Introduction and Founder Story

Hey good morning. Good morning. Canada scientists I love it, I love it. Thank you so much for, doing this this interview. I am so excited to hear all about your C60 purple power.

So, before we start, introduce yourself so our audience knows who you are. Hi, I'm kan. I'm a research scientist and, founder of C60 Purple Power. And, what?

I've, I guess I'll tell you this story that it came through, and I was, actually doing a research for a fusion reactor. And, a lot of people did say it's metal oxygen fusion.

So most people haven't heard of that. But a lot of the scientists that have been doing research on that, there was like the late doctor, this and the late doctor that.

So, I didn't want to end up or my crew to end up like that. So I went out looking for this, for radiation protection, and I discovered this stuff called carbon 60.

The scientific name is Buckminster Fuller, but the nickname C60. And if you look behind me on the, on the the background, that's what it kind of looks like.

It's a little soccer ball shaped molecule that's, 60 carbon atoms. And so I took some they basically it had I, they had an experiment where they gave, you know, one set of rats got C60, the other set of rats did, and they hit them with a fatal dose of radiation.

The C60 rats live were all the control rats that didn't get it died. So when I heard about that, I said, well, that's for me and my crew. So we were, we took it during, during the experimentation, a couple sources and, and then about 7 or 8 months afterwards, I cuz I kept taking it because some of the little things, like the afternoon blahs you get after you eat lunch, you know, you want to go take a nap that went away and, just little aches and pains.

I used to kind of race motorcycles. And wreck them. I had a few aches and pains and, so they kind of went down and. But when I went into my eye doctor, I don't want to take too much time, but basically, you know, he was, looking in my eyes for a long, long time, and he did all this other stuff, but my my dry macular degeneration or Drew's had disappeared, and he'd never seen that happen before in his, his practice.

So that led to another. I had a friend, Gary Rodriguez. He was my, electrical engineer on the project. He had developed wet macular degeneration. So he started taking.

I made a formulation for him, C60 and coconut oil. He was taking, like, a tablespoon a day for a year and a half, and his wet macular degeneration went away.

So it just wasn't a fluke that, you know, by chance, that happened with me, right. And so and then that's kind of how it went. And I started making it for friends and family.

What C60 Is and How It Works

And then my alternative health care practitioners heard about it and wanted to try it. And then their patients did it. And one thing led to another. And now they're C60 purple power. Wow.

So what exactly is this C60, which we see like soccer ball thing over there. Yeah. That's this is what it is. It's it's hopefully this will come up on the screen.

Yeah. It's just 60 carbon atoms shaped like a little soccer ball. And, the screen saver isn't really, a us, the way it

should, but, what it does, it's, it's an antioxidant, extremely powerful antioxidant.

But it it's very selective. It only it only interacts with two oxidative species, and one is super oxygen. And that's the most damaging oxidative radical in your body.

And your mitochondria make a lot of that. It's basically an oxygen with an extra electron. And it's highly reactive and just does all kinds of damage.

And and then the other iron it works with, which is the ion usually created by radiation. And that's, the hydroxyl radical or hydroxyl ion, which is basically a water molecule missing its proton.

It's got an extra electron there, and it likes to tear things up. And so, C60 reacts to that. But what's really amazing about C60, it doesn't interact with any of the signaling molecules the body uses, like nitrogen oxides.

That's a vasodilator. Dilates your capillaries, shrinks them. C60 doesn't interfere with that. It doesn't interfere with hydrogen peroxide, and it doesn't interfere with a bunch of oxidative radicals that to the body uses for signaling molecules, usually based around iron, sulfur, and zinc.

So so that's kind of their real key thing about C60. So it has they did animal toxicity. And you know, one of the first studies they did, they just wanted to check to see if it was toxic. Right.

So they did. They basically, they gave it to test animals and it like, doubled their lifespan. Right? Oh, wow. These things about radiation. And there's just been lots of studies like that, but, so they finally the scientists today said it doesn't really have toxicity.

So they decided they were going to give the rats 1g/kg of C60, which is 10,000 times what other scientific studies have shown is be a health beneficial dose.

Wow. Even at that level, it had no toxicity because it doesn't interfere with any of the body's signaling molecules. Now, if you tried to do that with vitamin D or NAC or, you know, other, other various antioxidants, you'd have like really negative, the that would probably level would probably kill the rats. Wow.

We enjoy them because it, because it would interfere with the signal molecules. But C60 doesn't do that. That's why it's pretty much completely safe at any level.

