Spiritually Resolving Conflicts Using The Court Of Atonement Transcript

(Transcripts are generated by AI and may contain errors)

Introduction to Amy Jo Ellis and the Court of Atonement

– Our next guest is a very fascinating lady that I'm really excited introduced to you, her name is Amy Jo Ellis and she started out as a singer songwriter for spiritual living centers and teachers like Mary Morrissey who's on our, summit this time, Bob Vogel, Neal Donald Walsch and one time even for the Dalai Lama and we'll talk about that a little bit later, but now, instead of singing and songwriting and this, this has been for the past several years, she's been doing this.

Amy Jo is a spiritual teacher and channel uh quickly gaining lots of notoriety for bringing through a process called the Court of Atonement. And I learned about the Court of Atonement actually in someone else's book Tina Zion's book I was reading and she was talking about the Court of Atonement and then also Raymond Grace, who's also on the summit, has talked about the Court of Atonement.

So it's a really powerful process, very simple to use, but a powerful process that helps resolve conflicts at the soul level, which I know you were going to talk a little about that.

She has a book on the court of atonement that she started out just sharing on Facebook for $5 and now people from over 140 countries have bought that book, congratulations Amy Jo, that's amazing. Yeah.

And let's dive into it. So we're gonna talk about resolving conflicts using the court of Atonement. So take us through take us through the process of how you even learn this process of the Court of Atonement.

– I'm a channel. I'm going to call it that I'm a spiritual medium. Some people use the term profit for this. It's basically just listening to the thoughts in the back of our head.

And I love to demystify this because there's nothing really woo about it. It's just listening to your own thoughts quietly and like asking a question and then writing down the answers that come to mind and they can come to mind in the form of memories of things you already know or they feel like memories of things you already know and you didn't know that before. Which, so that's kind of how it happened for me and my husband was, He was commenting that on my son's birthday in May that I know that my entire family called to wish our son a happy birthday, but no one on his side of the family had communicated in like 10 years.

How Amy Jo Discovered the Process

So they were all really kind of um at odds and there were some really big problems in the family that were much more difficult to get over then just say, you know, having had an argument or something, There was some big issues.

And so I just asked the question, how do I help my husband's family recover from this problems that they're having. And I wrote down something I didn't understand.

I wrote down placed their souls into a court of Atonement, asked to analyze their timelines and resolve the conflicts between them at their points of origin.

And you never heard the word court of Atonement before that I didn't even know what Atonement meant. I had to look it up and when I looked it up it was about forgiveness. It was about like recovering from the past and the more I read about it and I was like what is this about?

And I then I wrote down, look at the word, it's spelled at one mint meaning bringing everything back to win this. So I went, okay, well I'm going to do this. And so I just said I and they had me say my name first. I AmyJosie for Richards Ellis place, my husband say his name, his mother say her name, father say his name.

And all of the family members saying their names into a court of Atonement as they analyzed their timelines resolve these problems at their points of origin.

So I did that and I didn't think much more about it. I did write it down and I handed it to my husband and said, hey, what do you think of this? And he went whatever.

Not much. So then two months later on my husband's birthday, The phone rang five times with each member of his family calling to wish him a happy birthday and they hadn't called in 10 years.

And so he said, do you think that stuff that you did might have benefited this? Do you think this had anything to do with it? And I went, yeah, probably. I mean it's not highly likely that out of the blue, they would all just suddenly remember your birthday, we must have energetically done something. So I'm a real quick study and I didn't use it for another year. I let that go by and then I was at my parents house and my brother and his, you know, soon to be ex girlfriend were arguing in the next room over at three in the morning and selfishly I asked again, what can I do to resolve the problems between them so I can get some sleep.

And I was told once again, like I said a full year later placed their souls into a court of atonement, asked to resolve the conflicts between them at their points of origin. And the next day my mother had noticed how much happier my brother was and she said, what did you do to your brother?

She knew I was doing energy work for people. And she's like, and I said, I didn't do anything because we used to throw eggs at each other. You know, like I didn't do anything. I'm innocent.

She's like, no, I'm thinking that you must have done something because he's getting along with everybody. So well he's so happy. And I said, oh my gosh, I did, I put his soul in a court of atonement with his girlfriend and asked to resolve the conflicts and my mom went write that down, I want to look at that.

And so I wrote it down and gave it to her and she came back to me and she said, do you you know my mom and her mother never got along, do you think this would help in the family if we used this for people who have already passed?

