Introduction to Dr. Talks and Todd Shipman

Dr. Gladden, if you were having some issues today or whatever and you didn't have a block, you could send me a photo of you as long as it shows your eyes and I can put that in my block.

And it is the same as if your in the block yourself. So what we did is we took basically these blocks and we had them, let's say in Germany, and this was double blind placebo tests.

We took the blocks, then we have people in like the UK and measured all their markers while they were in a room that was basically like a Faraday cage.

No EMFs, nothing. Got all of their biomarkers. Then we brought a Wi-Fi router into them, tested it. This is Dr. Talks. Welcome to another episode of the Exponential Longevity Summit.

I'm your host, Dr Jeffrey Gladden, and we're here discussing leveraging AI to outlive disease and live young for a lifetime. And today I'm joined by Todd Shipman.

Todd has a history of working in the longevity space. He's worked with several different companies that are doing cutting edge things. And he's actually working with a company now that I find fascinating.

It has to do with really quantum energy, quantum tech, one of the technologies. it's a little interesting to try to wrap your head around this, but we have several companies are working on this space and we'll talk about that.

But with that, Todd, welcome to the show. Yeah, thank you very much, Dr. Glenn. It's good to be here with you. So tell us a little bit about your journey.

How did you get to to being in the middle of quantum medicine? That's not a place everybody ends up, or maybe we all end up there for that matter. That may be the case.

Yeah, well, I think it's just part of a lot of people's path from depending on what we're doing. And I, think a, lot, of, people in the longevity space, any type of biohacking space can tend to relate about how we get into this, whether it is from disparity or curiosity.

For me, i was a competitive ultra runner with balancing children and everything and trying to figure out the most effective way to enhance my performance, enhance, my recovery.

while trying to train for all these things 100 200 mile ultra marathons while again having kids and just finding things that went along and through my path with that at one time, you know, I was just really I use my social media platform as a way to say, Hey, does this work for me or not?

And just kind of post my journeys with things.

Todd's Journey into Quantum Energy

And, uh, I started doing that on really extreme levels. But one thing I found was this quantum energy and my initial thought, and that's why I really am passionate about this stuff.

Cause my initially thought was like, this is as woo woo as it gets, And I'm going to debunk the heck out of these people. Um, that was how I got into it.

Because I've started and I had done it with this, Basically, it was originally a necklace that was around and it had all

the micronutrients everything in it.

So I was a very monotonous eater. And I went and got all through a, you know, spectra cell micron nutrient test on my blood work done for a little over like six months straight to get like a basis.

Then I started wearing the necklace. After 40 days started testing and all my numbers like anything that I Was deficient and everything became optimal.

I took those tests for about a year and a half straight. It was really like, there is something to this. It's a lot of things where I can really appreciate the people that are very skeptical about this because I was very much on that side.

And still to today, that was about eight years ago. And still the same constantly surprised like, you know, I'm not surprised, but I've always surprised.

Like, oh, wow, we're finding out because it's constantly with what this pure quantum energy is, is the constant. What else can we do? Well, what else we can do because no one really knows.

You know a lot of people are just looking at like what can be test like? What can else be find it into it? um that's there's we're constantly finding new things we are doing all these studies like from Lila Quantum Tech we have over 60 placebo controlled double blind studies um, that are like just a wide spectrum of what those studies were for whether it's for like food allergies or fertility increase and just you know and the basic other stuff that we had but it is all like Yeah, it's really amazing.

Yeah. It's an interesting story. I think to your point, people get into this space from either aspiration, desperation, or just curiosity, right? And I it pushes people.

And there could be a combination of those that pushes People towards us. But let's talk a little bit about quantum medicine, because we tend to think about medicine as being biological.

And yet, biology is actually a quantum process. So quantum processes has to do with what happens in the subatomic particles of atoms, and it also has what has do to with atoms themselves.

They behave at the microscopic or at that atomic level. Things are happening differently than they are at a macroscopic level, Right, you hit a baseball and it flies a certain distance.

But with at the quantum level, if you shoot out a couple of electrons and there's some slits up ahead, depending on how you observe them, they may go through as a wave function or as particle function.

And so there are some things happening at that quantum-level that kind of defy traditional perceptual logic. You know, when you start to think about quantum biology, for example, one of the first things I read about in quantum Biology was photosynthesis.

