# She Reversed Her Arterial Age 10 Years with Chelation Therapy Transcript

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## Introduction to Drea's health story

Hi, it's Danielle here with Deeper Healing and I'm here Drea and she's got a crazy, crazy health story and when I heard that I was like, is that even possible?

So this is what happened. She basically in the last year took 10 years off her vein health. So what does that mean? And all of her other doctors are like, wait a minute, this isn't even possible.

So let's talk about, first of all, you're young, and you are beautiful. You are very healthy. I would not look at you and go, well, Toria really needs to worry about her heart health.

That is not something that I, or your vein health, I wouldn't have said that. So what even made you think to look into this in the first place? So it's been about eight years now that my mom had a triple bypass and she didn't actually have a heart attack, but she had the triple by pass.

## Discovering arterial age and early warning signs

I was already concerned that it could be something inherited or whatnot. I had a heart cath score test, which tests, I guess, basically, if you're going to have a hear attack, it predicts those kind of things.

And the ideal number is zero, so it was absolutely perfect. But then that fast score appears later, my friend, who was a doctor, actually started living with me and had an ultrasound where you could ultrasound the carotid artery.

and I love any kind of numbers so I was like sure let's do it and when he got the results back my arterial age in my carotid artery was 10 years older than my actual age so i started getting concerned so and talking with him he was, like you know it's related to cholesterol blah blah so, I cut out all meat except for fish and And I was like, it's going to be better.

It's gonna be great. About a year later, I retested and I 20 years older in my arteries than my actual age. So I really started getting freaked out. Then I went down this whole rabbit hole.

And in the meantime, had already scheduled an appointment with Dr. Bowersmith. I hadn't met with him yet. Didn't even know about the carotid artery thing.

Was just looking at overall health when I met him. When I started researching it, found this thing out in California called Plaquex. And it was the only thing that I could found with any semblance that could reverse this arterial thickening, other than maybe like this thing called the Ornish diet, which was extremely strict diet that may at least stop the aging of it, but not reverse it to this extent.

So- Like mostly I'll hear people talk about just like preventing it getting worse. Yeah. But you don't actually hear about like a dramatic like healing it and making it better.

When I went to retest it most recently, he was like, if you haven't progressed, that's a win.

## Researching Plaquex and starting treatment

but that's not a win for me because i was already 20 years older and again in every other way shape or form i feel like i'm physically much younger than my actual age so Yeah, it really scared me.

Yeah. And especially after my mom had this triple bypass and she did not have a heart attack. So to me that was a direct correlation to where I was headed.

Yes. There's got to be something you can do about this. We just have too much technology. I found the single plaque X in California. Then I started researching who near me could do that.

Again, I already had the appointment with Bowers-Smith scheduled, but I had not been. And sure enough, deeper healing had the ability to do this. And I think it's phosphatidylcholine is what the IV is.

Anyway, so even before I met with him or right around when I first met him, we started scheduling the PlacX. I did 36 rounds because the best ideal treatment they say is between like 20 and 40 to get the most bang for your buck and I knew I wanted to go all in because I needed a substantial reversal.

So I 36 round and in between then I was traveling and stuff and so I didn't want to give up my travel plan so did phospholipids on the go kind of in the two months in-between the series of 10 and 26 or whatever it was.

Then when I retested, Again, my mainstream doctor said, if you just don't move any forward, we'll consider that a win. But I had actually reversed my arterial age 10 years.

So again, that's life changing and life saving. Literally life-saving. When I asked Dr. V about your case, he was like, the key thing that she did was the chelating with the PTC.

The PPC is the phosphatidylcholine. And it was like that combination. I also just did a heavy metal detox during that time. He said that was key. That's very important.

It was actually only, the window that I did it, was about eight months. Again, I was traveling out of the country for two months, so in that, time I just had some kind of maintenance thing.