And my hair stood up because the answer was yes. And so with this, I can feel energy rise and fall. And boy, it was just this big booming Yes, I went yes. As a matter of fact it works better because we have free will to deny it. And once they've already passed, they need the help to move forward. They can't do it on their own and they'll just step that energy will step in and they don't refuse, like like a living person, there's no breach of free will here because it's done at the soul level.

So the soul can always just say no if it wants to know there's something for me in this, I'm going to keep it the way it is. And so it's kind of foolproof, you know, resolution.

It either works or it doesn't – Take us through what's going on. You say you place their soul into a court of atonement for people that I've read your book and you know, I've I know people that have used the process.

I've used the process. So I know more about it for people that are just learning about this right now that are you know what is a court of atonement? You know?

Is it in Mississippi or where is it? Like talk talk them through what we're talking about here. – Okay, so they ask for it to be resolved at its point of origin. So let's stop and kind of look at what a soul is, right, our souls are – Give me a second and also just explain the point of origin just because these are all probably new terms for people to.

– Okay so let's go to the soul first and say the soul is this expanded consciousness. So I kind of look at us as we've got a body and that's one level of our consciousness and then we've got our spirit which is our conscious mind and we know only what we know in this moment.

So our spirit knows only this lie lifetime. But then our soul has been around for a long time and it knows every

lifetime it's been connected to. That's the reason we don't remember is our spirit is fresh and new and the soul which is helping direct us is kind of like the world wide web.

Okay we plug into this knowledge base which is where all that information comes from. When somebody goes in and channels we're talking soul to soul to get the information.

So we got this expanded consciousness that is in a realm that has no time and no space.

Understanding Souls, Timelines, and Points of Origin

Everybody always says there's no time and no space after you pass. And we can't quite comprehend that. And every time I try to ask questions, they're always like, well it's a little more than you think and there's no way there's no point of reference to describe it. So we have, there's no time and there's no space there. Which means when we asked to place them in a court of atonement, that it kind of happens everywhere at once.

And so if you've ever like been going, how do I get to? I'm trying to drive to somebody's house and you're like, how do I get there? How how did I get there before?

And then all of a sudden you go, oh I remember, oh I remember all these thoughts like come in, well when we do a court of Atonement, the soul makes a us just kind of go, do you remember what happened? And so it kind of happens in like flashes of energy I guess and it happens where the souls everywhere at once, no matter where they are, they don't have to like go to a place to have it happen.

It just kind of happens between them. They connect. According to my guide whose name is Abraham and I have to say that I was very disappointed that my guide's name had a name that was already taken.

But uh my guide? He said that the court of Atonement. He said that the souls show up together and there's also like mediators of like angels or other beings higher beings that will help them come to a resolution.

But it's probably not in a way that we can comprehend so of energy. Yeah. And so you asked about the points of origin and points of origin would be um let's let's talk about forgiveness for a second.

Okay forgiveness. According to my guides takes two components. We have to have first understanding what happened and the second in order to forgive is to accept that reason. So first we understand what happened in second.

So let me explain that you've got a wife, she set the table, everything's ready, the candles are lit and he doesn't show up the first hour. She's like where is he? The second hour, she's distraught that something bad has happened by the fourth hour. That stupid S.

O. B. Has done the same thing that my first boyfriend did to me and now she's angry, she's upset that he didn't call something, he did this. It's inexcusable right?

Well as soon as he walks in the door and he goes there was a terrible accident. All his answer is understandable and acceptable. So she understood it, She accepted it and all anger is gone in one second.

Are you okay? There's no more answering for it. Are you okay? This is over now If we go to that he comes in the door and he says to us, he says to his wife he says she says where were you?

And of course not in a great tone of voice and he says I lost track of time. I stopped at the bar. I had a horrible day and I stopped at the bar with my friends. She understands what happened.

But if she doesn't accept it, they're still anger. So she understood what he said, but she doesn't accept it. So now there's the singer. Well the point of origin is and isn't he went to the bar? The point of origin is he had a horrible day with his boss.

And so once her soul goes to the day where he got berated and belittled by his boss. Then she sees his friends going, come on buddy go out with us. Don't drag this home to your wife, don't you don't you don't need to take this home when she sees that.

She goes, oh man, oh I'm so sorry, I didn't understand. And so the soul gets to take a look at what happened behind the event that caused it. So the reasons asked to resolve the reasons these things happened at their points of origin is he didn't show up. We think that's the reason she's angry.

But the reason is actually that he had this horrible day was in a terrible state of mind and he was trying to protect her in his actions. So once the soul knows that all this electric all this electrical charge of being on unhappy, the soul just disconnect that and we don't feel angry anymore and we don't know why. – Yeah, very cool.