So you've got a plant with leaves and it's collecting sunlight. And the way that it actually optimizes the production of glucose from that light is a quantum process.

The way it is adjusting the chlorophyll and the interaction becomes a quantum process. It's not just a, oh, here's an incoming thing that turns into that.

We just take a photon and turn it into. That there's a whole quantum processes going on there. And that was my first introduction to it. I thought, wow, that's really, really cool.

Um, and then I heard about it again, through the, the NES people, maybe you're familiar with them where they're using infoceuticals to affect fields, energy fields at a quantum level.

And then I heard about your company, Layla, and what they're doing. I've been skeptical at every turn. Right? I

have been sceptical at everything. Yet, when you start to get in this, it's really pretty fascinating.

The last company I ever heard of is EES.

Quantum Biology and Longevity Benefits

But you sit in a quantum field that's actually radiating and you can feel it interfacing with your own cells. It's really quite dramatic. So if you're listening to this and your skeptical, we get it.

We were skeptical too, until you actually start to play with this. Knowing that this is actually real, Talk to us a little bit about what you're seeing.

You've done all these studies. What are some of the things that you've seen that are impacting, let's say, longevity metrics or things like that? You talked about fertility and some other things.

Are there some things directly related to longevity? Yeah, so, I mean, we have, like I mentioned, a vast variety of different studies. And these go from, things that I can prove are, of course, are bioenergy markers.

We see that exposure to this pure quantum energy increases heart rate variability. we get an increase of white blood cell production. Increase of ATP by 29% was one of our more recent studies that we came across, which is really cool.

It expedites wound healing. And it just kind of a good way to put this, I think, for other people, Dr. Gladden, too, is like with with quantum energy, and like when you are going to have this like biofield, right, so some people may not recognize it as bio field, they might look at his aura, prana, life force energy and what the quantum energy, especially with our products are designed to do is to basically, it puts our body back into the natural state as if we are, and this might be extreme example, but let's say like, let us all say we're out in the middle of the national park, Yosemite.

right, like with no cell phones or anything like that, and we're just in a peaceful environment. There's no external, not too many external environmental like stressors.

And that is what our products are kind of replicating. So things that are also one of those studies, but for like EMS, now, our most of our product, so the pure quantum energy, it does not block Ems, I just want to clarify that.

But it will neutralize the harmful effects that EMs have on our body at like a biological level. We can show that again with bio markers and everything.

So like it's blocking the stress, like, you know, EMS cause cortisol, cortisol kind of ages us, causes stress. And that's where our products are kind like a bubble wrap us from external like environmental stressors.

Right. That's what we're seeing like all the benefits and longevity. Yeah, no, that's great. So talk to us a little bit about the products. I know you've got necklaces, I knew you got cards, basically cubes that sit in the middle of a desk or a room of different sizes and varieties.

Talk us through a bit, if somebody has, and you have things that are focused on different different health issues, like different cards that do different things, different necklaces that different do things.

So it can be almost a little confusing or overwhelming for somebody to look at it and say, okay, well, what do I actually need here, right? Because some of the products are not, they're not 50 cents to buy one.

And yet, you want to make the investment wisely. Help guide us a bit. How do people navigate that? You know, that's a great question. And I always suggest, cause yes, some of our products are definitely an investment.

We have prices up to like $1,800. If you double that, you know for some other products, like you want two of them

for upgrades. But I think a fair investment for people to really just kind of be introduced into quantum energy and being able to feel it or experience it is kind like our capsules.

Our capsuls range anywhere from like 75 dollars to a very more basic ones that are like hormone. And hair nail skin health features and then we have all the way up to $145 for like our more popular heel capsule and I always wear them regardless so it's really small and it.

has these titanium spheres inside, and that is what's charged with the pure quantum energy.

Leela Quantum Tech Products Overview

And now the brass, the part that you see, now that's what is charged the frequencies. The frequencies in that one could be things like 80 plus micronutrients that are in there, help structure water, in different certain frequencies, so this is the product that I always suggest people get.

Just because it's $145. It's not like insanely cheap, but it is also one of those things where you can see and try it out and see that there's something to quantum energy.

