# Revolutionizing Lyme Disease with Frequency Technology: A conversation with Stephen Davis Transcript

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## Introduction to the Eat Pray Faith Podcast

## Stephen Davis' Personal Journey with Lyme Disease

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that's is up hey everybody Welcome to the Eat Pray Faith podcast with Dr Tracy that's me and today we're bringing in my very special guest Stephen Davis who is the founder and the CEO at Nikki wearable device uh it is an incredible I would say it's an incredible invention that is innovating all of the healthc Care and revolutionizing integrative and functional medicine um so Stephen welcome to the podcast I'm so glad you're here can you introduce yourself and tell us your story okay yeah my name is Stephen Davis I'm not a practitioner I'm my story is a human story and it came from desperation because my kids had Lyme disease my daughter had it for 12 years and in that first eight years we chased everything like everybody else does and but we didn't know it was lime that we were chasing so the first eight years my daughter had two sons they both both had significant health issues and one was diagnosed to be autistic and the other one was just ADHD off the charts schools wouldn't even take him because he just was you couldn't calm him down and but eight years into it I had a university I said I knew the medical director there and I said could you please just run some tests on my daughter because we're not getting any answers from anybody I live in Canada and you know people don't talk about Lyme disease it's quite interesting in the the the way our medical system works but she ran some tests for my daughter and she came back and said I found a couple markers that would lead me to think that it was Lyme disease and my response was what's Lyme disease I never even heard of Lyme disease wow so anyway as a family we went yay now we know what it is let's go fix it so after two years of spending tens of thousands of dollars and lots of time chasing all the things that people chase with lime disas we went down the same path that everybody else goes and we didn't get any results and so I start I was in a business where we played around with some frequencies for balancing the brain and every time I would bring my kids in to run that program for five days they would find relief but two weeks later the issue is back and so it was nothing that stuck so but there was something there and so we started down

going down a path of frequency healing and we started capturing I had to build my own capture chamber and my capture chamber this is a cup but my capture chamber isn't much bigger than this and whatever I put in it I can excite it and grab the frequencies from it so we put plant-based matter in there excit it grabb those frequencies and then we would digitize it and put it on what we call our Nikki and when we did this things started to shift and so we ran our first trial and with 12 people that had chronic lyme disease three of them were my family and at the end of the trial it was a very intense trial too because we've learned some stuff since then to just slow the process down so people don't HS and but we went through the trial and we sent down the results back down to igenics that's who we were working with and the the results came back and said that they were clear of lime and the co infections but you know I looked at these doctors that were telling me this and I said you know I I really don't care what the results say on paper my kids are still sick and I thought my mental my attitude was if you take an antibiotic in seven or 14 days you feel pretty good at the end if you do it the way they say right that's what I was expecting but that's not what happened and so even though that the lime and the coal infections were gone when you have lime for 12 years you got damaged to the body and your body needs some time to heal 90 days later it was like somebody just turned on a switch and my daughter felt great and my two grandsons started excelling in in the activities that they had my other grandson that couldn't go to school went to school and the teachers phoned up the school phoned up my daughter and said what kind of medication did you put them on because they need to have that on file and obviously she didn't put him on anything and my grandson that was they said it was autistic oh my goodness today he's just a normal little 16-year-old in it's it's it's more than just being normal he's being groomed for the Olympics in LA in 2028 for swimming he's number six in Canada wow his brother is being groomed for the Dodgers uh for pitching like they just excelled in life my daughter went back and got her teaching degree and my point behind all of this is they can't do that the way they were Lyme disease is so debilitating that you just can't function and you lose hope and when I got my kids back I could have just stopped I was happy we got our kids back life shifted in my family but I met so many people over those two years that were struggling with lime there's just no way I could not come back and offer them some hope and so that's what we started doing and we would go to Lime support groups that's where it was we would share my story which was a story of hope I'd answer their questions and then I would make them all put their names in a hat and I would draw a name because I don't care artech doesn't care if you've had lime for a week or 25 years or longer it doesn't matter our Tech doesn't care how old you are you can be a a newborn or you can be 99 it doesn't matter and because the way our Tech works is we believe that your bodies have been created to absorb light I mean we get it from the Sun there's all kinds of efficiency or frequencies that come into our body that way then we learned that your cells they're designed to retain low energy light and so we went with low energy and when you carry these frequencies into the body they're just information and