Introduction and Bobby Vogelu2019s healing background

Our next guest just got back from a trip to France, so. Welcome back. Bobby. It's really wonderful to have you here. Bobby Vogel is someone that I've had some experience with.

She actually did a session with me maybe a month ago, and I found it very, very powerful. So thank you for that, Bobby. And she is the founder of etheric medicine.

And we'll get into what that means in just a little bit. But she is an incredibly gifted healer. And so all of you coming to find a source for healing, I think you're going to really enjoy this talk with Bobby.

So, Bobby, welcome to the interview. Thank you. Tom, it's so good to see you again. Really great to see you too. So, talk to us first about etheric medicine.

That might be, a term that not many people have heard before. I know you've trademarked it. So it's probably pretty unique, but talk to us. What is that? What is it? Therapy. Medicine?

Well, you know, I've learned it's it was unique when spirit gave me the name etheric medicine. Right. Because I didn't know today was coming, but about five years.

Well, four and a half years ago, when I left doing the Akashic Records, which is how I was really, truly connected to my gifts, I started getting a lot of people coming forward, to do sessions with me who had physical and, you know, illnesses and pain and things like this that Western medicine wasn't able to help them with.

And there was no explanation for it. And so, of course, at first it was intimidating to me, but I just asked spirit, you know what? How can I help them?

Like you send them to me, you know, tell me what I'm supposed to do, you know, which is different for everybody. And I started being shown or connected to my gift of being able to see this field of energy around people's body.

It's interesting to the best way to explain it, and it's great because I recently started taking art class is that almost all I could I could see through the physical body and, and and see this, this energy that is around the body.

But it also intersects overlaps with the our physical body. And it looks around, you know, this this thick to me. Right. And so the spirit started teaching me that, like for instance, is the first woman, one of the most profound first clients I had had horrible ten plus pain.

In her bladder. And, and her grandmother on the other side started showing me and telling me what that pain and the density. So there was, there was, there was energetic density being held within this field.

Right. But I didn't call yet a sphere. Right. I just it didn't matter to me what it was. I just knew that there was a reason. There was density there that had that was from all these traumatic experiences for this woman and that that created this stagnation in her energy in this field.

Right. And that and this. It's stagnated to the point of this density around her, you know, her pelvis area and then that duplicated into her physical.

And so I was shown how that relates, you know, how that density relates to the physical. And that's when I realized, wow, well, there's this, this field.

And then there's the physical body. And then it's indeed a hologram. Right. And is the best way that I could explain it, you know, then and still now, even though they've all leveled and explained that.

But that's like the simplest way and so. Well then now Art. Right. I said, well, how. Well, how can I help her? You know.

What etheric medicine is and how it works

And so then I started being taught how to, you know, we can't be magic wand. Yeah. Density away and we'll talk about. I'd love to explain why that is, but I was taught how to start kind of pulling apart the density.

If you want to think about, like, a really tight hairball, maybe you're like, you know. Right, right. And to start gently, kind of pulling it apart and sending it like, and this, these incredible things.

And when, when you're in this realm or, you know, working in this realm, nothing seems odd at the time that it's just like, oh, yeah, of course. And I'm doing. Yeah.

You know, I mean, that's just pulling apart the density and, you know. Yeah. Hopping it with light. I mean, that makes sense, you know. And so this woman, after this intense session, she had lived for nine years since her first child with level ten plus pain.

And for the first time she went down to a level three. And then after six sessions, pain free and, and so I and within this, this these six sessions I was getting more and more people and I was doing sessions out of my house.

I put a table in my living room, you know, and, and she had won a raffle at my stepson's grade school, you know, thing or whatever. And so I've one day I asked for her because I was realizing this isn't the Akashic records.

You know, I can't even remember the prayer anymore. Why is that? What's going on? And because that's how I commune with my, you know, and I call in my peeps and God and my parents on the other side.

And now all these other people's loved ones around me. What is this that I'm doing? What is this that you're showing me? And I heard etheric medicine.

And I was like, I didn't know what if there it meant, like, my hair standing, talking about it. But I have so much faith and trust that I literally, when I go, daddy bought the website Derek madison.com.

