Quantum Energy Boost: Unlock Peak Productivity And Restful Nights Transcript

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Introduction to Quantum Upgrade

Welcome back to the Fasting and Longevity Summit. I'm your host, Doctor David Yonkers, and today we're talking about quantum upgrade. This incredible technology, this quantum technology, and a really fascinating interview and fascinating technology.

My interview is with arabica kuna kuna Jen, and she's a director of operations for Leela Quantum Tech. Before joining Leila Quantum Tech, she worked in health care for over ten years, and arabica was a licensed nursing home administrator and has a master's degree in health care administration.

As a traditional medical system is not aligned with her personal and professional values, she left the field in 2021, and she works with Leila Quantum Tech as well as the Quantum Upgrade guys.

And check out the website Quantum Upgrade dot I o to learn more about what we're talking about in this interview today. So without further ado, let's go into it.

Well, arabica, great to, connect here. And, we live in the same part of the world and the Atlanta, Georgia area. And I'm really interested in this, this idea of quantum upgrade and going through this.

And so can you explain what quantum upgrade is and how you got involved in this? Yes. So Quantum Upgrade is a subscription service that essentially uses quantum entanglement to put either yourself, your business, your home, your pet, your car or your phone in the quantum energy field.

And then you can use the back end of our website to kind of determine where you are on the Hawking scale. You can leverage different frequencies. And so much more.

What Quantum Upgrade Is

So how I got involved with Quantum Upgrade, and our sister company in the quantum tech is, because I had a ten year over ten year career in health care and the vaccine mandate came out.

And though I'm, I'm pro-choice, but that was not a choice that I wanted to make for myself. And the vaccine became a condition of employment. So I had to make the tough decision to go ahead and leave health care.

I have been there for a while, built a really beautiful career, and after several months of trying to figure out what was next, Leila Quantum Tech found me.

And now here I am working on three years later. Yeah. Really interesting. A lot of people had to make challenging decisions back then, but kudos for you to having the courage for for standing up for your beliefs there.

And actually, you know, having the courage to go through with that process and changing your career. So yeah. Sure. I bet, I bet. Well, you talked about quantum entanglement.

And so this may be a term that most of our listeners maybe have heard of something like this, but have trouble understanding. Can you break that down just a little bit more?

So I guess in layman's terms, well, interestingly enough, I think in 2022 there was a Nobel Peace Nobel Peace Prize in physics, one about quantum entanglement.

But let's just say the example that's coming to mind. I don't I don't know, is really hard to explain it in layman's terms. But sure. They're like time and distance does not matter with in quantum entanglement.

So I'll use our subscription service. So all we need for the you subscription is yourself. Your name, your date of birth, where you were born and the country that you live in now.

And with that information, we're able to put you in the quantum energy field. So that's really quantum entanglement. So and how does it. Yeah we do. So everything is kind of connected I guess is kind of.

Yeah. Exactly. We just need the specific identifying information. To put you in our database to then put you in the field and then you get the benefits thereof.

Yeah, absolutely. And it's interesting and kind of hard for people to understand, but can you share some of the scientific findings behind the quantum upgrade?

Absolutely. So there have been several studies that have been completed thus far and more are underway. But just to kind of highlight a few of the findings, number one, our technology quantum upgrade increases ATP production and sales, which is what gives your sales energy, as you know, between 20 and 25%.

It improves your blood, your heart rate variability. There have been double blind, studies done to that use dark field microscopy to, to show this, our recent one or not two recent, but one that was done.

Our technology also reduces the parasitic load in the blood. What else? I think I'm missing one.

Quantum Entanglement and the Science Behind It

There was one done on a woman's health and ours. It helps to kind of improve the heart rate. Not just the heart rate variability, but the heart rate in general.

So yeah, there are several studies and the the science behind it is important because some people who are more intuitive and more feeling, they can feel the difference.

But then we do have these studies so that people can see. And honestly, we even learn all the ways that our, you know, technology improves and enhances the lives of our of us who use it.

Yeah. Really interesting. So it's basically like an energy field which you can't see, but it's an energy field that's helping bring your body back into a homeostasis.

Most people you know, from a nervous system perspective tend to be out of balance and more in like a fight or flight sympathetic mode, and it helps bring them back into balance with their nervous system, which, you know, you could see with perhaps a lowered heart rate and an improved heart rate variability, where it's kind of this, more variable between heartbeats, which is actually a sign of positive parasympathetic tone.

So it's an energy field that's kind of helping move somebody's back towards homeopathy, homeostasis and balance. Would that be somewhat of a. That's a great way.

Yes, that's a great way to put it. And there was a study recently done on women's health and it showed that it helped women with like that emotional balance even because, you know, women our emotions tend to fluctuate a lot.