That is amazing. So why is it I haven't heard of this C60? And, well, while I was googling all of this stuff, I realized that there was the scientists who discovered this, received a Nobel Prize.

Why why why is that? Yeah, that's, Harry Kroto. He's, passed away since there, but it's all kind of give out the, push this book here. This is, this is, it's he has a book.

Buckminster Fuller in some inside Stories. I've been reading this. It's, it's, it's a pretty good little book on, on, on what's, what's been going on, the with that and, and so it's just kind of the stories of it basically it this it's, it's all the long standing, mystery and astronomy.

There is something in between. Is C60 made in giant red stars. They know now because those are carbon burning stars or helium burning. They burn the carbon. And.

But then they got a Nobel they discovered in 1985, and they got a Nobel Prize in 1996 for chemistry because it's sort of a unique chemical chemistry. And and that's fact. That's one of its unique properties.

And I probably should get into the mitochondria, like most molecules in nature, C60 likes to have a positive charge and oxidative radicals have negative charges.

So they tend to attract together. But but most molecules in nature get a positive get a positive charge by giving the

electron up into the environment.

With C60, the actually it pulls positive hydrogen ions from out of the environment and stores it inside. It's like this cage like structure it has. Right.

And then like for instance, and then then it releases those to neutralize oxidative radicals, which allows it to like reset itself again and again and again.

And in the story of the mitochondria, what happens is C60 is lipophilic. So it's actively taken by the mitochondria through the membranes. That'll come on your membranes.

And then if people recall I don't have any diagrams here, but the outside of the mitochondria is, the outer membrane is positively charged with lots of hydrogen ions.

So the C60 fills up with those hydrogen ions, and then it's because it becomes positively charged. It's attracted to the inner membrane, which is negatively charged.

And as it travels the interfacial space between that it neutralizes super oxides and and hydroxyl radicals until it uses up like the, the little, those little hydrogen ions on the inside up to six of them.

And then then the oxidative radicals will stick to the C60, which makes it negatively charged, and it's pulled back to the positively charged outer membrane where it neutralizes those oxidative radicals, refills with hydrogen ions, and then just kind of so and then heads back to the inner membrane.

So you can have like tens of thousands of, of or even millions of these little C60 molecules bouncing back and forth inside between the membranes in your mitochondria, getting rid of the oxidative radicals.

And remember, 65% of the oxidative radicals, especially the most damaging one like superoxide and hydroxyl radical, are produced in your mitochondria.

So if you take that burden down in your cells, well then everything else benefits, right? Kind of like PMS. So it's it's C60 kind of the new CBD. Yes it actually is.

But the thing is it's only known for you know, not very many people know about it and that's why you've never heard about it. You just write very it's, it's it's just it's like pre adapter stage.

And that's kind of one of the things we're doing is we're trying to send the C60 message and its benefits and and, and but it's, you know, it's an uphill battle just because it's totally unique, totally unknown.

And, and, and that's, but it's growing. It's growing, but it's still hasn't really broken into the mainstream. People really just don't know about it.

And, so we're just trying to push that, to try to educate people and teach them about the benefits of C60. Right, right. So what are the benefits of C60, and what would you say would be like, regular dosage for a person to take?

Okay. Well, there's a whole bunch of things C60 well, things people will immediately notice as you're going to get a notice, an increase in like energy and mental clarity.

And of course, that has a lot to do because C60, you know, gets rid of it's an antioxidant. So it really reduces inflammation, even use topically on inflammatory.

You know on knees and stuff. It'll reduce inflammation. But also because it does the mitochondria you get you know, more ATP, ATP is produced by your mitochondria.

So you get more you get that energy and mental clarity. And that's the first thing. But also we've it's also there's a

whole process I could get into, but it take a while.

It also enhances stem cell production. It basically gets rid of senescent cells. And then those cells are replaced by stem cells. And so stem cell levels go way up.

Benefits, Dosage, and Health Effects

And people it takes 60 and and, and of course, and also there's a lot of part of the mental clarity is, is, a there's two types of inflammation. People have you have chronic and you have acute inflammation.

That's when you twist your ankle, right? It puffs up, you're immobilized. And that's what nature's meant to do. Right. So you don't to so you don't get around and move stuff.

But another thing that inflammation does is it suppresses dopamine, which is sort of like the neurotransmitter. The motivation molecule. That's really what gets you out of bed in the morning.