And one thing though is I would say for sure the majority of people will actually be able to experience and feel it. But that also being said, one really cool thing about our studies that we've done is it shows that you will have all these benefits, whether you feel them or not.

And one thing Dr. Glenn and I think is very interesting with our study is that it's not like we can say something like, oh, 60% of people experience these benefit.

It is 100%. of the people that do this with our double-blind placebo. So it's not, oh, hey, 83% got this stuff. It is 100%, which is fascinating to me.

That's fascinating. And if you're not experiencing it, you can still go look at the studies and show what you are benefiting from. But that being said, there are quite a few people, that when they get these capsules, they're five spheres inside it.

Some people are like, ah, it is too intense for me, so we have them remove some of them. You know, so really depends and so that's the most popular we also have frequency cards, and they kind of look like a little credit card, their metal, And we have about 30 plus versions of that so you can get them with like gratitude you get him with inner peace for better sleep.

We have DNA cell receptor or protectors which kind of help after post COVID and getting jabbed because a lot of these things can also help one thing that we see is that make sure blood clotting go away.

So it makes your blood more visceral. different frequencies that you can get on the cards. We do have the blocks, and the block are definitely a little more on expensive side, but they also, they're way more like utilizing things.

You can make your own frequencies at that time. So we have certain blocks where you could take all your supplements that have in your medicine cabinet and put them on something metal, anything that's metal.

Your jewelry, your necklace, rings, watch, things like that. Like you put those in there and it'll transfer over the energy to those, or the frequencies.

So we also have them that can bill charge food, things like fruit and stuff change really different because you're actually enhancing or structuring the water.

So when you reading that fruit, you'll tell the difference. There's There's a store called Semi-Forganics and they're vastly in California. There is also some in Florida and Texas and there are smoothie acai bowl place.

And they have blocks in every single one of their places and a charge all the smoothies and bowls before they give them to the customers because they see it enhances the flavor.

So there's lot of things you can do with the blocks. But in general, they also just harmonize your space like your entire house. So it's not something like the capsule, which goes about, you know, maybe four or five feet outwards, but the block can go upwards to two kilometers, depending on which block you have of ours that will actually harmonized the location from EMS.

That tends to be one of the biggest reasons, you know, to have a block. We have small ones. So people in their Teslas, and we have lots of studies showing about what our blocks can do and protect someone who's in a electrical vehicle.

And so we see a lot of these people will put like a blog inside their car, Tesla or anything else. we Have small travel blocks, so you can take that with you and travel with it.

Whether it's in your car or when you're out traveling, you can do it to help with your food at a restaurant and help neutralize the negative effects of things like sugar and gluten, anything that's pretty harmful for us with food.

Yeah, no, it's pretty interesting. It's interesting that you're getting a hundred percent improvement in people that feel it or don't feel. What I've found and discovered is that people, some people are sensitive to energies and other people don' really sense the energy the way other.

Um, so for example, with the necklace that. You're talking about, It comes with these five, uh, they're almost like big BBs. So if the audience wants to kind of picture what they like, They're bigger than a BB, but they're circling around their titanium.

They are charged. And you put it into the little, it's really a little capsule with a screw top and you drop it in. He just showed you that. But what's interesting is you can put in one and wear it around and say, oh, I don't feel that much.

You can drop in a second one, wear around. It's like, I think I may be feeling a little something or dropping three. It's like, oh, wow, I'm not sure I want to wear this with three in there, right?

It feels like almost a lot of funny. Right. So you back it off to two and it's, like oh two feels right for me now. And over time, i suppose you could build yourself up to three or four or five.

But what you're saying is it doesn't really matter if you are at five or two. You're getting the benefit if your getting to benefit. Am I correct in saying that?

Yes. Yeah. It's because the basically what it's doing is it just intensifying the intensity basically of the frequencies that it is putting outward. You can have one or two in there and that's why we also tell people not to wear it at night or close to bed because it can be a stimulant.

But it also not even a stimulus. Again, our body being protective in this bubble and it has its own natural energy in a way too. Yeah, that's helping that thing.

Yeah. These cubes that he's talking about, they're cube shaped, but they are not solid. They're actually hollow. So it's basically four posts, a top and a bottom, if you can imagine that.

It is cube-shaped, But it is really a hollow structure. To his point, you could set something inside of it. You could you set water inside there, or set an apple inside it, Put your body parts.