so it's impossible to do any harm it's absolutely impossible like the FDA they said look at you're not governed you're under our radar we're just going to kind of watch what you say you do and because they've got nothing that they can do to regulate us because we cause zero harm it's just information and so when you provide the right information to the cellular network it goes through and wakes up your immune system to the issues that the immune system is ignoring and the the immune system is going to ignore these issues you know you're going to have emotional trauma or physical trauma that's going to cause some disruption some imbalances within your network of cell your cellular network and we bring that balance back and so it took 74 different plants for us to put into my capture chamber in order to deal with it because it's one thing dealing with Lyme disease but your immune system gets so compromised that all kinds of other things start to attack the body and so they call them Co infections there's a lot of Co infections that we had to also deal with and it took 74 different plants for us to deal with lime all of the co infections but then we couldn't stop there mold's not a co- infection of lime anybody get mold but when your immune system so compromised it allows the the mold to start attacking and so just pause you because I want to go back a little bit because there was a lot of information so I like to summarize for the audience so just for people that are tuning in or didn't catch the first part or have and just need a little summary Nikki Wellness or we are Nikki th this is a device that you wear on your wrist and I love your tagline Stephen Nikki is a wellness center on your wrist I think that sums it up perfectly and it delivers frequency information in through to the bloodstream using red light so there are different SS as they call them uh on this watch that you can choose from one is a wellness suite and the other one is a lime suite and you know obviously your experience came from your daughter having lime and your kids your your grandkids being sick as well in the wellness Suite there's different information to help you with morning evening afternoon allergies energy immune pathogens pain that is kind of constitutes total body Wellness what I asked Stephen to work through today was the lime Suite because I I live in Pennsylvania we deal with a lot of lime um but you are correct it's highly misdiagnosed uh because of the way that it is tested for I think it's better now but even the protocols that they're throwing at lime you know as we has we've learned about these bacteria and or Co infections they can be sneaky to the immune system uh also people that have chronic lme like

your daughter had experienced there is that damaged Associated response after the pathogen may have been eliminated or is hiding so in that lime Suite we're just going through different ones there's lime daily bacteria detox uh emotion gut health histamine lime sleep mold inflammation and stress so I had asked Stephen to kind of go through that Suite give us a high level of what these do and maybe pick the top three for today and then I have just some questions about your process up till now so you said there's 74 plants we're talking about the lime daily I would imagine so everything in this frequency information is plant-based therapies 100% 100% see that's just amazing so no pharmaceutical information in there which is amazing um and you said it took 90 days for the effects for your daughter for that communication to finally get her body to start doing the right things modulating the immune system through that information channel so patience in this can I ask what what did you use for your grandchildren was it the same frequency set 100% okay so basically there was an epigenetic kind of passed down from Mama to babies and then they were born and they expressed a little bit differently though so that's interesting they did but lime you know that's why they say it mimics over 300 different diseases because it depends where it sets up in the body and so but when you're dealing at a cellular level we get to go wherever it's at it can be set up in your heart we're going to deal with it or in your brain we're going to cross that brain barrier or the barrier for the brain and so it just depends I've seen people that set up in their knees and so in fact the very first lime support group that's what we used to do is go to Lime support groups the very first one that we did there was a big room and there was one woman in there and she's in a wheelchair and she can't because of her knees and they they're telling me this that lime has set up in her knees and so when I put everybody's name in a hat I'm thinking oh what if it what that's going to be hard to demonstrate something in 90 days because it's not it depends on how severe your body has been damaged is going to dictate on how fast you heal and so I always come back in 90 days and so the whole room was chanting her name I reach into into the hat and I grabbed her name that's amazing and I thought oh my goodness I don't know if I can see the results that we need to see it was our very first one in 90 days and so I said to them you guys are so enthusiastic I'm going to do two people today and it happened to be her best friend and so they journeyed together and she got out of her wheelchair and we knew at that point oh my goodness we are on a path that's going to help a lot of people you had something you had you had the Magic Bullet well tell me how did you choose the programs within the Suites because there's several that you can choose from and each one it's not something that lasts 10 minutes I mean these you can leave these run for eight hours is that correct that's right each one so amazing that you get eight hours of continual information to help your body come back to homostasis depending on what you choose so how did you choose what you put into each Suite well first off what we ask people if they're going to use