That's the cancer traveling to another part. Are other parts of the body right. If you do a Pet scan or you could do, ultrasound scan and say, okay, cancer's gone.

Right? Right. But but Pet scans miss everything less than five millimeters. That's that's a lot. So if you have a clean Pet scan, doesn't mean you don't have cancer.

It's just that that is the most technical process that we can use today to identify cancer. So but I always tell patients it's not what we see on a scan or on bloodwork.

It's what we don't see. Yeah. So that's why you have to do bio energetic testing and check the circulating tumor cells. So the DCC how so it's pretty accurate right.

That's like a B-plus if you're in school. But if you. So if I sent Nathan your cholesterol to ten different labs, I'd get ten different results. And that's just cholesterol. Wow.

And this lab has a, the highest international certification you said for circulating tumor cells. Know for any laboratory doing the testing, they're doing okay.

It is a very difficult feat to achieve their certification. So the significance of this, from what I understand, is that you can identify cancer through circulating tumor cells through this test, much earlier right.

Years and years and earlier. So I'll tell you, two girls that I saw seven years ago, they're from Texas, and they and they came to see me for early detection.

And why did they come to see me? Well, their mother died from breast cancer. All their aunts died from breast cancer. One of them had Brocco. One, one of them did not.

Brocco one well, Brocco one. Only 50% of patients may develop cancer, so it's not like a guaranteed because you're Brca1, you're going to develop cancer.

So they came to see me for early detection. They were about well they were one was 38 and one was 40 years of age. And so at the time I did a blood test called Uncle Blunt, Uncle Blunt.

And it detects the Enoch's to protein. And it told me what organ I also did circulating tumor cells. I also did blood work and I also did bioenergetics testing.

So I found one. One of the girls had breast and one of them had ovarian cancer. Now I will tell you they get annual scans and MRIs. Okay. Very detailed evaluations.

They have no evidence of a tumor. All they have been doing is they changed their entire lifestyle. Their emotional situation. Cleansing everything that we do.

It's outlined in my book. And then they have just focused on eradicating circulating tumor cells. But their life is full. I just talked to one a week ago.

She's a yoga instructor and in Texas and the other one is a mother of three children. And they have had no interruption in their life because why they decided to search out and make sure and verify that they were healthy and they were not going to get cancer.

And then they got the information and now they just I see them once a year and they change their lives diet, nutrition, exercise, exercise, emotional well-being, everything, cleansing everything, the whole thing.

And they've learned how to do it all on their own at home. And then it's a lot cheaper. A lot, yes, a lot less painful. Yes, a lot less suffering, a lot less suffering for everyone.

Yeah. Okay. Think about it. That's an ideal world, right? That is an ideal scenario. Yeah. But we can all be we can all achieve that ideal scenario. I agree, I agree.

I think we have to start educating not only first we have to educate ourselves, but then pass this on to our nieces and nephews, to our children and grandchildren, to our yes, everybody.

Right. So that we focus on these things early on, that is right, which is critical to to our, you know, human development. If we keep. Killing ourselves with these chronic diseases that are most of the time preventable.

Right. And that's what people are saying is we're killing ourselves with our industrialized, technologically evolved way of living. Right? Okay. And, you talked about prevention.

They go, well, why isn't right? Well, first of all, we first of all, we have to value human health. Yeah. Second of all, the doctors need to be educate.

Doctor means to teach. Doctors need to be educating their patients how to have the best optimal health. Last week I had a patient who has her own concierge doctor.

She has diabetes, hypertension, menopause, everything. She's on four different medications. And so she told me and I said, well do you know you can reverse diabetes.

Really I can reverse diabetes. I said yes, diabetes is completely reversible. Reversible type two diabetes type two diabetes 90% plus of people right.

Yes. Does diet change. Just dietary changes. Right. And she goes really? It's right. Yes. But she sees a physician that is not teaching her to make lifestyle changes.

Right. And er it is published everywhere that most diseases, 89% are related to lifestyle. What is lifestyle. Lifestyle. How do you think what your emotional IQ, what your spiritual IQ, how do you sleep?

How much water? How much do you move?

Root Causes, Soil Theory, and Circulating Tumor Cells

What do you eat and how do you live really every day. And those are things that we're all in control. You know a lot of things we're not in control a lot. Sure.

But the way we live, we're in control for the most part. Right. Right. And I'm not saying you have to be this perfect person because that's not real to be a perfect person.

That's not a really good goal or mission because I'm gonna, you know, every day all the time. Right? So but if you embrace these lifestyle natural laws and rules of the body, I tell people I didn't make them.

I'm just the messenger. Yeah, but we all have to follow the natural laws and rules of the human mind, body and spirit. Yeah. Beautiful. So what? You know, in, in touring your facility here and meeting with your colleagues and doing all these incredible interviews and learning about new technologies for me, new for me that I've and even new in the, in the health field, that I've never seen before.

What is it that what's your drive? What's your passion? What is it that drives you to constantly bring forth and invest in and utilize so many different technologies and, you know, leading edge, tools and resources for helping people heal?