Yeah. And I've heard you know lots of stories Tina Zion was talking about uh she used it with her husband I think who had treated her ex husband that had treated her poorly for many, many years and and then used this and she's an intuitive fourth generation intuitive but used this process and you know the next family event because they had Children together. He was just so kind and nice and just that had never happened before. Raymond Grace talked about how he used it with family members too. And just how you know how powerful it was.

So really really cool stuff. How can people use this process Amy Jo in their daily lives? What do you what do you recommend? What do you teach people?

– Well I tell people to keep an eye out for things that make you uncomfortable and feel upset about.

Using the Court of Atonement in Daily Life

And then you just place your soul into a quart of atonement with that soul and you don't have to use the word soul, you just use their name and that will do the work.

But you can say I place their soul if it you know whatever makes you comfy and it isn't a denominational thing, but if like a person's a Christian or something and they've got a religious background, they can ask Jesus to assist with it so that they can feel more comfortable because the more comfortable we feel with something the better we, the better we believe it'll it'll take place and we make this space for it to happen. So – Amy Jo give an example of like what you just said.

So if someone is a Christian, what would the wording be to be able to bring Jesus into it? – I would just say, I asked, I asked Jesus to place my soul and that person's soul into a full court of atonement has to analyze our timelines resolve and I always say any and all.

I don't know why any and all conflicts between us at their points of origin. And so that's the, yeah I can repeat it again if someone wants to write it down, it's just I and you have to have to state your name.

So there's only really four things state your name, use the words, it's actually three oh no, bring in the person that you want to ask to ask to resolve the conflicts. – Yeah.

– So you have to use the words court of atonement. So place your name, bring them in, use court of atonement and ask for the results you want and when you state your name, like I noticed you, you stated you had like middle names and I used my first, it's super important to use our names. The reason I know how important this is I'm a, you know, a spiritual medium and my first day of ever doing any kind of spiritual mediumship as a, as a professional, so to speak. I was hired to do a fair where I had 10 minutes to talk per person and move through these people.

And I had been flying the day before, which can screw with me a little bit on my, on my energy field. So I was a little concerned about how well I was gonna do anyway. And this woman walks up to my desk the very first person, nine o'clock in the morning and she says to me, I said, what can I do for you? And she said, I'd like to talk, I'd like to talk to my daughter.

She died yesterday and I just, you know, that whole whole overwhelmed kind of thing. And I went, no, I can talk to a chair, I can talk to anything, I can definitely talk to her. It won't matter.

There's no time or space over there. So it's not like they have to have this balancing time at the school level at the spirit level. Yes, but at the, so I can talk to her soul was my thought.

So I said, well what is her name? Tell me her full name. So they gave me her full name and I remember that that her name was Sarah and I just said I asked to speak to and I asked to speak this and I couldn't even get the word out of my mouth which is I tell myself all the time I am a barometer of truth.

So that when something that's false will try to come up I'll recognize it. The name wasn't hitting the name was not her name. And so I said to the mother I said has her name always been Sarah or was there is that like a nickname from Sadie or something like that and she said her name was always Sarah and she kind of was getting huffy with me about the fourth time that I said that's the name on her birth certificate because it's not working. And she went yes it's oh she's adopted.

She said and then when she gave me her Chinese name had her in two seconds I had her with no problem. So even though I was looking for this woman's daughter it wouldn't connect to her because the file was wrong.

It was like going to the hospital. My name is all convoluted because they made me take my maiden name when I lived in Puerto Rico. So whenever I go to a hospital it may be under my maiden name or it might be under my married name. And I have to kind of check where where where is that file. So that's why we use, that's why I use as much of the name. Because if a person were yelling Amy! Amy! in a busy place, I might kind of go I'm hearing my name so I'll turn around and go there's a lot of people here and just keep walking if they're yelling Amy Jo may more way more possibility that it's me. But if they're yelling Amy Jo Ellis there's no doubt we're talking about and our name is the fastest way to ground us in our energy but we just don't know it. If we say our name three times we can feel way more connected. – Yeah. And even like my my name is Thomas but people call me Tom. So I would say Thomas instead of Tom.

– Yes. Yeah you would say something and if you if for some reason like you hate Thomas like you're named after your great uncle who was just an old, you know, stick in the mud and you didn't want to be connected to him anymore.

People who have named problems and stuff. You would, I just say things like I'll just say I state my name.

Names, Wording, and Practical Examples

I just for Richard's I place myself into a full court of atonement to resolve any conflicts with my name and then I asked to connect the power of my birth name, who any portion my name I choose to use.