our technology for Lyme disease they need to do it the way we ask because if they do they're going to get better and if they're not going to do it the way we ask we ask them don't purchase it because there's a there's a there's there's some really good science behind what we're doing and we know that if you do it the way we ask you're going to see the results that you need so the very first thing that you have to do even though you get lots of different Suites on this device the first one that you do is the lime daily and we used to do 30 minutes of lime it was 30 minutes of detox and drainage then 30 minutes of lime and then 30 minutes of just a bunch of stuff helping you rebuild your system people were hersing not everybody but there was a few and so I said well why don't we build the program for those few and so we slowed it down where you get one minute of detox one minute of drainage and then you get or no you get one minute of detox and drainage the one minute of lime and all the co infections and then 60 Minutes of things that are going to help start rebuilding your system the next day it goes to 2 minutes by 2 minutes by 60 and we want to get you to that 30 by 30 by 6 60 and what we discovered is people that were doing it in this new way were getting better in 30 to 45 days they were seeing a significant shift wow and we eliminated the other program entirely and just went to this one okay because it's easier on the system people don't HS as much and it's a it's a minute at a time the first day and so it's it's easier but people still they still can hers because if you don't have good drainage that's where that's where when you hers and it's uncomfortable it's because the body's trying to get rid of these toxins and there's no place for them to go and so it can be it can be uncomfortable and but we've minimized that a lot and so that's what we recommend first and if you don't do that if you do it for 3 days and then you stop and you don't do it for a week and you start again well you're starting all over again game and so you never get past that first little bit and so we always suggest please do it the way we ask and we'll get you to where you want to get so how many days in a row will they do um do you suggest that they do so they're starting at one one and 60 and then they're going to 2 260 so how many days would they continue to build on the protocol 30 okay because you want to get them to the 30 30 60 well that's interesting because you know you get your watch and you just turn it on and might not be a great idea you might want to work with some of these protocols exactly how you do it that's interesting um go ahead the other the other programs that are on there they're based on we know that you know you're you you you need to sleep and so there's a very good sleep program on there and in that program there's over 200 frequencies that go into the body at exactly the same

time and that's what we learned is you cannot treat you cannot help people with Lyme disease one pill at a time you can't do it because there's so much going on things hide like it's a it's it's quite a tenacious disease and so we come about it in a very interesting way and those other things like the histamine we've got a program for histamine we've got a program for allergies all of these things enhance as you build because we're trying to bring balance in your entire system and once you've got that balance your immune system starts dealing with all of those issues and that's that's the key that's that's the what we discovered applies to so many other things than Lyme disease because it's more than one supplement at a time and if you've got 50 things going on in your body we can help you with those 50 things all at the same time because frequencies don't create some kind of weird cocktail of some sort they all stay individual and so they've all got a mission and it's just information and your immune system uses that yeah it's like the very first vaccine that was invented the very first one what they used that for was to wake up your immune system to a health issue it was ignoring that's what we're doing we're just waking up your immune system to an issue it's ignoring yeah and back in the day I mean it was one thing in a vaccine that was taken from somebody that was sick it wasn't aivant and excipients and all the other things that they're putting into them today that make them extremely harmful and you know obviously hanaman who had founded Homeopathy saw the same thing you know he he watched he watched nature give information you know when he was overseas and watching people come down with malaria he noticed that the one plant next to the riverbank was the only plant that the mosquitoes did not go near they thought hm maybe there's something to that pheromone that it's emitting to protect itself and how can I utilize that from nature to give information to somebody else's body and that's really how we started with home opathy in general and not necessarily having to have tangible constituents that we needed to swallow but we could have a frequency of what once was and it became information so if people aren't familiar with Homeopathy they may not truly understand how valuable this is but you know my own personal testimony was I had used this for a few clients uh I let them borrow mine and one in particular particular uh was a child that had very high eosinophilia um and they couldn't get it down and the mom didn't want to do steroids and there were some other factors that contributed to it but long story short I said why don't you borrow my watch and put it on the parasite protocol because I had that from um from the celor event at EO and she did and she ended up I do believe buying two watches one for herself and one for her son because he was just at a point that he had had a diagnosis and was going through some treatment and he just didn't want to take any more pills he was a kid you know he was over it and nothing was making him feel better and um so when she came