And how does that weave into the cultural and philosophical fabric of the center here? Right. Well, we are searching the world for the most innovative strategies to actually heal people.

The Hippocratic Oath says, first, do no harm, right? The third or fourth leading cause of death in the in the United States is properly prescribed medications.

Then we can get into errors and then we can get into other things. But medications are toxic substances. Now, don't get me wrong. Right. Sometimes we need medication. Sure.

Sometimes for sure. In emergencies. But for the chronic management of diseases it's lifestyle. All right. So I started this 34 years ago in a little office and here we are today.

I remember you telling me a story last night, you know, over dinner. Just the incredible struggles and challenge and everything of you starting all of this from scratch pretty much by yourself.

And then now, you know, this massive team and helping tens of thousands of patients and, you know, all the incredible work you do now, it's it's truly incredible to see where you've come from and where you are now.

Right. So but it's, it's a, it's a of a force within me, beyond me. I always tell people because I don't want to see people suffer. Yeah. And I want people to truly know what we all here know.

And we do have an amazing team. I will tell you that our doctors and our practitioners work tirelessly because every day we are researching the latest, greatest thing.

Okay, I don't care what it is, but we're first looking. Requirements are for something. For a treatment to be offered here. It doesn't hurt you, it doesn't harm you.

And it doesn't have side effects. So of course there are going to be some things. The only thing that we do at the center that may have potential side effects is low dose chemo that Doctor Kim talked about. Yep.

And so sometimes we have to do low dose chemotherapy to shrink tumor burden because it's there it's tumors and somewhere in the body. So they have to be shrunk with some chemotherapy.

But that's the only possible thing that has a side effect. Everything here is adding an energy to the system. Okay. Whatever treatment we're doing here is adding to the success.

Yeah. And healing of your body. From the bio energetic machines to the to the to the nano bath, to the hypo to hyperbaric to to the red light bean to on demand to lymphatic drainage, everything homoeopathy and.

Right. And you put your bath. Exactly. And you're probably wondering why do we need all this. Well you need it. First of all, there's no one size fits all.

Number one. Number two, certain people do better with a certain treatment than other treatment. Third of all, we have to write a roadmap for each person to fit the tapestry of their human structure and their complexity of their issue.

And so. So there is not one size fits all because it's usually never just cancer, right? So disease is just cancer. Something else there. It's a myriad of issues going on.

And our goal is to put our body in homeostasis, in harmony. And that's, you know, for prevention that's key. But for healing, it's also I mean, do you do do you recommend to people?

Obviously they don't need more of the intense treatments or the requirement of ongoing certain treatments and modalities, if they're focused on prevention versus somebody who's focus on, you know, healing. Right.

But in terms of like underlying principles for people preventing cancer in the first place or preventing recurrence versus people who have cancer, would you say that those principles are pretty much the same?

Yes, I would say it's just that when you get a stage for cancer patients, yeah, there is an intense amount of effort on the patient and the practitioners part to create healing immediately.

And it's usually always overwhelming when a patient is diagnosed number one. But number two, with the things that we want the patients to do, they're going out taking a left turn in their life.

And we're trying to create a right turn in their life. Yeah. And that's changing every facet of how someone has lived. Yeah. You're changing habits or changing beliefs or change everything.

Exactly. We know can be hard, but it's necessary. It's necessary. And every single patient will tell you that cancer's a gift, that there has been a silver lining in their diagnosis.

Many a patient. Okay, but I will tell you something. To kind of, help people understand. You know, Nixon declared war in 1971. All right, declare war on cancer. Right.

And then every person therefore, after that has to do okay. But we have not made any advancements in the survivability or diagnosis of cancer.

Testing, Early Detection, and Integrative Treatment Strategies

Now, we can send people to the moon, and we can put satellites, and we can use our little phone to talk to people of the world and look up everything, etc., etc., etc.

and we can't create healing in our body. There's something wrong, right? When we have the evidence right today, right now, we have it available at our fingertips first and foremost.

Right? So there's been a couple of books written in the last year, and one was written by an oncologist called The First Cell. And the oncologist talks about how cancer starts with one abnormal cell in the right conditions, that cancer, that that normal cell turns into a cancer cell.

Then she proceeds to talk in the book about cases of patients and all the cases where patients who were diagnosed and treated and suffered. And she said in the last 20 years.

There has not been any advancement in cancer care and healing, and the maximum amount of life we've increased is three months. Geez. Okay. So this is an oncologist who very esteemed and collagist.

She's trying to tell us something. Right. Okay. Another doctor who's a nephrologist who's written several books on obesity, weight loss, diabetes and cancer.

Said the same thing. And they're speaking specifically in our conventional approach. Correct drugs, chemotherapy, radiation, surgery, radiation or some combination.

Yep. And they're saying that. So it's time to realize there's we reached a point of no return. Right. Okay. And at some point we need to change our approach right.

