Welcome and lab orders

Welcome to Simone Medical. Thank you so much for trusting me with your care. I've already ordered your lab work as well as your saliva cortisol test. You'll probably receive an email with tracking information for that test once it ships.

As far as you labs go, you need to go to labcore.com to schedule your LabDraw appointment.

How to schedule fasting LabCorp testing

Labs need be drawn early in the morning and fasting. At least 12 hours before have nothing else to eat or drink except for water. Please be well hydrated the morning that you go have your labs drawn.

If you're a woman and still having a period, you do need to schedule your lab on days 19 through 21 of your cycle. Day one is the first day of you last period.

Do you have any questions, let me know. Again, these labs are fasting. They do needs to be drawn first thing in the mornings. The only thing you need take with you to LabCorp is your ID.

Timing and preparation for womenu2019s cycle-based labs

Next, I'll receive your work in about one or two days. From there, I'll contact you letting you know that your labs have resulted and that you can go ahead and schedule your review of findings visit.

Go through the portal and go to the tab that says My Appointments. From here, you choose Review of Findings, female or male, depending on who you are, and scheduled at a time that's convenient for you.

Review of findings visit and follow-up

Please give me at least a week or week and a half to review your lab works for when you schedule the review findings visits. At your visit, we'll talk about all of your labs, and I'll deliver the plan that I've developed just for you.

If you have any questions at all, please don't hesitate to reach out to me via the portal. You can also contact me, via email, info at simonemedical.com.

Thanks, can't wait to work with you!