And then I googled it, and I was like, oh my God, that's what this is. That's what this field is. That makes perfect sense. And then understanding all at once, like, emotional wounds and trauma is sitting in that ethereal space.

You know, that's the ethereal body. And treating that is more important than first treating the physical body. Because without getting the density out of this etheric body, this can't release the density.

Yeah. Which is really, really cool what you're saying. So, so many people, when they have an illness or something wrong with their body and sometimes it's unexplained pain, right?

Where their doctors can't find, they still try and treat the body. And what you're saying is that it all starts in this, this outer layer, this ethereal layer.

And when there's there's there's stress, when there's trauma, when there's something not right in the ethereal body, then it shows up in the physical body.

But even, you know, trying to treat the physical body or cutting something out if you're not healing the etheric body and potentially could come back or show up in a different way.

So, so your work is, is around treating both, I think. Right. But really focusing on the ethereal body to heal the physical body. Right? Right. Yeah. And it's fascinating.

I mean, I'm so I'm thrilled because, you know, I've been talking I it's funny because I think I don't know if you know,

but I'm good friends with Montel Williams. Right.

And so and he's a brilliant guy. And so I've been talking to him about this for years. Right. And he's my Bobbi. That's that nobody people are ready for that.

I'm like, well, we have to be ready because this is the truth, right? We are light beings. You know, your body holds everything. And so this is the way and I hope one day that my, you know, the medicine spirit has taught me, because I am spirit taught, has to run side by side with Western medicine and then the other physical body medicines because we're both.

Yeah. Have both treated us the inferior isn't, you know, we have to heal. We need both. Right. And so I'm really it's it's a profound experience for me now to see today.

Right. This is some years ago. But today then finally there's this unified thing happening with both medicines because it's the truth, right? In order to heal.

Because it's not it's like any level of trauma, we traumatize ourselves with our own berating thoughts, with our fear, with our, you know, self-loathing, lack of self-love.

All of those things have a vibration, right, that are traumatizing if we want to call it that. And then and there. But they are felt and it's incredible to to be witness right.

With that gift I see I guess people call it clairvoyance or you know, it just for me, it is something I sign up for, right? And I utilize and we all can tap in.

But to see that when I'm speaking to people and they say something that is unkind to themselves. Or someone else but to themselves. Yeah. Speaks so loudly and sits in your ethereal.

Yeah. Body. And if we aren't aware and we don't believe that we are light beings and we don't pull in light, first of all, forgive ourselves, have compassion because we're all we all got stuff, you know that.

But first and foremost, never mind getting other people's forgiveness. And I have a first. We have to forgive ourselves. Yeah. Compassion for ourselves first and foremost.

That's. It's a it's a step we can't skip. Because what I've learned is when we try to skip that and get somewhere else and speak some truth that isn't within us yet, it's not lasting.

It does not last long. We come back to this, space that we're still, you know, being held in. So it makes sense. Yeah. No. Makes no sense. And, and, you know, this week, you and I were talking earlier like, you came to this work through healing yourself.

You know, healing your emotional wounds, not knowing yet it was in your etheric body. But but but doing that work from the challenges that you know, that you experienced.

Starting from childhood all the way up to Bobby was a successful real estate agent. Everything began falling apart. And a lot of times when that happens in people's lives, because everybody listening to this or watching this has had something like that in their life.

We think, oh no, this is terrible. But it really was the it was your journey. It was your path for discovering what you do right now, which is really, really wonderful.

When you go ahead, Bobby, you're going to say something like, yeah. So when, when you work with somebody, you channel spirit and you tap into, you called their peeps, right?

They're people that could be loved ones, you know, relatives. How does how does that all work? I mean, you you

see relatives or loved ones that that are there to help guide people that they're just not aware of.

And then you voice what they're telling you. How does that work? Yeah, I love that because I, you know, I say faith is not a religion.

Spirit guidance, soul contracts, and life purpose

It's an unwavering knowing. We are divinely guided 100% of the time. Yeah. Beautiful through my own experience. That's why that is where my faith was born.