Because, you know, if you got a injured knee, right, or the ankle, your body, the body, they don't want you to get up and be walking around. So they suppress dopamine until you know your injuries healed.

And then the dopamine level rises and, you know, you go back on, which is great. That's what nature intended. Problem is people have chronic inflammation.

You know, it could be arthritis. It could be in their gut. It could be I mean, there's so many toxic chemicals and other environmental factors today and that there's just lots and lots of, chronic inflammation.

Well, C60 can get suppresses that information so your dopamine levels rise and then people because we people describe well, I went back and started exercising like I used to work.

I started doing this hobby that I used to always like to do. So that's that's another thing we have aldehyde test with C60 and C60 will basically take the oxalate, a burden at least measured by an aldehyde test, pretty much down to zero. Right? Right.

So PMF is one of the biggest, reasons that people end up using PMF is for inflammation and chronic inflammation because, similar to the C60, it increases ATP production in the cells, which, the, more ATP production makes healthier cells.

Removes the inflammation, so very much sort of hinge and C60 and PMF. Now, if you tell us the benefits about C60, being inflammation, antioxidant properties, how how soon would somebody actually see results?

Well, you notice you probably notice within a week you get that increase in mental clarity and energy. And then over time, as the body rebuilds itself in a healthy manner, then you'll get a lot of other benefits, you know, and a lot of the stuff.

Remember, if you have a chronic problem that's been going on for years, it's not going to disappear overnight, right? Like we had, Sierra, which is our, marketing for all things marketing at C60 Purple Power.

She had, she had Hashimoto's, and she had zero functioning in her thyroid when she came to C60 purple power. She's been taking it for three and a half years.

She's off two thirds of her medicine. Oh, wow. That is the senescent cells C60. One of the things people have is in senescent cells. Basically, it's got damaged DNA.

Maybe the telomeres are short, and whatever it is, it's it's not functioning and it doesn't. But usually the cell would like self-destruct. Apogee. And our apoptosis, I guess, would be the correct term.

And but it doesn't want to do that. So it goes into the state of fermentation and that way. And it stops providing things like superoxide and, and catalase that, the mitochondria use to function.

So they have to go into fermentation in two. Right, right. So but C60 being the mimic when you take C60 it'll restart the mitochondria and senescent cells.

And then those mitochondria because they're little independent organelles in our cells. Right. Right. Yes. They send messages to the nuclear DNA. If once the C60 gets in there, the mitochondria turn back on into the Krebs cycle, the oxygenation making ATP.

But they also send messages to the nucleus. If they don't get the right message back, they'll initiate apoptosis, which is programed cell death. The cell breaks down into apoptotic bodies which are non inflammatory process by the way the phagocytes come and clean them up.

Well that stimulates the stem cells. And so like I probably the Hashimoto's you pay. This is just theoretical speculative just letting people know. But this has happened a lot of people's organs, the the senescent cells get wiped out and then they're replaced with stem cells, which have a full set of telomeres, but they can function correctly.

They're not damaged. And so we think it's that stem cell replacement with healthy functioning cells, which is responsible for that benefit. But but it took three and a half years.

So so that's where you get the you get the immediate health benefits and then you get long term benefits. As as the body's slowly rebuild itself in a healthy manner.

Great. I can't I can't wait to tell my sister about this because my sister has Hashimoto's and is on all sorts of medication and, still really suffering.

So I'm so excited. So this I get off this call, I'm going to be telling her about it when when I was doing my research about, C60, I saw prices all over the place.

What about yours in particular? Or, little bit more on the high end side of a price. But why the why does it cost so much? Well, if you want to use the you want to you want to use the right C60, what we use is we use sublimated 99.99% C60 and sublimation.

A few people people remember from history, from chemistry class. It's when a solid turns into a gas and then condenses back into a solid. So that's how we pure our our 60s purified.

There's other C60 that's purified by solvents for primarily methyl benzene toyline. And then they baked the, solvent off. But there's always like a little bit left and, and actually 99.99% high purity C60 is, more expensive by weight than gold.

So that's one of the reasons why our product costs a lot. Also, we use all organic oils. We have like a GMP, good Manufacturing practices, manufacturer that that produces our products.

We have like third party testing after it's, it's it's done. In fact, we on the side of our boxes, we have a little QR code. You can go and see the, you can go and see the codes for our C60 and the oils and then the after testing showing the C60 concentration and, and there's no micro biologics in there.