But our take our, our. Is really has displayed our. Subscription service can help with that. And we also have frequency that you can use. Speaking of women's health, one of my favorites is the woman's booster.

So when it's that time of the month, I use our women's booster frequency to kind of help support me as I'm going through the changes. We have an Olympic performance frequency, which is great to use when you're working out.

Really, we have about 32 different frequencies that people can use to for different reasons, and they cover just so many different areas in our lives.

So how do they how do they go about using this? Is it like a device? Is it something it's put up? So once you you once you sign up for your subscription, you, we'll go into the website, into your account, and you can really determine where you're going to be on the Hawking scale of consciousness.

I'm not sure if you're familiar with David Hawkins, and he has this scale. So you can determine kind of where you want to be on that scale during the day.

You can even give yourself a booster, which I consider like an energetic cup of coffee, so you can get a little extra boost of energy. Then you also on the same back end can determine on which frequency you want to use for the day, and you can change all of this on a daily basis or during the day.

So you control your own subscription in so your own field all day. Yeah. Really interesting. So if you're looking for a little bit more energy, better sleep, things like that.

Yeah. And go about kind of customizing. Is that what you're saying? Absolutely. I like to you for me personally, I like to plan kind of the day before.

So if I'm know I'm going to get up early and work out, I'll set my booster for first thing in the morning for the following day and my Olympic performance frequency.

And then after the workout, I'll kind of set my next booster for, let's say, around lunchtime.

Frequencies, Hawkins Scale, and Customization

Maybe if I'm working on self-love, I'll use the self-love and partnership frequency, or if I have a meeting, I'll use the focus frequency so you really can customize your experience, and you can get the most out of it.

If you do kind of go in there and just make changes throughout the day, or just according to what you have going on. Yeah, that's really interesting. Now, how is this developed?

So this was developed with our founder in a team that he works with. They kind of leverage our system, the technology behind the quantum tech, which is our sister company, but they've really enhanced it so that we can use it on a larger scale.

And it's just insane what they've done with it. So it's a we have a database that we use and leveraging the quantum tech technology in a bigger way. So people just go on their computer or on their cell phone and basically sign up for a subscription.

So they would go to the website, and the website is quantum upgrade.io. Correct. So there and then they would figure out, you know, they basically sign up for a subscription and then they're right there.

It gives them customize Bible, you know, settings for how they can use that. Correct. Once you sign up for this subscription that you would like. Or we also offer bundles, which are great.

So you have a family. I know we talked beforehand. You have a wife and children. So you could do a pick for bundle and you could do four different use subscriptions.

And then once you're in there, you'll put in all that information for yourself and your family. And then everybody then has their own subscription. And then you can on the back end, like I said, kind of just so like determined where you want to be on the Hawkins scale that day.

At night, we recommend keeping the energy pretty low so that you don't have any disruptions of your sleep. So I keep mine on 500 at night, and like 1200 during the day.

And then my booster, you know, so you can just go on the backend and manage it. You can do it for your pets, for

your car, for your for your phone. You know, our phones have a lot of negative impact for us.

So with the phone subscription, you know, you're going to it's going to harmonize and neutralize the EMF and all that. So you're not having negative effects from your phone.

So yeah, you can go in on the website under your subscriptions and manage whichever subscription you choose or the bundles, which I think are also really amazing if you have one of those.

Now, you mentioned the Hawkins scale. This is, I believe it's Doctor David Hawkins. Yeah. Can you explain that in a little bit more detail? Yeah. So I would say all of our emotions and everything.

Well, here's a really good book first called power Versus Force that explains this in depth. So I would recommend anyone who's interested in learning more to check out.

Yes, check out his book. But so like let's say things like anger and sadness, they're low on the Hawkins scale and then love and joy and peace are higher on the Hawkins scale.

Now I forget kind of where his scale starts and stops, but we have determined with time that he can go higher than he originally found because this book, you know, this was made years ago.

So we kind of so on our website you can determine where you want to be. So the higher is associate higher numbers are associated with higher levels of consciousness, which obviously we all can benefit from that.

So that's kind of it in a nutshell. And then with the technology, like how is the energy setting being created? Is it like being created by a machine, like a technology?

Is it like how what's kind of the initiating factor for the, for the energy field that you're choosing to, you know, basically to, to partake in.

How the Platform Works and Available Studies

So it's again, that is the this was built off of our Leela quantum tech technology that they then enhanced, that was then enhanced to be able to use it in a bigger way, to be able to, you know, help more people at a distance that don't necessarily have our other products.

But it's a database that has been refined and it's always, you know, improved to make better, to be more powerful, to do what it continues to do. But each individual subscriber is able to manage on their own where they are in their personal energy levels.