And I know right, that the greatest thing that I can share with people is the truth of that, that we have before we come in. You know, it's some three incarnations of what is true.

I see it, I watch it, I've experienced it, I've experienced people crossing over where they go, like all of it. And we have before we come in and take this physical body.

We are spirit and body. You're spirit and body. So we have the brilliance and the intelligence already here. We're just limited by our human brain, right?

Our human mind. And so when we are not limited, which is before we come and take a body, when we're in spirit form, truth is simple. Everything is, you know, easy, you know, and we know that when we're going to come in and take a physical body, we're doing it on our souls on behalf because and we take on these wounds.

Right? So we like one of my wounds is abandonment. Right? So when I watched using myself as an example, the best way is like so I'm in spirit form on the other side, I'm all excited because I'm in my highest level self.

I know, hey, yeah, like I'm going to go in there and I'm going to heal these wounds and I'm going to transcend. I'm going to live this amazing life purpose that I chose before God.

You know, God, non-genetic domination, beautiful love. And, and I'm excited and my guides. So I have a sign. We all have a team that are not necessarily love them, but our loved ones are.

That's the best way is like we have our team that our loved ones. Right. Okay. And, this is what I know. And so I choose I put it like in my little Red Riding Hood basket, right.

One of my many moons, because I filled my basket because I knew I was a badass, right? I was like, yeah, let's go. I want to transcend that. I'm strong.

I'm powerful. One of them's abandonment. So this other soul steps forward, who's not yet a man or a woman because we are genderless. Yeah. And we are both right now, however you want to look at it and says, in order to be in service to your soul's transcendence, I will come in and create the wound of abandonment and your goals behalf.

Right. And so and I'm like, thank you. Wow, what a sacrifice. You know, because when I heal, that will my soul transcends, right? My my guides say you're not going to think it's that funny, you know, grateful when you get you pop in there with amnesia and you forget everything, you know?

Yeah, you're going to be in pain. You're going to forget we're here. You're going to forget your guy. You're going to forget your loved. You're going to forget all these things.

And sure enough. Right. And so but they're here and they say, we will be with you. Surely all we will hold every memory, every knowing, every that your path, your purpose, everything that you need, you you have.

Yeah. And we will start waking you up when it's time. Right. And so and that is a process. It's a beautiful process of waking up. Right. Like illness, that beautiful path.

That's why we can't go dying. It's gone. You know, when people can ask me like, I don't, they're not going to my job. My purpose is not to rob you. Yeah. Of your path. Right.

And you're connecting because you're meant to get to the place like I did with my suicide plan. You know, those years ago, I. I would rob you of your own beautiful, purposeful path to connecting, to knowing that you are divinely guided to knowing what your relation, your personal relationship is with your own peaks.

Yeah. With God. Right. Because we all have our own relationship, because we have our own purpose. Yeah. Right. Right. It's really I mean, I think you've helped a lot of people, even just with that little analogy, because when you think about, the struggles that people have and their physical existence and, and, you know, probably the reason why they're coming and tuning in and watching you is not because everything's great in their life.

They want something a little bit different. And but I love taking it back to source right before we take on this physical body, as you call it. We're like excited. Oh, yeah. Abandonment.

You know, whatever else, we're coming. Yeah. Whatever else we're coming. It's like, yeah, let's go, let's do it. And then getting into it and having that amnesia, which I believe too, right.

You know, we we have to have that, by the way, to really learn the lesson if, if we're always just reminded every second that, you know, everything's okay, everything's okay every second of the day, we don't we don't experience the pain or hate or even experience, you know, coming out of the pain and how awesome that feels.

So, but I love the analogy. That or not the analogy, but the truth, as you say, that we've got a team, you know, we've got a team. You're not alone. And just kind of tapping into that team when you feel your lowest, tapping in that team when you feel like you need help.

You did that years ago when you when you were at the the depth of your despair. And it's how you transitioned through what you needed to go to that to get to where you are today that's shaped you into who you are.

And so whatever people are going through, I hope they remember your analogy that, number one, they've chosen it at some level now choose to be in it forever, but they've chosen this point in time where they are with an illness or with stress or whatever it is, financial difficulties, whatever it is.

