Simone Medical’s Holistic Program for Gut Health, BHRT & Perimenopause Relief Transcript

(Transcripts are generated by AI and may contain errors)

Functional Medicine Approach

At Simone Medical, we believe that achieving optimal health and hormonal balance requires more than just a quick fix. It demands a customized, holistic approach that's rooted in functional medicine.

Rather than merely treating symptoms, We focus on uncovering the root causes of your hormonial imbalances and health concerns.

Comprehensive Health Assessment

This will deliver lasting results for a lifetime. Through detailed consultations where we look at your personal health history, family history nutrition and more and comprehensive lab testing, we will dive deep into every aspect of your health.

Personalized Treatment Plan

These insights will help us to develop a personalized plan for you, which will deliver in our review of findings visit. Our approach integrates bioidentical hormone replacement therapy, supplements, nutrition, and lifestyle factors to truly deliver the interconnected systems of your body.

Restoring Hormonal Balance

By looking at the whole picture, hormones, metabolism, detoxification systems, gut health, nutritional and life style will develop a plan just for you.

At Simone Medical, we're committed to partnering with you to restore balance and help you thrive for the rest of your life.