Reversing Hashimoto’s and Thyroid Disease Summit 2.0 Day 5 Transcript

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Summit Welcome and Host Introduction

Hi. Welcome to day five of Reversing Hashimoto's and Thyroid Disorder Summit. I am Doctor Anshul Gupta, your host for this transformative event. I have seen the toll thyroid disease takes not just on your body, but also on your mind and spirit Through years of working with patients.

I have witnessed the frustration of feeling unheard. The struggle to find answers and the exhaustion that comes with being told there is nothing you can do.

But I have also seen the power of hope and healing by addressing root causes. I have helped thousands of people regain their energy, mental clarity and sense of control over their health.

That's why I'm so passionate about bringing this summit to you. Today, I'm thrilled to introduce you to the community of leading experts who are dedicated to empowering you with real, actionable solutions, not just to manage it, but to help reverse it and reclaim your vitality.

Before we dive in, I would like to thank our incredible guest speakers, hardworking team and sponsors for making this event possible.