And also they've chosen to be listening to this interview so that they can start to move out of that. But there'll be other things we'll need to move through too.

So a beautiful example. I love that, Bobby. Yeah. Thank you. And it's you know, we're never done. Right. So yeah. You know I of course all those things brought me to, you know, this place of deep, deep gratitude for every single thing that I've ever been through, which is a lot. Right?

But that's because I signed up, and I'm strong and I and had I not the fascinating, beautiful thing that I and everyone else. If you if you have if you can get to a place of faith.

Right. Is that I can look back now even when I struggle myself, I use the same tools that spirit has taught me that I'm meant to teach other people. Yeah, that every single thing that has ever happened, good or bad.

But the challenging things, the things that I have learned from that about myself and others or whatever, is that it was all necessary for me to be sitting here today, right?

To have the level of understanding about so many things that I do, the level of compassion and non-judgment that I can have. Nothing shocks me, right? Yeah.

And it was all a teaching. Because I was always coming here. I didn't know that. Yeah, a spirit knew that. And all I had to do was keep asking every day, which is what I tell people is, you know, breathing, the breathing, the light exercise spirit taught me.

Great segue. Just as you I should have said, you know, and spirit sort of channels and runs through. And so they they're also talking and speaking to me now.

And they just interrupted me about the breathing, the light. Well, I want to do that at the end. I want to I want you to show people that little exercise. That'd be great.

Yeah, I'll do that. And and so the breathing, the light exercise was taught to me from spirit five years ago when I was going through my own healing and, and I and at the time, they call it earth and sky, masculine, feminine.

And that was for me to balance my masculine feminine, to move forward powerfully towards purpose, towards today. And so when we can begin, and then breathing the light is a way to also connect to them and start, honing your own beautiful, divinely guided relationship.

It we, we, we just it's it's a way to when you get stuck and you get in pain because we all do as what we're all in a human body, right? As long as a physical body, there's still healing to do.

So that's a really big deal right now because there's a lot of people in the space, you know, that has blown up into a huge industry that feel that, you know, they're at a level where there isn't healing left to do, and that all there is left to do is to guide other people.

And that's simply not the truth. Right? We have to be open to why we're here in this spot, right? And our own soul's transcendence. And so a beautiful this is an analogy because spirit shows me images is when we get in those places because we all will those tough places.

Right here. Right. Like right now there's, you know, there's inciting fear, inciting fear. And so, you know, and when we get in a place of fear, we can't we're paralyzed.

Right? We lose our connection to source. Even if you know, even if we're just we have a, like a little thread of it. Oh, it's gone. When we get in fear, we can.

It's like reaching your hand out of, like, this manhole razor. This show means, like, if you're in this hole, it's like, get your hand up, get it, get it there and just say, please help me out.

Yeah. Please, guys. God, peeps, you know, help me up and out of here. This fear is an illusion. And and you will be asking you. You will receive is one of the greatest messages.

Ask and you will receive when you have faith. Yeah, well. And then you can be developed faith. But yeah, try it. But don't, don't do it.

Faith, fear, and healing through light

You know, in an entitled way. Do it in a humble way. Get out of your ego. Get out of your thinking that you're just this, you know, human being in this and that.

Because once you open up to yes faith. Yeah. Then your whole life changes, right? Because you are you you will have access, you will, you have access, but you will understand the level of power that we have, the army that we are rolling with.

And yeah, that's amazing. Yeah. Because so many people feel so alone, especially when they are sick or hurting, you know? So, let's take an example. Somebody gets, a diagnosis, let's say cancer.

And all of a sudden there are incredibly afraid, right? I mean, that's pretty normal for the average person. They don't look at it as like, oh, what a wonderful opportunity to grow and heal, even though it is right.

They see it as, oh my gosh, you know, I mean, it's fight or flight. You know, I may die. This may not work out well

for me. What do you advise people to do.

Give them some some steps. If because some people have probably, you know, they have had some diagnosis that is scary to them or they've had chronic illness or pain and that's why they're watching here.

What what do they do. What what are obviously they can work with you to. And we'll get into that later. But but what are some things they can start to do to tap into the team that's there for them, that has the answers that can help them grow through this?