to see me we had him on a protocol but they were going on vacation so that is how I watched and actually I think I texted you after that I was like this is amazing and I that was last year so finally we got it onto the get healthy catalog and then I got it on my store so super excited to be able to offer this to my audience because I work with a ton of chronic issues talk to me a little bit about the mold because I'm seeing a ton of mass Cell Activation in my practice people that are really sensitive to mold and not everyone is as you were saying but talk to me a little bit about that set well we were in the Bay Area in California at lime support groups and we were testing people and everybody 98% of them had mold and so we learned at that point I can deal with the Lyme disease but if I don't deal with the mold you're not even going to know the Lyme disease has been dealt with because mold can be just as damaging to your everyday life than lme disease and so we started capturing C more plant matter more things that would uh be able to deal with the mold within your body and so that just became part of the program even though we don't call it a co- infection it's still everybody when you have a compromised immune system the way particularly lime does it just allows bad things to come in and do bad things yeah you're already inflamed so it's just more inflammation absolutely and so we deal with it within the body and we feel for you know people that have not just mold but lime they've spent bent their resources have been depleted trying to overcome so many different things and so this helps them get to a place it helps them financially as well because it slows down the spent absolutely and it's something that they can do anytime um even if they don't feel well they can simply turn this on and and run some of the programs do they ever get to a point do you feel with people that have utilized your wearable have overcome the symptomology of of lime and the expression of lime what what suets do you find that they run or frequency sets do they run most often in a maintenance stage well once you've dealt with lime they usually will switch over to our Wellness programs because now there's lots of things that the body can receive a benefit from Because the actual lime is gone and so your immune system isn't so compromised and so now there's lots of different things we're not a silver bullet where we just fix everything but what we do is we help the immune system get to a place where now the health providers can provide all kinds of things that they're skilled at and start to see those results it's just really difficult when your immune system is so compromised it's hard to help people if you've got a thyroid issue it's hard to help you with that thyroid when you have lme disease like it's just it's just difficult right yeah it's basically a victim to what's happening versus an issue that's causing all of the problems you know I always tell most of the time when we have breakdown of a system or a function it doesn't just decide one day that it's not going to work you know usually

there's a a culprit or an instigator that began so in the wellness frequency set there's different um you know different availability of these frequencies what does morning afternoon and evening what tell me a little bit about those three what what are they good for what we did with those is we took I got when you've got our device you choose the program that you want to run and there you go in the beginning I'd get on planes and so what do I want to do do I want to be stressfree put my stress and anxiety went on or do I want to stay healthy so I would put something on for to combat pathogens and then you have to make a choice and so what we did is I said to start with why don't we just build a morning afternoon and evening and we choose three different frequency programs and they work for in the morning so you're not having to make that choice so you've got three things going on in the body at exactly the same time and that's the same for the afternoon and same for the evening once the evening and you're getting ready for bed well then you flip on your sleep program and I'm telling you you're going to sleep if you use our product because we're doing so much to help your body restore itself from the damage that was caused just by the day I mean bombarded with emfs with all kinds of stuff going on in our world and so while you're sleeping Nikki goes to work to start restoring and helping you recover from some of that damage yeah absolutely and it looks cool too just in case anybody doesn't know I mean these are pretty neat um and there so easy for kids have you had great results with children beyond your own two grandchildren I know that that was a tremendous testimony what other testimonies have you received from parents of kids that were chronically ill well families you families usually have the same issues and so one interesting thing that we discovered with kids they never hurs and I don't know why that is I'm not I'm not a doctor I haven't rilled into that with the kids but I don't know what it is but they just seem to just if they've got Lyme disease they wear the device and they just go through where their their parents will be sitting doing the exact same program at the exact same time they her and I don't I don't quite understand that part but kids have no issue with uh with our Tech obviously you can't put the device on them when they're really young and let them just go out and play and they lose things yes they do they lose a lot of things so what are some of your favorite testimonials from the results that when people wore this device like give me your top two or three stories that you love well one story is a family of four had Lyme disease and so there was a gentleman that I wanted to introduce our technology to on the wellness program not the lime and so I loaned him a device and I said try it for 30 days with the sleep and and then I'll call you up and you can tell