So we have it so you can know what you're getting. You can actually see that. And but a lot of companies out there really don't do that. They use you know, they use less than, you would say lower quality C60, you know, 99% or 99.9%.

The rest of that would be solvent, right? Because pretty much all of sublimated C60 is 99.99 or 99.98%. That's just what sublimated C60 is. It's just that level because it's a it's like a it's like an extraction process, right?

It's right. Right, right. It's like that. So that's just the nature of it. So and a lot of times they don't use the high concentration or stuff. It's you know, originally the C60 market was very small and everybody made a quality product for their customers.

So it didn't really matter who you went to. Everybody was, you know, everybody would give you a good quality product. Right. But then what happened? C60 became popular.

Well, it's not that popular. But, you know, it became much more popular. And, and then just like the CBD market, you had all these people want to jump in to make a buck.

And so they're just producing like, low quality or no quality, products claiming to have C60 on them. And so you just have to be careful. And it's, it's a little bit Wild West out there, just like the CBD market was when it, kind of took off.

Yeah. I was actually going to mention the CBD. I just finished a, master's degree program, University of Maryland School of Pharmacy, specializing in medical cannabis.

And one of the things that we learned was, all CBD is not created equally. You see all this stuff on the shelves at the store, the grocery store, wherever you can find them.

But the reputable ones are the ones that have the CEOs just just like what you were talking about. So. So that that definitely, sounds like the real deal now.

Yeah. When I was googling online, I saw all these biohackers and the do it yourself, I see C60. Well, what are your thoughts on that? Oh, you could do it yourself.

You're going to be using solvent produce C60 probably. In that case, there's, we have, our, our partner that makes our sublimated C60 basically makes it for us, a couple other companies and some governments.

Right. So that's basically his their thing. There's people that pretty solvent stuff out there. You get stuff out of China. That's questionable. So, you know, there's good stuff out of China, but then there's a lot, a lot of crap. So. Right.

You have to be careful on that. And so, yeah, you could do that if you wanted to bio hack it yourself. There's other fullerenes out there don't use. There's a C 70, but, we had some biohackers try that on themselves.

And, it came. They had a pretty bad experience. So just to be aware that you don't want to use C7, C7 to use, like a little rugby shaped ball C fullerene and it's, it's not really been tested much, for health benefits.

In fact, it doesn't appear to have any. It's the C60 is what you're looking for in, in in a fullerene that can help you. So, so definitely, C70 is not the upgrade of C6.

Product Quality, Oils, and Buying Advice

Yes, yes, yes. That's right. So just just be aware that they had, yeah. There's it's really it's pretty rarely produced, but but it's, it's like a side thing and but it's just, it's just not a, something you want to do just to let people know out there.

We basically we don't there's really no health studies on C70. And the one speed, the biohackers that used it had a bad experience. So I would not recommend it.

Just just stay away. So yeah, when you're you see 62, the only type of C60 which is is useful is that which has been dissolved as single molecules in an oil.

Okay. There's people out there to sell particles of C60. You know, they're like little crystal fragments of thousands or tens of thousands of C60 suspended in something.

No health benefits. They've already have lots of scientific things showing that particles of C60 give you no health benefits. In fact, can even be kind of inflammatory, as nanoparticles.

So you got to make sure your C60 is dissolved in a healthy oil. And and also we we decided to get the right type of oils, because it's kind of like a Goldilocks spectrum of oils.

Now there's some oils that have a really, really long shelf life but are kind of are very inflammatory because they have this high omega six nine level, like canola oil or soybean oil or some things like sunflower oil.

Right? Yeah, they're great for a long shelf life, but they're they're pretty very inflammatory. And then you got other oils on the other side which are great oils, like, you know, hemp seed oil or flax seed oil or fish oil.

But the problem is because they're really high in omega threes. But the problem is, is they go rancid really quickly. Right? Right. In fact, that's I always tell people if you're going to buy fish oil, hemp seed oil or flax seed oil, buy it out of the refrigerated section of your health food store, not off the shelf, because there's a really high chance if you buy it off the shelf, it's rancid.

So buy it and refrigerated section. So we kind of pick the Goldilocks selection of oils. Extra virgin olive oil, obviously that's well characterized. In fact, that was the only thing people were selling C60 originally.

I'm the one that came up with I started putting it in avocado oil because if I was to drink, like, let's say I was working on a health problem, I want to take an ounce of, let's say, extra virgin olive oil.

I would be visiting the bathroom before too long, right? Oh no. So I also have, so that's why I put it in avocado oil, because it's a healthy oil, but it's much easier to digest and doesn't quite have that really bite.