What would you advise them? I mean, you know, so I, I the truth is right. Everything does begin with faith, the unwavering knowing we are divinely guided.

And I can't you know, I work with, you know, I was on that global cancer symposium and I so I work with, I don't know, just so many people with I don't call a cancer.

I say it's density being called cancer. Good. Because, you know, I know that owning that word is a powerful, you know, disempowering very disempowering role.

It's right. So because density is darkness and you know, but but it's no match for the light. Right. So when we can even if you're shaking. Right. Like which I know if I got that diagnosis, believe me, I wouldn't be like, oh, yeah, I mean, I know that I'm still I have a human brain.

That's terrifying. Right? But I also am armed with knowing already, you know, this. What is this about start. Just start and breathing light. Breathing light.

And that might sound crazy, but it is the absolute truth that when you. Because, because number one you know we live in a quantum field right. And we are energy beings.

We can release density. Yeah. We we can release it. We speak to it. We ask for help with it. But we need light in order to start moving. This stagnation and this density that's being called cancer.

Yeah. And we have to know they just stepped in is It's funny, I won't say the swear word, but about a year ago, I wrote down on a piece of paper we you cannot mind f yourself out of your emotional loans.

We you can't just think them away is because. They need the the acknowledgment. Yeah. The forgiveness, the compassion. And then comes the release. Yeah.

Because what that density is calling your body, your physical body is such a brilliant. Of course it works in unison with your, with their body which is a brilliant high vibrating.

And they do communicate within that overlap space where our meridians. I think they've taught me about acupuncture and I relight people's meridians that are out.

It's just it's all so much talk about. But where there's meridians that are lit, it's like a candle, right? Robbing a candle of oxygen, the light goes out.

Yeah, we need oxygen. We need light as much as we need oxygen, if you please. Can think of it this way. If you hold your breath for your whole life, right, people, life wouldn't be very long.

Yeah, right. But, you know, people, the truth is because of because cancer, cancers of the density called cancer is a very, very, very deep wounding. Okay. Right.

And if we can't first just say to our ourselves, our soul first, that inhabits this physical body, why do you need. I'm here you know, please forgive me.

You know, let's move forward. How can I help you release this. What is it that we need? I'm here for you. It's like there's all this stuff is like re parenting or parenting yourself for the first, but you, it's it's you on your own journey.

Your soul is on this journey. Yeah. Here in itself. And it's the answer is not the same for any one person. As we all know, we're all here for different reasons, but vibrationally there is no fingerprint.

The same, right? No purpose. It's the same. There's no energy body that holds density the same. So get in here with yourself. Get in here with. Begin cultivating or strengthening your faith.

Start asking, please be with me. I need your help giving your energy, body or your body the light that it needs, if you will. You know, you'll give people the the free link to the brain online exercises and we can do it, you know, quickly at the end.

But. We pull in, you want to imagine this big funnel of light and it's it's endless. There is it's just endless, like everything else in the quantum field, there's no limit to any of it.

Light is free. I until I figure out how to monetize it right. We're saying, you know, don't ever fall for it. But so we pull it in. God give me light, peeps.

Give me light. We pull it in. And please release any thoughts that no longer serve me. See our our heads, our minds are wrapped with the illusion of all this physical stuff.

And it's like, you know, like we want to break out of that and be like, you know, and let the light in. But the density and the stagnation start releasing.

And so especially, you know, a lot of men too, but women here, like, get the light in your throat and pull all the stuff out of there so you could speak your truth and you can take up space.

Right. And just pulling it in and we, we toss it off like we're like the best analogy is like, as if you took a mind bath, right? You want to think of it like that and you, it's real.

Yeah. This is how simple it is you. Because your intention, if you have enough reverence for your soul, which we're asking you to have now because it's time, have enough reverence for your soul and your journey and your commitment to self to stand there, never mind your ego, let it all go and say, help me.

What is it that I need to heal? Release it. Take it from your space, toss it off, ask for it to be transmute and just the intention and the and that commitment on a daily basis will change your whole life.