Okay. And so you guys have been doing studies on this. Do you guys have those studies on your website that people. Can look at. Yes they are. And they're also our studies on our Lila quantum tech which is Lila Qcom on that website as well under research tab. Yes.

And we're working on just making this more readily available for everybody so they can go through and see that what we're speaking about is not just, you know, because I said so.

Right. Like there have been several studies done. And they will continue to be executed to just prove the efficacy in all the ways that you can benefit from our, subscription service.

Yeah. It's really important that we get the studies because obviously it's hard to be able to see. Now, like you said, some people are more intuitive.

They can feel it. But the listeners may not be aware of this, but there was a Japanese doctor, Doctor Emoto, who did these different studies where he actually took water.

Right. And where our bodies are, you know, roughly 60 to 80% water. And he put different energy frequencies like he had, you know, people praying over the water or focusing on love or focusing on like critical words.

And it would change the structure of the water molecules in the water molecules looked incredibly harmonious when it was these, these healthy healing frequencies.

Right. And then they and they looked, you know, really destructive when it was these, you know, self-critical, angry type of energies. And so what we're thinking about and energy fields around us, you know, we've all been around somebody.

It's angry. Right? It doesn't help us. Right? It actually can trigger us. Oftentimes, pushes us into that direction. We've also been around people that were very encouraging and loving and things like that, and that impacted our energy and our state of mind.

So we experienced this sort of thing every single day. And all of these types of things impact our energy, you know, the water molecules within us. And so basically with this sort of technology, it's just kind of basically, putting this positive energy frequency around us, you know, giving us a bump in a direction that we want to go in when it comes to, you know, overall being in peace, being at joy or focus or whatever it is, the kind of energy that we need to be in.

Absolutely. And it's amazing that you mentioned Doctor Emoto, because the Model Institute has actually done studies with our technology and quantum tech, and they're even resell it because they were really impressed with the results of their study and how our technology does, improve in structure water.

So yes, I agree fully. And those studies are on the Lila q.com website. Oh that's great. So yeah, actually doing the studies with how it's restructures the water.

Yeah they've already done them. Yes. And they already they love our the model S to love our technology. And that's great. Because that's something you can kind of visually see too. Yes.

And there are pictures of the water before and after our technology. Well that's that's great. And so the website for that, it's, it's the you said it was the Lila.

Can you say that website again. Yeah. So the website for those e model Institute studies is Lila q Lila q.com.

Personal Benefits and Closing Remarks

And then our quantum upgrade website is quantum upgrade. That I o. Well this is great. And this is really, really interesting science, really interesting.

Technology. And it's something that people really should take advantage of to improve their overall physiology, their emotional balance, mental balance to help you perform and, you know, be at your peak level.

So I think this is great. Can you just talk about some of the ways that it's impacted your life? Yes, absolutely. So for one, coming from the health care profession where you have medicine and everything, I really appreciate that we offer a noninvasive way to enhance oneself just on a cellular level, even just kind of igniting that inner healer.

So for me, I'm an avid runner. And shortly after I began working for leading quantum tech and quantum upgrade, I sprained my ankle. Nothing was working.

I put my ankle in the block after a month of nothing else working, and I couldn't run again. After a week of just five minutes a day and with that running I run.

Atlanta is pretty hilly, so I run a lot of hills and I usually I power through them, but it's a pretty it's challenging for me. Well, one day I decided let me use my quantum upgrade Olympic performance frequency.

I literally breeze through the hills whenever I have on my Olympic performance frequency. I and used to be an avid coffee drinker. I'm not anymore because I have the booster, so when I find myself needing an extra energy boost, I just do go on my, you know, account with quantum upgrade and do an energy boost.

And I really can feel the difference in my energy. When I'm on my cycle, I can kind of have a painful cycle, but with a woman's booster frequency, that is not even a thing for me.

So I use quantum upgrade really for every use case, whenever I have anything going on, I'm like looking through the list of frequencies to see what I can use to support my current situation and my I, my my family uses it as well.

So I definitely have my own personal experiences, and successes with Quantum Upgrade, and I would recommend it to anyone looking to add a noninvasive, natural way to enhance their life in their inner healer.

Yeah, I love that that mentality. You know, our body's the greatest healer, doesn't need any help, just no interference. And there's so many different energy fields like you talked about.

Emfs that we're all surrounded by, in our society today that are, that are impacting our ability to heal properly. And so this is something that can help balance your physiology and reignite that inner healer. So this is great.

And, I really appreciate all your time and your expertise here. Arabica. And so you guys can check it out at Quantum upgrade.io. And then you had mentioned that other website as well.

It was Lila. What was it? Lila. You dot. Com Newcomb. Great. Well, thanks so much for your time here. And, everybody take advantage of this and be blessed.