Introduction to Dr. Susan Sklar and the Center

I'm Dr. Susan Sklar, the founder and medical director of the Sklor Center for Restorative Medicine located in Long Beach, California. We treat men and women from the teen years into their 80s with natural supplements to restore their health and vitality.

we help people with fatigue, mood and weight problems as well as puzzling intestinal symptoms. My mission is to use the message of prevention and wellness to change the current medical model of disease.

Treating Fatigue, Mood, Weight, and Digestive Issues

With insight from my traditional medical training along with expertise in integrative and holistic medicine, I'm able to combine the best of both worlds to optimize health and reduce disease.

We are best known for using cutting edge scientific treatments and helping patients in ways that other doctors have not been able too.

Mission of Prevention, Wellness, and Integrative Care

I'm a Harvard-trained physician who's incorporated holistic and natural treatment into a solid foundation in conventional medicine. We've been in existence since 2007. After a successful 25-year career as an obstetrician and gynecologist, I decided that I needed a change from the insurance-driven, pressured way of seeing patients.

I wanted a different experience as a physician, and I want to get to know people in a deeper way.

From Conventional Medicine to a Restorative Practice

So I started the Sklar Center for Restorative Medicine. What makes us unique is the ability to combine the best of Western medicine's evaluations with natural and holistic treatment.

I know from my own personal experience how conventional medicine can fall short and how effective an integrative holistic approach can be. When a patient walks into our practice, they can expect a solution to frustrating symptoms, as well as friendly personal care and great attention to detail.

Patient Experience and the Center's Unique Approach

As one of our patients said, it's like coming home. What makes us stand out is the success of a restorative program. I've seen marriages saved, renewed vitality, and just generally more joy in life.

Our motto at the Sklar Center is happy patients feeling better than ever.