me all the good stuff that happened so I phone him up in 30 days and he says ' oh I didn't try it I says what do you mean you didn't try it he says my best friend him and his family have Lyme disease so I know that you did something with lime so I gave it to them and I said but that's there was nothing on that for Lyme disease I said why don't you introduce me to your friends so he did they've spent $2 million over a long period of time trying to get better from Lyme disease and so I said look use this I gave them all Niki with the line program and within six weeks they got a clean bill of health wow and we still have a clean bill of health and they're very close to our company and we've helped them on many other levels and but that's one of my favorite stories because they they just they were financially depleted and just had no hope and our technology came in and changed their whole family amazing so those are those are exciting exciting stories my family is also an exciting story for me oh yes but it's the line support groups every time we go to those we see people overcome and you know I love what we do it's nothing easy it's not for the faint of heart lime is hard governments are hard when it comes to Lyme disease like it's it's very interesting the way the world looks at Lyme disease and I can understand it because it mimics over 300 different diseases so it can cause some issues on people rushing healthc care services you know if you say that the LI chronic lime is real and then they've got 300 different diseases that mimics well you can imagine how many patients are going to come to you and say hey I need to get tested for lime I've got one of their symptoms or whatever and so I understand to some degree where it's at because lime is a major issue globally it's not just in the east coast of the United States or Canada oh not anymore and that was the problem a few years back is that if you weren't on the East Coast where it originated um nobody would test you you couldn't get tested and still you know with the Western blot and you know the the testing that they run for lime there has to be so many you know blots on the west blot and so many markers and if it's not at that level let's say you're one down from each you will not get diagnosed now hopefully most practitioners doctors on the western allopathic they will treat regardless but even with that it's a 21-day stint of Doxycycline they don't test for Co infections they don't look for flaring Epstein bar they don't look for underlying instigators that might be exasperating the issue such as mold or MotoX and so you have this person who is so symptomatic spends hundreds of thousands of dollars just trying to find out what's wrong with them and then once they find out there's no true protocol in the western side that will bring them to Total Health and then they go to a functional practitioner and they have to spend all of this money out of pocket so it's it is a really hard Chase and I deal with people like this all the time so when I got introduced to this uh I just thought this is amazing yes it's a one-time purchase it may be a little bit money up front but these frequencies are in there and they're yours and you can run them and run them and run them and then if you get the wellness Suite as you said you can start to run frequencies to help

rebuild Pathways that have been affected by the lime and the lime pathogens so I love your device I think it's amazing well we when we started I started sales with our device at the last half of 2019 and just going to Lime support groups and we were doing extremely well and so we said okay this is the path we're going to go into these groups and we're going to help them and as we launched in February in 2020 so did Co and it made it extremely difficult because we lost access to the front of the rooms and people don't just jump on Zoom calls at least they didn't in in the in the beginning because with lime you're sensitive sitting in front of your computers and trying to take in the information and trying to read things like we understand that we get that and so those were very difficult difficult times for us knowing that we've got something for people that are struggling but and we can't find a path to get it to them and but everything's changed today we've we've we've found our path and we're helping a lot of people through lime support groups through events but primarily through practitioners practitioners are stepping up because they see the benefits you know the one of the first medical doctors an MD that reached out to me was Dr learon kin and she's got a very large practice in California and she she's gets all the tough chronic cancer lime things where there's not a lot of Hope for people and she phoned me up one day and she introduced herself and she says I have to get you to come down to explain what this is because my patients are getting better and so I came down and she's got a lot of doctors in her facility and we educated them today it's mandatory in her Clinic where all the doctors have to wear a Nikki and it's just a very interesting approach but I hear that talking all the time about how it reduces inflammation I've never had Lyme disease but I wear my line program just because it reduces inflammation interesting because I believe that inflammation is the precursor to most all disease and if you don't deal with the parasites I think the parasites are going to help keep that in your system and so there's a few things that need to be dealt with and we deal with those and we've learned that through practitioners through the struggles that patients are having and like I said we're not a silver bullet but we're a great piece of technology to have in your toolbox in helping on many different levels it doesn't matter if it's allergies it doesn't matter if it's stress fatigue sleep those are General things but then when it comes to practitioners they get to go into their toolbox and put things on the Nikki that's going to help you in a different