And once you do that you can tell whether it feels good to say I Tom place. So and so in a court of Atonement again I don't I don't recommend just using tom without your last name but you've connected it to whatever portion of your name you want to use.

So that statement again is I asked to connect all of my my birth name to any portion of my name I choose to use. And so it really helps because there's so many people who just do not get along with their names.

– So how do people find more out, find out more about your work. Where can they get the book? Give us some places we can go to access you? – Okay, well I have a website which is courtofatonement.com and on it at the top of it I have a 14 day email free email thing where I'll send you a about how this works like step by step and in a small little doses so that you can absorb it really easy. It's just a little one page you read that and allows it to go. Were given away free with this group.

This a booklet that I rewrote that was called hang on one second it's called the quarter of Atonement explained. And so the Court of Atonement explained.

I wrote it for your for your class last year I said rewrote that I'm wrong. Don't go read it. If you read it go read it again. It's really great. But if it's you can access by Amy Jo on our site. Right?

And there's there's four other books and one of them is called making peace with money which people can and all the books are just $5. I try to keep it super deep so that people can have access to it like no matter what their financial state and and it is so much so that when somebody comes in and says I wish I could have this book, people in my facebook group will immediately go by the book and send it to them because $5 is something somebody can gift you.

– Some people need to do a court of atonement in a way where they can increase their prosperity. Right. – Right. – Yeah. So it can be relationships that can be money can be health.

Like there's so many different ways you can use this process. – It is amazing. It works so with money since I probably think we probably got people's interest.

I want to explain that the money book is 68 pages long. It's the biggest one of the booklets and it works kind of like removing the problems that your ancestors had with money. So it has to bring in the asked to bring in the banks where and the mortgages and bring in the tax collectors and and results.

So it's 11 page after another. Full of releasing to try to heal our ancestors of it so to use it on the little level like on our first person standing here we would say I state your name and so just repeat your name into this space.

I state your name. Place myself and you say your name again. To help ground you in your energy say into a full court of atonement with money. I asked to analyze our timelines and resolve any and all conflicts between us at their points of origin.

And I am pre feeling energy actually moving from. I feel energy really moving so either we bumped something for you. I do this all the time. They but somewhere and somewhere got a little benefit from what we just did because I feel energy moving.

And usually when I'm working with someone who's really clear you probably don't even know your ancestors have problems with money. – Are you talking about me? I don't have any problems with money.

I've done actually – I didn't say you, I said your ancestors. – Yeah. Okay. Yeah. Thank you. Very cool. Yeah. So yeah this is such a cool process. Amy Jo I'm and you and you made it so so simple for people right now.

One of the things that happens when you do the process is you really are just lifting it up and and trusting you're not like okay did it work? And so talk about that, you know that process where it – It works the best if you just let it go and you just kind of laugh it off, just go, okay, I'm just gonna do this and let it go and then don't, if you feel like okay a couple of days later you might go, oh this didn't work. Take another approach.

Don't just go straight after it again.

Books, Money Work, and Letting Go

Um I tease and call it spiritual bullying because people will want their husband to quit smoking and so they'll put him in a court of atonement and and requesting for him to quit smoking and then if they keep doing it, I'm like that's spiritually bullying. You want to just say okay if it didn't work.

The first time that I asked him now I did this with a neighbor that was smoking all the time and smoke was blowing into my bedroom. So I put the neighbor into a court of atonement, asked to resolve, asked to ask to help him stop smoking.

Right well the soul said no, the soul just continued smoking. It wasn't. So then I went, okay, well let me do it a little different. I asked to resolve the reasons that he's smoking and then I noticed the difference, one of the first thing

that I noticed is that he was coming out like having a cup of coffee and drinking and smoking on his porch.

Whereas poor, he was just out there all day. So now he was just like doing it once or twice a day and then I went, okay, let me do it again and say okay.

I placed him and his parents into a court of atonement and maybe all of his friends and he asked to resolve the reasons they're smoking and then the next thing I knew I we weren't having that issue anymore.

And then when I talked to him he was like, yeah, I just finally I just finally stopped. You know, I had to – That's awesome. I love it. And so everything that we see in the physical world was first in the nonphysical.

So we're working in the non physical with the court of atonement to hopefully see things see changes in the physical world. We can notice someone not smoking anymore.

The smoke's not blowing into our room. But but it is uh it's such a beautiful process and – It's a blessing yeah. Giving a blessing when you try. When you try to use this. You know, I don't recommend going.

