Seasonal allergies or COVID-19? | Talk Radio WBAP Dallas/Fort Worth | 4/18/22 Transcript

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COVID Coughs and Public Stigma

Allergies vs. COVID Symptoms

How to Tell Flu, Allergies, and COVID Apart

COVID Trends, Variants, and Booster Questions

Treatment Options and Early Intervention

Looking Back at the Pandemic Response

I know nowadays I guess two years after I know nowadays I guess two years after the covet pandemic began if you cough in the covet pandemic began if you cough in public if you sneeze in public people public if you sneeze in public people stop what they're doing the whole place stop what they're doing the whole place comes to a screeching halt and you're comes to a screeching halt and you're shamed for it shamed for it apparently allergies are not allowed apparently allergies are not allowed anymore anymore anymore there are plenty of those out there Dr there are plenty of those out there Dr Al Johnson joins us a doctor of internal Al Johnson joins us a doctor of internal medicine Dr Johnson thank you for coming medicine Dr Johnson thank you for coming on wbap with me my pleasure it does seem on wbap with me my pleasure it does seem like if I cough anywhere now everybody like if I cough anywhere now everybody stops to look at me and it's really stops to look at me and it's really uncomfortable it is and that is so true uncomfortable it is and that is so true uh people are well aware of uh people are well aware of what tends to spread disease and what tends to spread disease and particularly after covid uh they're particularly after covid uh they're concerned about the respiratory concerned about the respiratory situation situation situation unfortunately allergy time produces a unfortunately allergy time produces a runny nose itchy eyes and congestion and runny nose itchy eyes and congestion and people do cough with allergies yeah how people do cough with allergies yeah how do you know the difference and this has do you know the difference and this has always been the question how do you know always been the question how do you know when you have the flu versus allergies when you have the flu versus allergies versus covid what's what are the versus covid what's what are the differences are there nuances or differences are there nuances or subtleties subtleties subtleties yes the allergies tend to affect the yes the allergies tend to affect the eyes eyes eyes nose and throat in the form of clear nose and throat in the form of clear congestion uh congestion uh itchy eyes runny nose and then irritated itchy eyes runny nose and then irritated throat where covid has more of the throat where covid has more of the flu-like symptoms where you can get flu-like symptoms where you can get chills sore throat and fever chills sore throat and fever are we still seeing enough covid because are we still seeing enough covid because every time I look at the case numbers it every time I look at the case numbers it seems like they're dropping are we are seems like they're dropping are we are we finished with covet or is it going to we finished with covet or is it going to become a seasonal thing that become a seasonal thing that will be determined uh I don't think will be determined uh I don't think anyone knows or can project at this anyone knows or can project at this point covet is dropping point covet is dropping the new variant is much much less severe the new variant is much much less severe with mainly as you've been talking about with mainly as you've been talking about upper respiratory type symptoms nose and upper respiratory type symptoms nose and throat most of the patients I see throat most of the patients I see say it's like a mild form of the flu for say it's like a mild form of the flu for two or three days and then they're on two or three days and then they're on about their way most of the population about their way most of the population has either had coveted or has had the has either had coveted or has had the vaccines which helps mitigate the vaccines which helps mitigate the severity of the disease process well severity of the disease process well that is uh it is important but I know that is uh it is important but I know they're talking about even a a second they're talking about even a a second booster shot for folks right now and I I booster shot for folks right now and I I remember when the Omicron variant came remember when the Omicron variant came around they were saying that the maybe around they were saying that the maybe the booster shots of the original shots the booster shots of the original shots

weren't necessarily going to be weren't necessarily going to be effective and they were I think effective and they were I think modernist said they were working on a modernist said they were working on a specific to Omicron booster and I keep specific to Omicron booster and I keep thinking if I'm ever going to get thinking if I'm ever going to get another one and I don't know that I am another one and I don't know that I am I'm a little sketchy on it should I wait I'm a little sketchy on it should I wait for one that's more specific or should I for one that's more specific or should I just take the one that's available just take the one that's available but but but well that's going to be an individual well that's going to be an individual type Choice depending upon what type Choice depending upon what scientific information there is out scientific information there is out there at that time I think at this time there at that time I think at this time the information shows that the current the information shows that the current vaccine is not worked well against vaccine is not worked well against omnicrom at least in preventing it so I omnicrom at least in preventing it so I think time will tell and we just have to think time will tell and we just have to keep abreast of the current scientific keep abreast of the current scientific information on it Dr Al Johnson is with information on it Dr Al Johnson is with this doctor of internal medicine I'm this doctor of internal medicine I'm curious I keep reading there are curious I keep reading there are multiple variants out there right now multiple variants out there right now that are floating around I know the in that are floating around I know the in in China they're apparently getting in China they're apparently getting overrun with one variant or another uh overrun with one variant or another uh Germany's having problems with it again Germany's having problems with it again are we are we going to see another are we are we going to see another influx of these cases later this summer influx of these cases later this summer it's like it's like it's I guess it's possible but we don't it's I guess it's possible but we don't know at this point uh know at this point uh exactly what's going to happen so as as exactly what's going to happen so as as we we just have to watch carefully and we we just have to watch carefully and uh be observant and then if you do get uh be observant and then if you do get it early treatment is really important it early treatment is really important to keep you out of the hospital to have to keep you out of the hospital to have less long-term or severe effects do they less long-term or severe effects do they have ways of treating it now because have ways of treating it now because that was one of the complaints so many that was one of the complaints so many people had that they had coveted and the people had that they had coveted and the doctor said well call us if you have to doctor said well call us if you have to go to the hospital go to the hospital uh yes there's early treatment they have uh yes there's early treatment they have monoclonal antibodies they have the monoclonal antibodies they have the Antico the pills that help with uh Antico the pills that help with uh anti-covered uh to help mitigate the anti-covered uh to help mitigate the symptoms uh the early treatment that's symptoms uh the early treatment that's been used around the world with been used around the world with hydroxychloroquine uh still works and uh hydroxychloroquine uh still works and uh it makes sense the literature supports it makes sense the literature supports it there's numerous articles on it that it there's numerous articles on it that with the Zithromax taking the zinc with the Zithromax taking the zinc vitamin C vitamin D vitamin C vitamin D all that helps boost the tolerance and all that helps boost the tolerance and resistance to the virus Dr Johnson we go resistance to the virus Dr Johnson we go back two years now as far as this back two years now as far as this pandemic goes did we blow how we handled pandemic goes did we blow how we handled this did we blow it this did we blow it what I don't know that we we blew it I what I don't know that we we blew it I think think think in in my in in my medical experience early treatment in medical experience early treatment in any type of disease process is the best any type of disease process is the best uh way to handle it uh uh way to handle it uh it seems like that the early treatment it seems like that the early treatment was not really sought after quickly uh was not really sought after quickly uh and so I think time in the future will and so I think time in the future will tell I don't know that we it's too early tell I don't know that we it's too early to really know that just that from a to really know that just that from a medical perspective early treatment medical perspective early treatment always seems to be the best way to always seems to be the best way to control or to get the best outcomes of a control or to get the best outcomes of a disease process okay Dr Al Johnson disease process okay Dr Al Johnson doctor of internal medicine as always I doctor of internal medicine as always I appreciate you coming on thank you for appreciate you coming on thank you for the info you're welcome have a healthy the info you're welcome have a healthy day