You know, it's like extra virgin, but, you know, a lot of people like Extra Virgin and that's fine. And then we also have it in MCT coconut oil. And for those people out there, MCT means medium chain triglycerides.

So McKee coconut oil is an extract of, coconut oil. And what it does is the MCT, those medium chain triglycerides can be turned to ketones by your liver instantly.

And then it's like flex fuel. And then your cells can take those ketones and use it for a flex fuel for your body. That's why I did it for Gilroy Regas, because he had like type two diabetes, which had kind of brought on his his wet macular degeneration.

And so when you have MCT coconut oil, your body can use that as like a flex fuel, because the ketones produced by your liver, your cells can use that as a flex fuel rather than glucose.

Right. So you don't avoid that glucose crash. And then it's also a lot of athletes use that too. And people with glucose processing issues, it's just a it's just a really good oil.

And so that's why we put the C60 in there for those people that, wanted that option. Right, right. So I, I put a, teaspoon of coconut oil in my coffee every morning.

And I think, I think a lot of people actually do that. So, so in some sense we, we're, we're, we're kind of doing something similar but not all inclusive, like the C60, purple flower.

Yes. And, we were talking before, what are your thoughts on activated charcoal or activated charcoal? Well, it's not going to pass the gut blood barrier or the gut barrier to get into your blood. So.

But what activated charcoal is animals have been using it or people been using it. What it does is it can absorb toxins. Right. But if you've got like I, when I travel, foreign countries, I always have activated charcoal with me.

So, you know, if I get a little digestive stress, I just take a bunch of activated charcoal. It sucks up those toxins that

the bad bacteria in my gut.

And, and so that problem goes away. But the problem with activated charcoal, if you take it every day, it also can absorb a lot of important minerals.

You need to stay healthy, right? So activated charcoal, it's great for getting rid of toxins, clearing stuff out. But you don't want to do it every day because then you won't get your like magnesium and calcium and stuff.

You can tend to sequester that. And it just goes through you and you don't get to absorb it. Right. But make sense? Make sense? Yeah. So, what should a consumer be looking for when they're trying to choose a good C60 product?

Well, just basically three things. You're looking for the high purity 99.99% or 99.998%, really, really high level of purity. Secondly, you should be looking for sublimated C60.

That's C60 that's never been exposed to solvent. So if you can find it, it's not. Most producers out there use the solvent based and and then just a healthier carrier oil so that you're not, you know, the carrier oil supporting the benefits of C60, not, you know, giving inflammation like sunflower, canola oil.

I they don't want to be, that's, that's, you know, birds are great, you know, and, and sunflower seeds, by the way, or fine, you know, that's eating those is fine.

It's just a lot of things. When they refine things like sunflower oil, it's not so good because it's kind of heavy. And omega six is a nine. And basically birds can digest it but people can't.

Right, right. So it's such that yeah. So a lot of times, you know foods are good for you, but they're extracts maybe aren't true true, true. Because I tell my patients all the time, I say eating an orange is actually better than drinking a glass of orange juice.

No. Yeah, because you'll get that glucose spike. Yeah. Right. Right. Exactly, exactly. Oh, yeah. You want to eat the whole food? The whole foods. So it's digested.

There's lots of other goodies in there that, that kind of are meant to work together, to do things and, right. And so, I guess probably we should talk about, pulse harmonics, or know machines. Yes.

Because that's I've been, I've been using the PMF for years. I got my little pad over here. There it is. Kind of comes through on the, thing there. Yes, I've been using it.

In fact, I, I use my the brand that I use is pulse harmonics with an X at the end. And that's produced by Jack Butler out here in Longmont, California, I mean, Longmont.

So Longmont, Colorado. And I and I'm actually was, involved with, Jack for doing other things when, when he developed the, his original pulse harmonic.

So I've seen it grow in the different varieties and the pain in the ass. Working with, production facility. That's kind of how I eventually that's I kind of doing learning about working production is actually how later I would use that same experience to helping me making C60 because it's, making production facilities.

Yeah, that's a special skill. So yeah, I've been using the pulse harmonic for, I don't know, ten, at least ten years now. And, it's just as amazing things.

For me, the two things, well, the things that people notice with the pulse harmonic, you know, PMF device is, it does do it. Like, if you got, like, damaged knees or our elbows or stuff.

That's what I found. Really helps it. It tends to, like, increases blood flow. And I know that. So it tends to do a little bit of swelling when you start it.