You know, I place that dumb and but some people are in such a mental state that that's all they have to offer. And if that's the way you truly feel, go for it, give it a try. But it works better when we forgive and forgiveness is the key. And so the biggest hurdle that people have when they don't see results is unwilling to forgive and it comes from like having maybe even said in a fit of rage, I will if you do this, I will never forgive you. Your words kind of lock it in place.

I have people kind of stop and just sit and say, I haven't forgiven you. Please forgive me for that. I haven't forgiven you. Please forgive me for that.

And if you can't say, please say, I haven't forgiven you forgive me. You know, I like the gentleness, but whatever you can do, just keep kind of repeating that and two and then say for myself, I'm taking my even if I can't forgive you, I'm taking my power back.

And that will keep you from like thinking about it all the time. And then the Court of Atonement can work. You were mentioning results. I got an email yesterday morning um from a from a lady, they're hiring me to come in and do a dowsing lecture for a dowsing thing in England dowsing group in England.

And she said that someone had told her about the court of atonement and that she had a falling out with a co worker 20 years ago that used to be your best friend.

And so she was still noticed she was unhappy with her. So she put herself the woman that told her about it had her put herself and her friend and within three days she had an email from her friend telling her everything that was going on in her life and asking if they could if they could start again. So, – And I think to, for me, like when I've used the process and you know, put somebody in it that you know, maybe, you know, I had an upset with or something like that when you put it in the process, you're not saying hey, and remember I'm the right one and they're the wrong one, you're just raising it up because you co created it anyways, right? So you're raising it up and letting you know, the unbiased, super powerful court, you know, decide and hell the hell everything at the time that it happened and and just trusting that you know, you're gonna be healed, they're gonna be healed, everyone's gonna be able to move forward together.

Yeah, yeah.

Results, Forgiveness, and Final Advice

– The I wanted to uh one thought that I had was that you talked about, you talked about Raymond and his results and I'm this big fan of Raymond Grace. And then one day my phone rings and it's him on the phone saying that he's that he's tried this and he said that just to help his wife have a great day, he thought he would put it to test on thanksgiving and he said usually he had to really work to clear that energy. So he just put his wife and their family

in a court of Atonement. Well she came home raving about what a great day she did. He didn't know what she did he did this time because everybody got along. And so Raymond that made Raymond take notice.

But then he had a his sister, his brother in law was one of his best friends and because of something that wasn't even between them, they hadn't, he hadn't been. Raymond had just decided he didn't want to to do this anymore, so I don't want to like talk out of turn.

He, the next day after thanksgiving his brother in law was standing on his porch saying, let's bury the hatchet, Raymond, I want you back. And and so he was just, it, it floored him. He really made him take a look at it and that's why he ended up promoting it through his newsletter and stuff, which was really like the launch out. I am forever grateful to Raymond Grace.

He's always in my thoughts. – Yeah, he's an awesome guy. Yeah, become a good friend. So a amazing work. Thank you so much for being with us on the summit.

And if you had any final parting words, you know, first of all, everybody, go check out Amy Jo's work. What's the website again Amy Jo? – courtofatonement.com. – courtofatonement.com.

Go check out her work. You know, get her books there, there, there $5 and they're filled with like great guidance on how to use this process in so many areas of your life. But any final words you want to leave with us before we say goodbye here. – Yeah. Take a look at your life.

If you have been married before. Use this process between yourself and your exes and go back through especially the romantic exes put yourself in a court of atonement with your parents that will help you.

And and the other, the other big one, which seems so bizarre even to mention it is unrequited love because it limits us in a way that we don't even understand.

But the other day I asked is there anybody, I just get real quiet that I ask, is there anybody that I need to to use this one? Is there anyone I need to forgive? And I went Adam and I thought who's Adam?

And I didn't know Adam from Adam and I went, well who's Adam? And then I saw in my mind an image of this boy that I really liked in like 10th grade. I just thought he was cute. I didn't even, but he didn't know I existed and it wasn't like I was pining over this guy. It was, but he was just somebody who he never saw me and I thought, oh that's so strange to hear it comes up, I've been using the court of atonement for seven years and now three days ago, up comes another unrequited love.

So you just say a place myself in a full court of atonement. Hold that image of that person in your mind with this person that I really liked. And I asked to resolve any and all conflicts between us because we end up thinking I'm not good enough, nobody wants me and we end up with a whole dialogue that can be relieved when we do that. – That is awesome!

That what a great idea. Thank you so much, Amy Jo It's wonderful senior again and thanks for being on our summit again. – Oh, you're so welcome. It is my honor and pleasure to be here.