And don't get me wrong, when I see a patient, sometimes I recommend a surgery. And so many times I have to because we want to get rid of the tumor. But then I need to change the soil.

There's some cases where it's it's early enough or it's in a safe enough place that a surgery is, you know, is warranted. Right? Exactly. Right. So but also I tell patients, divide your situation into four phases.

Phase one is fix the patient immediately right. Cured them. Heal them so that they can fight the cancer. Okay. So like you have to look at their inflammation their blood sugar, their vitamin levels, their nutrient levels, their bug level, parasite level, acidity level, oxygen level, everything.

Right. So there's no sense in me fighting the cancer unless I fix you first. Your foundational facets. Right? Okay, then there's the cancer. Get rid of the cancer.

Maybe need surgery, maybe need chemo. Then we have to go up to the circulating tumor cells. Then we have to go out after the bioenergetics of the body, the interference fields that are below the surface of the blood test and the scans. Yeah.

So it's not something simple. It's not like you just go to the doctor. The surgeon says you need this. An oncologist said, okay, you need chemo. And then the radiation oncologist says, you need the radiation.

Please, please, if you're going to do that round, please combine integrative therapies that you're creating, healing your immune system. You're cleansing your protection from the radiation, chemo resistance, radiation resistance circuit, I mean, all of these other things because people don't realize, you know, when you get chemotherapy, that 50% of the cancer cells from the first chemo they're resistant to.

So if you have 100 cancer cells or a million cancer cells have, they're going to kill and half, they're going to be chemo resistant. And we know chemotherapy actually in the in colleges journals states that it actually doesn't kill the cancer stem cells either.

That's right. So cancer stem cells or the circulating tumor cells are not killed by surgery, chemo or radiation. So it's clear that you know what you're doing here as a pioneer, you know, really a leading pioneer in integrative medicine and really focusing on everything possible to help the patient heal is what's needed.

And as you said in, previous interview I've done with you years ago, you know, you talk about the doctor of the future and, you know, I love that one aspect of your entire mission is to help bring forth more of these doctors of the future, doctors who are educated in all of the medicinal qualities, all of the disciplines natural, holistic, you know, conventional to create a truly integrative approach for health and healing.

So, you know, I just want to say thank you for being such an amazing person, a leader, a pioneer, somebody who clearly cares about and and shares that compassion and love and dedication to truly help people not only heal from cancer, but prevent cancer, because clearly we need a lot more of that.

And, and as we kind of finish our time here, is there, you know, any less anything else you want to share with our audience? In terms of just, you know, what what can they think about in moving forward in their lives to not only prevent cancer, but think about living in a healthier and and more fulfilled way in their lives.

Right. And that is that. Yeah. So you're I believe, your number one value. I know we have a lot of values, but I think your number one value is, is has to be healthy because then you can have the other values which might be freedom, which might be love, which, you know, might be whatever.

Okay. But health can't be bought. All right. Right now on Amazon, there are no bodies for sale. Okay? You can't do an exchange. Right?

Doctor of the Future and Final Health Advice

So so, you know, we have to take charge and responsibility for our health. There's so much overwhelming information out there. I think we do need partners to help us get there.

You know? And that's why I always like doing the symposiums that we're doing, whether it's on cancer and other topics, because I think the world needs to know what you know, what I know, and so many other practitioners have to offer.

Second of all, the most important thing is never give up on yourself. Yeah, okay. Don't give up on someone else ever. Okay? And don't give up on yourself.

There are so many invincible solutions that can come into your life if you ask them. And beautiful. Yes. And so never give up. Number three is I always say that things don't happen to you.

They happen for you. Because I had a friend who was sick and he's really never sick. Super athlete super can do winning thing. Always tells how great he is.

And he got very very sick. And he was texting me every day how sick and so forth. And I'm telling him what to do. And then he texted me finally and he says, finally I feel better.

And I said, yes. And more importantly, you have learned what it's like to be sick, and now you're going to have more compassion for someone who is complaining and not feeling well.

Right? So you've become a more enlightened being, and I will tell you that in my health journey that I've had lots of stuff, you would need them believe it.

And of course I've had a pity party. Don't get me wrong, I'm human. I'm not a robot. I have had big pity parties. Okay, that doesn't get you anywhere.

Makes you feel horrible, lowers your vibrational frequency. But it's all taught me one how to take care of myself. But number two, how I can be a better person and help someone else.

Because I've learned something new to help you. Yeah. And you've clearly been doing, you know, an amazing job. So thank you so much, Cornelia. I appreciate your time.

Appreciate your, just, you know, welcoming me here into the into the family and, you know, getting to tour the facility and meet with your entire team and, and do all these great interviews.

So, so thank you so much. You're welcome. It's my pleasure. We want to share with the world all the things that are possible. And I want to thank everyone for tuning in to the Conquering Cancer Summit.

Please share this with friends and family. Together, we truly can make a difference for the future of humanity in ending the cancer pandemic. Thank you and I wish you ultimate health and happiness.

Be well.