You could stick your buddy. Depending on, you know, what size your. Body parts are you can't get your leg in there necessarily, but you get. Your hand.

We do have the ground. Yeah, we have like a grand block, Dr. Gladden, which you put your whole body in for

most. No, well, you can you. Can I even at me at like six foot one, at least I can lay in it now.

It's not like it's it. Big enough to put like two grocery bags of like whole food bags in, I'd say. All right. So it expensive enough that like you could get in there and have your entire chest under or your hips.

Why don't you guys make a bed frame, right?

Using Capsules, Cards, and Blocks

Yeah, I've been poking Philip for that for quite some time. And I think that's probably the number one question is to have like a med bed, basically. I really would love to see something like that.

But I don't know the hesitation with Philip on that if it's just logistics. Yeah. It'd be expensive, and it'd hard to ship and heavy and all these. There's lots of logistical issues with it more than But I would love to see facilities that maybe have better logistics and financial backing that they could be putting these in their places for clients to come to.

So that'd be my idea of who could utilize it if not everyone can financially, on a tangible level, pick it up. A med bed would be very next level for us.

So where do people find out more about this? Where do they go to learn more value? What's your website? I'm sure people are going to be interested to see what might be right for them.

How do the navigate that? Is there a questionnaire or a quiz or is there they just show up with their symptoms and you walk them through what each of these things do?

When you look at the website, And I've been there, and I have the cards, I the necklace, the cube, so I'm familiar with it. But I can tell you, in looking at it initially, it can be a little daunting trying to figure out what to actually get.

And so how do you recommend people navigate that? Well, so lilaq, like a qtip.com would be the website. We also have quantumupgrade.io, which is a sister company of ours.

It's more on quantum entanglement. Um, and you know, what I, I am more than happy to do is if anyone has any questions, i'm very active on the social media side of lila quantum as well.

So you're welcome to reach out onto like Instagram or Facebook. And you are welcome. To ask any question there. I will take all the time in the world to understand so much passion with educating us and because I really feel like.

The better you are educated and more understand how you can utilize these products, the more you will benefit. So I will spend all the time with people one on one.

I kind of figure out what their goals are and what they're looking for to help them. We also have a telegram group. It's a private group so you through again on social media or well a few like reach out to us on Instagram, I'll give you the thing but it's like there's probably like 8,000 people in there.

And one thing I just want to advice because like it is not technically our group we don't, it s not like us educating. It is literally 8000 who are all sharing their experiences.

So if you have any hesitation you can get in their and ask questions like hey I have these goals what should I get and not just hearing it from me, but you'll be hearing from people who have done their own experiments and our other customers, you're getting their input on it.

But I do understand this because a lot of this stuff is very overwhelming. A lot the stuff in the medical world and the health and healing world can be very overwhelmed.

And that's where I kind of stem all my passion because it's like people are actively wanting to find things that help them, But it also the information can just daunting.

So I'm always there to help people and help educate however I can with it Yeah, I think that's great. When you do go to the website, just looking up Leela Quantum Tech right now, it's showing the different things that you have.

So if you go through it, you can actually start to navigate it and get an idea of what it is you want to get. And you see if go on there, what these cubes look like, the various sizes, what the necklaces look, like various size, things like that.

So I would explore it. And then if you do have questions, you can reach out to Todd. He's making himself available. I find this whole area to be really fascinating how we're actually interfacing, not so much at a physical level, but actually a physics level.

We think of biology as biology. That's really kind of nuts and bolts. But really when you get into this quantum space, now you're working at a physics level.

And I think the future of medicine is really to think about it in terms of physics rather than biochemical reactions, right? Those are kind the big boys on the block.

Yes, they're all important, but there's something underneath there that's actually enabling all that to work properly. That is kind what we're going below.

We like to go, we think in medicine, or at least in this longevity medicine space we like think we are going to look behind the curtain, behind a curtain behind curtain.

And now when you're getting into this quantum space, you are looking behind another curtain to look at something that's going on. That's what's incredibly fascinating to me.

It's the most base of nature. Yeah, that is right. Super interesting. Anything new on the horizon for you or for the company that you come out with besides that bed that will not be made?