Yeah, yeah. No. That's amazing. When and so many people see themselves as just their physical body and and the physical body as a, as a dual image, as you said, of what's really going on outside.

And this, this process of visualizing. Because they might be why I don't see light or all around me. No, no, no, it's their it's their world where light like if you look, if you take it down to the smallest particle of of who you are, it's light.

Light, it's energy, it's light. But people don't see themselves as energy or light. They see themselves in this physical mass. And and I again, I really love your analogy.

It's a different way of thinking that can help people. Here is calling it, what did you call it again? You said cancer is just a what this thing is, is like instead of this nice, smooth moving, you know, particles, there's a dense part in my body that's just kind of clogged up there.

But now when I bring energy in, I can I can release that density or I can heal that density. I can bring light to that density where it doesn't have to be so dense anymore and it can dissipate.

That's just such a beautiful way of thinking about a disease like cancer or anything where you've got pain or illness

in your body. It's, you know, versus going online, okay, let me see the sun and then what?

What's going to happen to me? Hey, it's just a density, right? Work with the work with the light and start getting that density to dissipate. That's a beautiful way of thinking about healing, Bobby, thank you for sharing that I love that.

Hey, and just talk a little bit about, I know there's a link, but then you gave some examples. So what? When you say breathe in the light, just, just, you know, 30s or so or a minute, like, what are you what are you asking people to do?

You said breathe in. And particularly for women in this throat area and then kind of feel the density moving out. And then, can you give them a couple other pointers on it?

Yeah. And I want to add real quick, you know, I just because I in that sense of time I say this about women, you know, but the truth is right. Like when the lot of women because there's a lot of and people don't like to talk about like sexual abuse, rape, all these things, it will let people can it not have kids and conceive because of those, the density that is being held know.

And and there's miraculous things that have happened with the clearing of that. And so what spirit taught me and then so there's that. It's taught me a new one.

But the earth and sky, masculine feminine is a beautiful one to do now in the evening and before. So you want to like and you can do it if you can't stand, you know a few other funny people that are in bed.

You can do it in bed, you can do it sitting, you can do it. But if you can stand, stand next to your bed and this is God, this is light, you know, through, through the through the top, through your head.

Right. And the earth, feminine energy we so we use our breath and spirits and. Count to seven in nice and slow through your nose. Hold it for one. Blow it out for seven.

Nice and slow. Not, you know, because you're going to get dizzy. And all these other, you know. But that's not the point. Is this nice slow. And when you exhale, you want to just say, I'm exhaling anything that no longer serves me.

You don't even need to know what it is because spirit knows what it is and you have there help there. This is a beautiful thing about this breathing. The light is important to know.

It's not just another breathing exercise which are powerful. They're all powerful. You know, breathing is powerful. Yeah. Having an intention to be healthy is powerful and to and to heal yourself.

Breathing exercise and practical healing steps

But this breathing, the night when you get in the space of just you stand there. And when you stand there with the intention that they spoke about a few minutes ago, you are literally just might as well be whistling to them, because there's just the standing there with the intention is calling everybody forward.

They're all around you anyway. But what is it that you they're like, okay, what do you mean? I'm. I need anything that no longer serves me to leave my space, whatever it is.

And in any given moment, you might be feeling shame. Right? So you. I'm releasing shame. I'm releasing down. I'm releasing anything that is not love and compassion.

I'm releasing everything. And you go all the way down here and we bring them. It's masculine God energy. Thank you. Is from the top. And we bring this down to our belly button, our power source.

And we we hold it there. We cleanse. We do. You know, the long version. We bring the light to our heart. We bring the light to all of our organs. Which I want to talk about a minute.

And we bring the earth, feminine energy up through our legs in the same way with the breathing in for seven. Exhaling, we bring it up, and when you if you know that you've experienced trauma, sexual trauma, for instance, spend some time there.

Love it. Just move. No, no no, I don't believe any of the things that I believe because of that. It doesn't. I'm powerful. Anything else is a lie, right?

It's a lie. And so move that out of my space and we bring the feminine to me, the messy, the powerful god masculine energy, which is the most powerful, vulnerable energy you'll ever feel.