But then it brings in healing. And and so if you use it, faithfully, it will because I used to have like a tennis elbow right in the pulse harmonics. It didn't happen overnight.

It took, you know, months. But I don't have that problem anymore. And, and so things on knees, I blew out a knee on a little in sports incident, and I used the pulse harmonic on that.

And it really accelerated the healing. That's what I know that it does. It kind of I think it increases the blood flow increases like the the activity of the cells, the mitochondria.

And so that the cells can get in there and heal themselves. And and so it's really benefited me. And another thing though, you're not going to see this with write off, but but that also when you do like a pulsing of your whole body or, you know, your, your, your thorax or whatever you want to call that, it also increases the heart rate variability, right? Yeah.

And so there's, there's actually little programs you can buy for your computer and there's little sensors you can stick in and you put your thumb in it and it'll actually measure your, your heart rate variability over time, which is, which is really important because it's your, the health of your when your heart actually very is variable, it's not always exactly the same.

There's this variability that happens. That's the sign of a healthy heart. It's when it's doing like exactly the same thing. That's the sign that I'm not a medical doctor okay good. But but I at least I know these things.

And so you can actually measure that by using a, PMF machine that can be you can see the improvements of that rather easily. Right. So what the pulse harmonic is, is, is, one of the, devices that we actually recommend?

It's it's an amazing device, but, pulse, electromagnetic field, PMF and any of the other devices work just, just as well. We have some that are low intensity and some high intensity.

So the, pulse harmonic is actually, more towards the high end. So, so, great stuff with great stuff. So, so I'm glad that you actually have that experience and you were able to reduce inflammation in your and your elbow when you.

PMF Therapy and Synergy with C60

Oh yeah. That's. Yeah. I had actually produced a it's a pulsed harmonic device but it's a little different. It's shorter frequencies. And I was actually because it's I in the cannabis industry.

Right. I can actually go and pulse your plants and get you 80% more about on them. Oh wow. You do it. Well, this is one of the benefits of prep. I have a lot of plants in my office.

The my PMF, devices in one half of the treatment room. So I put, a once a week on a Friday. I water all the plants, so I would take a jug and put water on.

So while the patients are getting treatment that day, my water is actually getting treated also. And then I water my plants. And in the middle of winter my orchids are blooming.

I have tons of walk ins back there and the patients come in. They're like my orchids in my house are half dead and you always have blooms. So so PMF great stuff, great stuff. So.

You were talking also about this the C60 power, inflammation. How how does C60 work? How does it work in men and how does it work in women? I know that certain there are certain, drugs, certain vitamins that would work differently in different genders.

The key to C60, it works at the cellular level. So it's working at, you know, it's at the cellular level. It's working in the mitochondria. It's also protects the, the nuclear DNA from oxidative damage, which is and can it kind of it also likes to hang out in the endoplasmic reticulum.

That makes the proteins that that kind of surrounds your nucleus, where the mRNA comes out and goes to the ribosomes, and then they make proteins and stuff.

So C60 protects that whole sector there. So you can make your proteins. And that's now the difference is you'll notice like one of the things is when your mitochondria return to functionality, mitochondria make, pregnant load, which is the precursor molecule for all the hormones.

And they actually make it out of the LDL cholesterol. The people's called the bad cholesterol. That's not bad cholesterol. That's meant to be there. It's what as we get older, our mitochondria don't function like they do.

And so that LDL cholesterol tends to build up in the blood rather than being used to make pregnant alone and other substances. And then when it oxidizes, that changes its form and it sticks to your artery walls.

And that's basically one of the main causes of heart disease. So when you're taking C60 or mitochondria ramp themselves back up. And now they're taking that LDL and turning into pregnant alone.

And then the cells can use that pregnant alone with anything. And so like in your pineal gland you're going to probably use more melatonin. Your pituitary hypothalamus complex.

You'll probably get more human growth hormone and and dozens of master hormones. And like as Sierra you know she's making more T3 and T4 right. And balancing out her her her needs for that.

And also it happens in the same with the adrenals. The adrenals take pregnant a lot and make a lot of pregnant alone. And they use it to make, you know, the mineral core, which balances the blood, which is oh, one of the counter indications I need to mention here too.

You know, C60 doesn't you know, all C60 does list the oxidative burden so your cells can function correctly. But, one of the things that it will do is it restores like mitochondrial function in the adrenals and adrenals produced mineralocorticoid which, balanced the thickness of your blood.