Quantum Upgrade and Entanglement

All we're gonna do is poke Philip on that one a little more. So one thing we didn't really mention is that we also do have clothing. And I know, I remember you used to wear that on your podcast, you'd have the Leela Q one, right?

Because it's like when you're on the EMS and stuff. But we have t-shirts, we like a week and they're super nice and one thing I like about Philip and crew is they are European so they have really good style.

So one of the things I always push away from like EMF blocking clothes is that they tend to be very you know, really screaming, Hey, everyone, look at me, I'm wearing something weird, you now, instead of like what I like to call like low key health living, so our jackets, they're like Montclair style, it looks very nice.

Our t shirts are nice, all that. And they actually do block EMS. So they are great for airplanes traveling, as well as they re charged with quantum energy.

That's kind of our newer stuff. We have Again, it can go with more woo woo initially when you think about it, but our quantum entanglement company, which is quantum upgrade and going back to physics, Dr.

Glenn, you mentioned is like, the 2022 Nobel Prize in Physics was awarded on the research of quantum and entanglements. That is what that is. What our karma newer company, which is quantum upgrade is all based off of.

And again, we have tons of research over there that has separated from the quantum and it is a very fascinating. We also have like a it's like seven to 15 day free trial with that.

So you can just test out and see if you feel it or not. Most people you want to up the intensity if really if physically feel it to know that it's doing something on you.

You can crank up it. I don't recommend it for too long because you'll notice that you can get a little buzzed in your central nervous system or have problems sleeping.

We see that quite a bit or a headache. But I only recommend that to people because I understand that people have to feel to believe it and that'd be the best way to do it, I just don' recommend doing it long term.

Don't put it up on a high intensity and then walk away. So answer me this. We know about the products that you have over at Leela Q, but what are the projects that are over a quantum upgrade as I'm looking at that?

What is it? So it's a subscription service, and we call it a digital service. But technically, it is analog. I think that can be a little over people's head to think something's going through, but it analog instead of digital.

It's solely based off of quantum entanglement. We can basically identify the source, whether it be you, your home, car, pets, whatever you want to do.

Um, and then we basically put it into this field, this, the quantum field and basically where you are. So you're not actually, you don't, it's not like you, in this case you get a jacket or a necklace or card.

You just basically, basically dial up and say, Hey, throw me in a quantum and field. And then you entangle the person, their, car, office, home, uh, In a Quantum field of energy.

Is that what you were saying? Exactly. And again, you know, it gets, and it's one of those wild things where you're like, how is that even possible? But again- It is wild.

It's wild It it is. Let me just really fast give out like a quick study that we did to show this. You can actually use quantum entanglement with our blocks.

So Dr. Gladden, if you were having some issues today or whatever and you didn't have a block, You could send me a photo of you as long as it shows your eyes and I can put that in my block And it is the same as if you are in the block yourself.

So what we did is we took basically these blocks. And we had them, let's say, in Germany. This was double blind placebo tests. We took the blocks, and then we have people in, like, the UK.

and we measured all their markers while they were in a room that was basically like a Faraday cage. No EMFs, nothing. Got all the biomarkers. Then we brought a Wi-Fi router into them.

Tested it. Obviously, their numbers went different. And then what we did is we took like a picture of them. Now this is in Germany, they're in the UK, right?

So in German, we put a photo of him in a block in germany and then we waited like 10 minutes and we retested them in UK and their numbers were equivalent to the pre-exposure of wifi.

And so the same is a lot in front of you. Yeah, that's crazy, and it's cool at the same time, right? Yeah. Yeah it is. So I have a block sitting in my living room, so if I take a photo of myself printed out here at your office and take it home and set it in there, am I going to be entangled with that block now wherever I go?

Is that what you're saying? Well, you'll be protected by the, but you're covered with the frequencies that are in that block. So you are protected from like the harmful effects of EMFs, all that type of stuff there can calm you down.

We do that for quite a few friends that in a stressful environment at the time, just have a test and they need it. If they're in the hospital, we always take their photos and put them in our, in blocks.

And that works. I've got to go to Japan on Sunday to give a talk there early next week. If I put my photo of my face in my block in, my living room, it's going to be protecting me as I fly over to Japan.

Is that what you're saying? Absolutely. Anywhere in the world. OK. All right. What about an astronaut going on Mars? Yeah. I mean, that's the thing. The quantum field is all existing.