way than our company can we're a General Wellness we do Lyme disease but that's because that's where we started that's that's just where that that all began so what is the difference between lime daily and lime sleep well lime daily is dealing with the program so it's getting rid of lime and all of the co infections that's what it's dealing with it's dealing with drainage and detox to help the body go through this process without with minimizing the herxing the lime sleep is a program to help you sleep it's not doing anything for lime it's doing other things for the body and why you're sleeping it's rebuilding the things that lime has damaged and so but it's not going to deal with lime itself it's more of a healing portion of our device to help you overcome things that have the lime has damaged and there is damage there's no question absolutely yeah so what's in the future for Nikki well we continue to put together programs the line program is something that you know we're not even building on that it's something that works and that's that's the program of choice you know when we started with that it was $2,500 for the lime program that's how it started and there was no extra programs it was just the lime program to deal with the co-infections in the lime and my goal because I didn't start this to go and build the business I started this to get my family back and if there would have been something out there to help with Lyme disease we would be having a different conversation today if I was even known by you because we wouldn't have gone down this path but once we did go down that path there's no way we could stop from doing what we're doing but I think that one of the things that's coming people ask me all the time can you prevent Li and I don't know how to prevent lime I mean you go for a walk somewhere and and you get bit by a tick or if you get born with it like how do you prevent it I don't know how to do that but something that I have recently um come to grips with if you're wearing if I was out east where it's where Li one of my partners he's he's with the Boston Bruins and he says to me when I go out to get wood I always wonder if today's the day I'm going to get lime disease and because it's it's it's there's a lot of lime on the east coast and so one thing that we've we're kind of leaning towards is if you wear my device I I don't think I would send if I lived out east I don't think I'd send my kids outside to play in the backyard without wearing this particular device is if they do get bit by a tick and that tick does carry Lyme disease they'll never know it because our device will deal with it before it goes chronic and so that's a very interesting approach like I always think about preventing it I've always said no I can't do that I can't do that but what we can prevent is from something going chronic and that's a very interesting we're just starting to talk about this this might be the second time I've even brought it up on a podcast H interesting something I think the world is going to wake up to this fact that we can help and protect from something going chronic I can't stop you from getting it in the first place but we can stop the issues that start to come over time well I think the biggest issue with lime is that it does go chronic and can go chronic I mean any infection could but it is because like you said earlier the way the world looks at it and how it's mishandled um up until now right so this device does have the opportunity you know you can wear it easy and perhaps it's going to keep it from going chronic and I think that's a really good safe statement to make

because nobody can prevent you from getting bit by a tick um but we can certainly modulate the immune system through good communication so that it can handle whatever is in the bloodstream and in your body so I love how you said that think 90% of people I'm going to just say this 90% of people don't even know they've got lime until they've got all kinds of issues that have gone chronic yep correct then it takes years and years for for a practitioner to say oh maybe it's lime well in addition to that a lot of people don't even know that they may have gotten bit right so that's it's both I I hear it all the time the reason that people don't go seeking out could it be lime is because they don't ever remember having a bullseye rash or a tick on them or so you know like you said earlier there is this genetic ability epigenetic ability to pass this along I think we have to remember that especially with you know conception and birth and children um that we have kids that are being diagnosed with Lyme now that are 10 11 12 13 maybe the mom had had lime so I always ask about family health I ask about Childhood Health I want to know like did you have strap did you have lime did you have Epstein bar like any of that because that matters to me as an adult because if the body didn't have enough through growing up your cells are going to be damaged Associated they are not getting to be able to recover fully and that's an issue that's going to be an issue in communication in your body recovery in your body performance all of it so it's a great and valid point you know to not always know exactly um did I get bit or not but to ask the question or do the test to find out so very cool you know one of my partners he's the medical dude for the LA Dodgers and he had Lyme disease when he was with the Nationals he was the medical director and that was back in 2017 and he reached out to me bought a device but he went and got tested so he can see that had lime and all the co infections so then he started wearing our device and every 3 months he'd go and get another test or every month but there was three or four tests that he went and did and you can see everything dropping off and the last test everything was gone I'll send that to you he's totally open with he's a doctor he's totally open to um letting people see because he didn't want to just go by how he feels he needed to see he needed