Right. So if you're on a blood thinner and you start taking C60, you can rapidly, the thick blood problem can rapidly go away with the return of the production of mineral cortical.

Right. So you need to consult with your doctor if you're on a blood thinner. And to get a lot more testing, if you're going to take C60, tell your doctor you're going to take C60, tell them it can.

You know, it can restart mineral production, which is going to make your blood, you know, kind of balance out. And so you need to be on, you need to be on extra testing so that your blood doesn't get too thin.

And, and it's a little bit it's not that quite the same, but it's a little bit because one of the things that the preg mean alone is pregnant, lost, converted in the adrenals into androgens, which are the precursors for estrogen and progesterone and testosterone.

So you can get a lot of increase. Like we had a guy, he was 70 years old. He'd gone to his doctor, he had like a 350, testosterone count. And so he started taking creams, and he was up to about in the low seven hundreds, you know, doing the creams.

And then he started taking C60. And about three months later he went in for testing, and his testosterone level was 1200. So his doctor backed him off on the creams.

And so, so that's that's another thing because if you're doing hormone things, you're the underlying thing. Problem can go away and your hormone levels will rise.

But it's not like hormone treatment where they give you a single hormone, right? When your body produces pregnant alone, that means whatever hormones your body produces can be increased now because it's basically

you're just you're just rolling your cells production back.

Once the mitochondria can function like they used to ten, 20 years ago, well, then your hormone levels can rise to the way maybe they were ten, ten, 20 years ago.

And so and so that's but it's it's a natural broad across the thing. It's not like one specific a hormone increase. So you'll get you'll get a broad increase of all your hormones, not just one.

So, so I guess the same would be in women. The same thing. The hormone doesn't. Yeah, yeah. Some people that have been on the menopause, you know, perimenopause go back to having their periods.

So that's another well that, well that, that really would suck for some women. Yes yes, yes. So if you're on the edge, if you're over probably not going be a problem.

But you. Yeah. Because it's like rolling back the clock a little bit. Right. And there's like there's, there's a lot of animal studies that also see 60s good topically they found that you know, applied topically.

Hormones, Safety, Pets, and Where to Learn More

They have in fact, one of the first human studies was actually a cream, produced in Japan for wrinkles. And they found the, C60 with significantly reduced wrinkles and fine lines.

And Japanese women. Oh, wow. Well, I am definitely getting C60, you see. So you must be using C60 because I'm looking and there's like zero. I just turned 6060.

So so I'm yeah, I'm doing pretty good. I don't I use a lot internally, not as much topically. But there's other things like if you get mosquito bites, you can put C60 on a mosquito bite in about 20 minutes.

The itching goes away, which is really nice and especially. And they found up in, well, they did in animals and. Well, actually in vitro studies of human cells and they basically human skin cells, they gave one set would, good C60.

The other set didn't expose them to UV light levels of varying amounts. And they found that C60 significantly protected human skin cells from UV damage.

So because it's an antioxidant, UV light makes oxidative radicals. So C60 work there. And then they also did one with one of the things with C60 kind of, supports immunity.

And they had done some studies with mast cells, human mast cells in the body in, test tubes. And they found that it like delay made or modified the release of like the histamines because that's what mast cells, the little packets of histamines and release them of course causes your allergies.

And then they took that into animal studies and they found that they I think it was, rats, one of the rabbits, but I think it was rats. And they they had rats that had been, conditioned to have apoplectic shock when exposed to a certain allergen.

And they found that those rats that had C60, it moderated their immune response. So they didn't go into alpha lactic shock when exposed to the allergen.

So a lot of people noticed that their allergies go way down well when they exceed 60. But it's a gradual process doesn't happen like this. This is more reason for me to try this C60.

My husband is very asthmatic and highly allergic. There's you know, I didn't know that people had, fall allergies. I heard of spring allergies. Well, he has fall allergies also, so those don't.

Yeah. So between the C60 and the BMF treatment that we do every day, I think he's going to end up being a

superhero. So yeah, I okay I kind of look look forward to that because then I'm going to increase the whole honeydew list.

Come, when the weather is better, there'll be all kinds of stuff building in my yard. So is there anything else about C60 that, C60 power that we actually need to know?

Well, you know, C60 is an adult choice. You know, we don't recommend it for pregnant women, women that are nursing because or even children because there really is an experiments there to, to, to tell.