They meet together and then they swirl clockwise, very important. And they swirl clockwise together. And then you put your hands in your feel. And when the first time I did this, my spirit said, if we begin, we all begin doing this.

And owning our power and clearing our density, our stagnation and our lack of love for each other and ourselves, we can literally move mountains. Yeah.

And I was shown it that we can, if we will it to be true. We could do it. Yeah. That's awesome. Bobby. Hey, Bobby. Where did people find that that breathing exercise?

And where can they find out more about you and your work? Well, Athena. Madison, it Chrissy madison.com there's like, am I reading the light? And also I'd love for you to offer.

I just put together, Gratitude Journal as a gift. Awesome. Which would be I would love for people to have. Yeah, every day, because gratitude shifts our whole life as well, right?

That's right. Powerful vibration. And, you know, so even having gratitude for density being called cancer or anything. Yeah, yeah. It's like, flip it.

What about, you know, right now. Right. And through this. Yeah. Yeah. Well, and when somebody has that illness, you know, keep in mind what you talked about at the very beginning as spirit, you chose to go in to have experience experiences like that so you could heal.

It's really just this beautiful healing process. You know, we get so addicted to thinking this, this is who I am. This body is who I am. That's just what you're inhabiting.

I, you know, that's that's your physical vehicle to go through, you know, this planetary existence that you have. But you're way more than that. I mean, that that was something that was especially I was reminded of when my mom passed away and and I was there with her.

My dad passed away. I was very young, was killed in Vietnam. But when my mom passed away, we were in the room and literally, you know, watched her take her last breath and then looked at the body and, and just said, you know, just knew that was not my mom.

That was that body was what she, you know, her spirit was in. But you can almost feel that last breath. Her spirit, you know, rising out of that body and, and being free of that body.

That body served her while she was here. But now it wasn't time to be in there anymore. So this is really deep stuff, but very, very powerful and so necessary to understand if people want to heal, because otherwise they just look at themselves as a science experiment.

Okay, you know, operate on this or give me this pill and let's see what's going on and that you weren't born to get it. You weren't born into this body or come into this body just to get, you know, other people, you know, doing things to you.

You were born to learn through it. And that's what you're helping people do this way. Yeah. And, and and that your

body is really important to understand because I know that people go first, go to well, a lot of people go to a place of like my body is failing, you know.

Yeah. And the other big thing is I hear people say, well, if it's God's will for me to live. And that is such a huge that is not God, that is not God's will.

And I know that the tough one, it's it's our it's our will. We have the power, right? And healing doesn't always mean staying. Sure. Yeah, yeah, yeah.

And you said that about your mom and and and and it's and it's an incredible. There's so much to talk about because you know so to I have helped a lot of people leave their bodies and cross over all ages children you know, which is of course that's a hard thing.

But to know that the minute we leave the limitation of the human mind, because I have watched it and I've talked and I've heard the wisdom and the teachings from children leaving their body filled with cancer when their leaving, they're already in their higher self, helping their parents relieve some of the pain because they're not limited by the fear and the and all the things that were there already understanding why they were experiencing what they are experiencing and that the the short period of time they were here was all they were supposed to be here for.

Yeah. And it's, it's it's an critical to know that. Yeah. I mean, this this is such an illusion. Although, you know, so your body isn't doing anything.

You're not being punished. And this is a this is a powerful, powerful opportunity for connection with source and your own.

Stories of recovery and group sessions

So yeah that's all this is meant to bring you to your own connection to self first and then your peeps and is so let me ask you a question Bobby. So because like you said, like not everybody is going to have the, you know, from the human perspective, the perfect healing.

It's all perfect from the from the spiritual sense. But can somebody use their, their team and, you know, breathe in light and, and optimize their life at a higher level so there is less pain.

There's still learning the lessons, but less, let's say call it physical mental, emotional pain. Is that is that, possible for people? Oh, yes. I mean, I, you know, I, I keep there's a, I have a picture sitting here that I drew for somebody that, the found me through the, the global Cancer Symposium who, was first laying flat on her back, a young woman.

First time she came on session with me via zoom. She was flat on her back. She could barely turn and look at me. She's the density being called cancer in her spine and her liver.