to see exactly what was going on and he shared those with us as they happened and they just fell off and he's been my partner now since 2017 wow see how it works well I you appreciate coming here and discussing this incredible wearable device uh I know that it's one of my favorite things it's on my 12 Gifts of Christmas that I offered out to people so if you're interested in learning more about this device I will put the links in the show notes and you can find out more about the Nikki wearable the wellness and the lime Suite that are available right now and Stephen thank you for your contribution to the health and wellness field it was much needed and I know many people have experienced such incredible results using your technology so thank you for everything you've done well I'd like to end with one other thing okay I'm going to give you a Nikki with a full Suite of the lime program or the choice of the wellness program and I'd like you to any way that you decide that you want to do it you can give that away to somebody one of your patients you can create a contest they can call in it might be people that were viewing this but you decide how that is and we'd like to gift you that to be able to honor one of your patients wow let them see what how it actually works thank you so much that is an Incredible Gift at an incredible time of year and I know there's somebody out there that will be blessed by you know the Lord to to receive this from you so I will absolutely put that in the show notes the optin for the contest you can just submit your name and we will do a random drawing of somebody in there so that we can bless you Steven's company can bless you with a watch and you have a choice of your sweet either Wellness or lime so thank you so much that was so sweet I so appreciate you and could I just share one personal thing of course so I'm just going to share a little bit about my faith because it's the foundation of what we do this is how we went down this path I walk with a dude named Jesus and I believe the Bible to be true and if I believe the Bible to be true I I have to believe that when God spoke everything into being it was literal and when he spoke those are frequencies when you and I are exchanging conversations we're exchanging frequencies everything is frequency based and if he's the same today as he was then why would he not restore his creation using frequencies see everything is frequency based you take a supplement it's a delivery system for a frequency a tincture from a homeopathic doctor it's water alcohol and frequencies if you take a cream and it's got CBD or something in it that cream becomes the delivery system for a frequency and we've just come up with a very clever way of packaging and capturing frequencies and delivering lots of them at the same time into the body that's safe and that's the foundation of what everything that we do and everything is frequency based one of the really good things we we learned that people that have Lyme disease are extremely sensitive to EMF and so one of the things that I did is on our device there's a little red there's a little circle a red circle around our Wi-Fi once you've downloaded the frequencies onto the device you can go into the device and turn off your Wi-Fi so there's zero EMF coming off our device into the body because once the frequencies are on you don't need to be hooked up anywhere and so that's one of the things that we're really proud of that we paid attention to is to eliminate 100% of the emfs coming off our device if you turn off the Wi-Fi once you've got the wellness programs downloaded and so that's very important to know because it helps a lot it is that's extremely important because sometimes people look at this and they think you know it's like some sort of EMF loaded watch

and it's not um when I did the immune earlier I did it so long my watch died I did the immune earlier and Janice was the one that taught me to turn off the the Bluetooth and the Wi-Fi she was like you don't need it on she's like you only need it on when you're pairing it with the app and updating all of your sweets she's like after that just turn it off when you're running it and I was like oh that makes a lot of sense so I appreciate you bringing that up because I think sometimes people wear worry about like how much EMF emission is really happening here so thank thank you for pointing that out well do you want to leave us with any final thoughts before we end the show well I think the best final thought for this year is you know you just need to get some rest and enjoy your Christmas and your family it's the intention behind what we do that launches that's 50% of the battle right out of the get go is having the right intentions and I just know that Tracy you have the right intentions you're very intentional in what you do and your goal is to help people and I know many ways that you go about that and one is through your faith well thank you I walk with Jesus too so and I think that he has given us all things here that we can utilize to glorify him if we just stop be still and listen you know it's it's all here and I know that and so I really appreciate what you've brought to the table today and all the practitioners that use your device and I I so appreciate you sharing your faith because not a lot of people do and this is a Christian podcast so we talk about Jesus a lot I hope you have a very Merry Christmas and Happy New Year I'm sure I'll talk to you many times before that but guys I will put everything in the show notes that we talked about today plus I'll add some highlights to the transcripts so that you can see some of these highlighted points we talked about have a very blessed Christmas and a happy new year God bless everybody and thanks for joining us don't forget to share this podcast to somebody that would benefit from winning a Nicki device or even purchasing one for their family and somebody can just benefit from this information that is our goal to bless many thanks for joining us