So I didn't stick it all in one chunk, but I some actual IV chelations and I did DMSA and then Metapur, some oral.

## Chelation, phosphatidylcholine, and detox support

Yeah, so you were doing IV and oral chELating. Correct. And then you're kind of also doing that with the PTC too. Absolutely. You're doing the IV, and the oral, but you are basically consistently kind-of like pulling it down over but you think about it a short period of time yeah like eight months ten months to go from a day i was looking at your test it was like an arterial age of 74 yeah and you're in your 50s and your super healthy like this is a super So, yeah, you're on a really bad path.

This is one of those silent suffering kind of things where… Yeah, I wouldn't have known until it was too late. You never would've known. And I would have even thought to have the test to suffer again.

My friend had it, and so it accessible. I was like, let's do it. Like I wonder I've been as concerned because immediately after she had that triple bypass I went and did all the things like EKGs and I get the heart path score and everything was perfect Yeah, so it did make me more at least conscious about paying attention So I think I'd think your story is extreme because you're so young so healthy and it was so severe but imagine how many people are out there that have that have that high, what did Dr.

B said? He's like, it's just like when you're soaking the pan and you have all that hard stuff on the edge, and then you like it softly coming off and it is going down the drain.

That's pretty much what's happening. She cleared out her veins, that improves your entire circulation system. The oxygen delivery, the cell health, your blood health your energy level, I mean everything, every part of your body is improved.

by having healthy veins and healthy blood flow. So, I mean, it sounds like, oh yeah, that's great, 20 years, but it is literally life saving and life extending.

## Reversing arterial age and reflecting on results

For sure. By doing that. And as we age as women, we lose the estrogen, which keeps our arteries more pliable. It's things you don't really, again, notice that are happening internally.

Yes. And you know, it's funny, I think chelation gets a bad rap, because if you start researching it, there's so much pro and con, and then people get confused about what to do.

And one thing no one ever really talks about is vein health. I hear a lot about, even my own chalation story, like I have very high lead. My thing is I'm all about preserving my brain.

Look at all these memory care facilities, they're packed with people that are losing their minds early dementia alzheimer's everyone you meet in their 40s like i can't think of the word it's toxins people it''s toxins this is and i have no doubt that that was a big contributing factor to your story my numbers especially mercury and lead were very high but a lot of them were high my arsenic My mainstream doctor told me not to worry about it, because even by mainstream standards, my arsenic was very high.

I'm still not sure if it was from a seesaw or where it's coming from, but it is astronomically high, and again, the mainstream doctors were like, don't worry, it works.

I have all these things building up in my body and, you know, because I'm pescetarian, it may have added to the mercury lead levels, but now they're back within a much healthier range.

But I am still knowing what I do now and how much I can shift things. I will still work on getting those down further and my arterial age down. I had an 80 year old woman here, she would come in and she'd do a chelation.

She would probably come like once a month. And I was like, how often are you going to do this? She's like when I stop coming I'm dead. I said, oh my god, because she said I know, it's great maintenance for me.

## Why vein health and detox matter long term

It was kind of my first epiphany of like oh, this is something that is like a constant Um, you know, if it's constantly coming in, so doing somebody, I feel like what you did was you just hit the reset button.

You just kind of like pulled it way down, got yourself back to kind like where you should have been at your age. And, you know, just adding quality and adding, quality years of health to your life.

So, amazing. I hope somebody out there hears this story and is inspired or sent, it's funny, I was talking to someone in here today, doing a really cool recording today.

They're like, oh my gosh, i know some people that need that. You can do better than just not making it worse. Right? What if you could actually heal and get actually better, improve your health?

That's what we wanna do in deeper healing. We wanna find out what's the culprit and go after it. As Dr. B says, put out the fire, but also find the arsonist and arrest them.

So, and I'm really, really excited for your results and thanks for sharing it, sharing these stories are huge for people. You don't get this kind of information anywhere.

All right, bye guys.