You know, and couldn't even stand more than a minute at a time. And she just left today on a road trip in an RV with her family to hike to do this. Oh, wow.

And she got there's a beautiful picture of what spirit showed in her last session, which is so her her tumors are shrinking. And he said, well it's interesting that the doctor even said my ego wants to have an explanation for this.

But I what, what's happening. And she told him and he said it isn't, it's like the only way to explain it is it's not so much the size that's shrinking as much as the density of it.

It's different. And he didn't even understand what he was saying in the moment. And I think it's being pulled apart and, and she. Because this illness for this woman has, you know, she tearfully said, stop being I am so grateful that I have gone through this because I never knew the power of my own soul or that I had, you know, I rely on them and calling them, and they get me through.

And her the density in her, spine that was keeping her flat. Yeah. I gave her tools because it's it's hers. As I said, it's specific to each person. But, the the tumor, the doctor said the tumor there has shrunk.

He said, but there's these, cystic somethings, arms, whatever, these other little sort of assisting things that are, you know, going off on, off to the left.

And it's. So I drew this picture, like leaving the body. Yeah, yeah, yeah. Because spirit explained that the talks that the work that she's doing and the life, her whole life has changed her. Mer.

Is it shake her relationship to her kids is change. She was a workaholic. Yeah, and that they've packaged they because she's devout to her. Her journey and her healing and her life and her soul.

They're packaging the toxins and some of that density into these. They're just they're not cancerous, right. But they're leaving. Interesting. Yeah. He's like walking, like, you know, doing too much.

Actually, she has to be told to knock it off, you know? Yeah. This has been amazing, Bobbie. And I know you've blown some people's minds and and hopefully, you know, there's there's people that already believe in what you're talking about, and then people that are maybe new to it.

If you're new to it and it's challenging your thoughts, that's a good thing. Explore it. See if it's something that that, you'd like to delve deeper into.

And then there's resources with Bobby and Bobby. I know you do. You're starting to do group sessions, and you do, individual sessions. Of course. Let's kind of end on the group sessions.

So, so group sessions, you have several people on a zoom, and, it must be interesting for you to see all the. There are people like, that's a lot of groups right together.

And it is, it is. It's funny, as I'm doing one and, you know, and and our, my first one since I got back from my trips here. Yeah. I'm just I'm vibrating with excitement about it because it is such a profound experience.

And I, you know, the level of gratitude. It's so humbling because to see that all everybody's show off and loved ones, of course, but the angels. So like, whatever people need.

Yeah is in this space. And I first I call everyone because we have to ask them to step forward. It's a spiritual law, right? So I ask them before I even get on, hey, you know, because spirit brought their peeps to me, you know, they put them in front of me.

That's how it works. So I know that there's something that I'm doing. Yeah, yeah. You on behalf of spirit. And so I just wrap everyone in light and and all everybody forward and immediately it's all.

It's like everybody has got you know, it's funny. They just said, you know how some kids have a para in school if they have like learning, you know. Yeah.

They have somebody that's with them all day. So that's why they've never used that analogy that it's like that. It's like they come in, they're they're in front of me.

They don't know that. They're totally like surrounded by their peers peeps, their guys. Yeah. And their and spirit is is cleansing them, sending light through, loving on you know, stepping forward, putting their arms around them and whatever it is that people need is what shows up and it's.

Yeah. And and then the, you know, the ethereal body and we're density resides in people and do do do do you know. Yeah. Giving whatever message is meant to be given to them.

It's just it's unbelievable. Well, and one of the I think the most powerful message beyond anything you said is just

the fact that you're not alone. No one's alone.

You can be in the depths of despair. You can feel like it's the worst time anyone has ever experienced. But but you know, Bobby's words are, you know, you've got you've got people there to support.

You call on him, ask for help. And, and to me, that's just so empowering and so warming. So that's just, beautiful. Bobby, Bobby, thank you so much for being on with us.

I know you've helped a lot of people, and I know a lot of people will be wanting to find out more about your work at etheric medicine.com, but thank you so much, Bobby.

Really appreciate you being on good time. This is wonderful. I appreciate it. So.