So it's an adult choice. And we recommend people, there's a site what is C60 that are kind of associated with that, that tells a lot about C60. You can go in there and you can and you can learn a lot about C60.

And and you got to remember that there's some types of C60 that's dissolved in an oil. That's the health benefit type. There's also one that's poly hydroxide added which makes it water soluble, but that's only used in experiments.

Those are the health beneficial types. Particles of C60 don't have you any benefits, so you have to make sure you get the right type of C60 and to, to do health benefits and just do your own research.

And, and you know, C60 is not a magic pill. It has its benefits. It does. It does what it does. And it's and it does it really well. But, part of it, if you're going to be, you know, on a health journey, you need to eat right.

You need to supplement with vitamins. You need to like, you know, get the exercise, you need to do all of those other things. Because what C60 does, it doesn't cure, heal or prevent anything.

It just lifts the oxidative burden your cells are under. So your cells can now function the way they should be. But you need to make sure that the cells have those nutrients.

The cells have, you know, all the other things that they need and the, you know, low electromagnetic environment, all that stuff so that now they can get and do that what's necessary, the healing.

So it's just one part of, of a health journey, of a journey to health. C60 is just one part of that. But it's an important part. What about pets? Oh, C60 works great on pets.

Yeah. Oh, yeah. So. So we have, yeah. Usually like, we've had, like, really old, German Shepherds and. Oh, by the way, when you're taking C60, let me I probably should talk a little bit about the amounts.

Now, most people, let's say in your 30s or 40s or maybe an early 50s, and let's say you're midway between 100 and 30, 160 pounds on our website. We actually have a, dose amount.

Just a teaspoon in the morning would be fine. Tends to be stimulated. So you want to take in the morning, not late at night, but as you get older you get a little bit of gray hair or you get a little extra weight.

So is a tablespoon is more appropriate. And that's that's what I use. I use about a tablespoon or a half a day and in the morning. And so that's that tends to be a more as you get older.

So like an older dog, an older German shepherd, give them a tablespoon and you'll just you'll be amazed. After about a couple of weeks, they'll just be running around like they have it for just years.

Wow. So and with little dogs, it's little amounts. And, so dogs have their preferences. Some like avocado oils, like avocado oil. We don't. Rieger would recommend the MCT coconut oil because it's in the grass family.

And so you don't want to have accidents in the house with the dog if you give them MCT oil. So ask that question. Yeah. So that's so that's kind of why we stick with olive oil or avocado oil.

They can they have their preferences. Cats too. You know some like ones I'm like the other. It's just it's kind of a personal preference for the animal.

So this is this is interesting because I do animal rescue. And I have older cats and dogs at my house. So, definitely. This is this is something I'm going to be incorporating into, not only my life, but my animals life.

And, I know, C60 is not recommended for children. PMF actually, is it safe? My cats and dogs actually get, PMF treatment also. So it's great for animals.

So you can because you can put the whole animal in the pad. Yeah, yeah. Put them. Yeah. You get them, the whole animal gets the pad, you know, gets the pulse.

Not just part of you. Right? Right. I just absolutely. So if people want to learn more about, C60 and, power of purple power, how where can they, get more information?

Or do you go to C60 purple power.com and and that's our the website and it'll take there and you can go explore some of their landing pages and things, learn a little bit about it.

There's because it's, you know, it's it's a non FDA approved substance. We have a few of the human studies mostly humans the animal studies. You have to go somewhere else to get because they're not you can't there's, you know, the FDA association. Yeah.

But it's out there if you want to, to look there and, and. Yeah, just, you know, go with the, the quality producers we've got, there's, you know, most of the original producers were really all quality.

It's just now that there's so many people out there that it's, you know, so we we do it, we have ours, we have our certificates, analysis, we, you know, backup our products and all that.

We have a great customer service. So we'd always like we like to think that we're like the best one out there. But, you know, there are other legitimate ones out there, but you have to be just you have to be careful when you're going for just like CBD, it's got a little bit of Wild West out there.

And it's the Wild West. It is. It is. Absolutely. So it was such a joy to talk to you. I feel like I've learned so much and I'm so excited to try this C60.

You have been the wealth of knowledge and and most importantly, can the scientists. I can see, when, when I was on your website and I saw that I was, like, kind of scientist.

And then now, after talking to you and hearing the journey, I could totally see that. I could totally see that. And thank you so much for doing this, and for also using the and for the knowledge that you shared with everybody.

Thank you so much. Oh yeah. Thank you for having me on. Thank you. For.