Yeah, it's everywhere, right? It's all connected. It is. And one thing they found in a study in the Nobel Prize was they said that quantum entanglement is faster than the speed of light.

Yes, That's right. So it is just everything of existence. Doesn't matter where we are in Mars or anything. Yeah, there are other things faster than the speed of light also, like scalar.

Scalar energies are faster. Yes. You know, it's. Yeah. Well, scalar is very similar in a way. It's one of those things where this isn't like scaler is like a subset of quantum.

That's like saying all fleas or blocks, but not all blocks or fleets. Like, you know. So scalar and quantum, a lot of people definitely mix them up. But it is similar to scalar, But there's some caveats to that.

Photo-Based Entanglement and Practical Use Cases

OK. Just to touch on that, because that's a common question for people. Yeah, interesting. Well, I'm going to take a photo, stick it in my block, and then see how that works out.

That's all very cool. Yeah. This is fascinating stuff. So as you're listening to this, what we're talking about is actually real science. You're just hearing about real at a much more foundational, fundamental level of physics than you're used to hearing about it, right?

Because you are used hearing of drugs and biology and, you know, chiropractic and surgeries and all that stuff. It's kind of a macroscopic scale and now you working on your health.

at the smallest levels possible. It's really the level of your atoms, if you will, and molecules. And that's a really a super cool, super-cool thing. So, well, Todd, we appreciate you doing this.

Yeah, it's not like we created it. No. Some people think we create it, I just want to make sure. This isn't something we've created. We're just utilizing.

That's right. You know, were utilizing what's available. I always just wanted people to think it something like, We created quantum energy, but we did not.

it has been from the existence. we just learned how to utilize it and to package it up. That's right. It's part of the fabric of The Universe, quite honestly.

And this whole idea of quantum entanglement was first theorized back in, I think it was the 20s or 30s, Einstein and then the guy that actually wrote about it, forget his name, but a scientist back there, and Einstein couldn't believe it.

There's a lot of debate about And then this idea of entanglement came around, this spooky action at a distance, as Einstein called it, and then being able to actually prove it.

So it was a theoretical physics concept based on the mathematics that they'd worked out around some of Einstein's principles and some these other principles.

But now it's actually been proved that in the physical world, this entanglement is actually happening. So if you're listening to this and you like these guys are, I don't know what they're smoking, but I think this is a little crazy.

This is actual real stuff that's at a very foundational level. You should give this a hard look. It's really, really

interesting stuff. Yeah. And again, the best thing is to feel it.

I think that's for anyone to experience it and if you need to, you know, to quantum upgrade. Again, I totally appreciate the crazier skepticism you're thinking.

We talked about Leela with the quantum energy. That's great. quantum entanglement. And that's even like, it's a lot for someone to even put on their plate and even start to process.

But I always feel like if you can experience it, that like everything else shouldn't matter because like which is still there, the great the science is there.

We can't see cell phone signals, but we can talk on a cellphone all day. That's it. Stuff you can see is real all the time, right? So this is another extension of that.

So if I take a picture just of my eyes and stick it in there, is that all that's required or does it need my face? The face is better, your eyes are the identifier.

So it's just the most crucial part of your eyes. Got it. You could do it also do this like with your pet. more than one person in there because then that will create another level of quantum entanglement.

So maybe that's good for a relationship or maybe it's bad. Yeah, yeah, that can be, you know, either good or bad, but you don't want to be putting friends in their and mixing people that don t know each other because that again, yo can read more on like quantum en tanglement and that s not it.

You could have yourself in ther, but I wouldn't be puttin you and then 15 other friends or anything like that. But you can put your pet under there, anyone else just Um, and on the logistical side, if anyone tries this, it has a block.

We also recommend us to take it out at night, um, because it can definitely help people or cause people not asleep. Oh, yeah. That's interesting. Well, putting 15 people in there, that's a new definition of a party apparently.

So yeah, All right. Well, great. This has been a fascinating conversation, Todd. I really appreciate you taking the time. And if you're listening to this, go check out these websites.

There's some fascinating products there. Again, thanks so much. Absolutely. Thanks, Dr. Glenn. Thank you for tuning in to Doctor Talks. We hope today's episode has enlightened and inspired you on your path to optimal health.

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