The #1 Blood Test That Actually Fixes the Root Cause Transcript

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Why MVX+ Is the Top Health Decision Tool

I had a conversation with the woman who spent $25,000 on blood tests for her daughter to figure out what was going on with her health. They did find something, and she's been on a program for mold now.

And she is about 70% better, which is great. But this can be easily done at a much lower price by using MVX+. This lab test is the pinnacle at the top of your decision tree as to what to do with your health, In the medical field, there's a ton of labs that measure all the symptoms, all of the organs, and they measure pathology and risk factors and dysfunction, but we have NVX+, which measures physiology.

Now there is a lot of physiology you can measure, But this measures the six most important factors, and they come down to five different subjects. Those subjects are malnutrition, infection, inflammation, toxicity, those all lead to mitochondrial dysfunction.

These are all measured with one simple blood test. And the price is very, very low. At our office, we charge $89 for it. And this is the decision tree right here.

So you run MVX+, and there are several subjects that come up. And they have to do with, below me, glycae, small-shell particle number, citrate, and branched-chain amino acids.

I don't want to get too technical with this one, but glycate, there're two factors. One is infection, the other one's inflammation. Then small shell particles are toxicity.

These subjects I just mentioned, that's kind of a big deal. It could take months, even up to a year to get cleaned out of all the toxins and to help your immune system get rid of the organisms.

So it's a bit deal if these things are off. Next we have the malnutrition factors. We got citrate and branched-chain amino acids. These can actually get fixed up within, you know, four to six months let's say.

So these two are easier to take care of. These two take a little bit more time. And these are more important than testing and treating for symptoms.

What MVX+ Measures: Infection, Toxicity, and Malnutrition

Let me show you what that means. Testing and Treating for Symptoms occurs right here. This is the red circle. The way that you get rid of symptoms in the holistic viewpoint is to feed the organs.

Really good food and really good supplements designed to eat the organ. and people feel better. In the allopathic medical world, they treat the organs with poison to try to shut it down, to stop any symptoms.

So either way, addressing symptoms isn't really a valid therapy unless you also fix the mechanisms here. There's really one. And then you fix causes here, and there are three major ones.

And they are toxins, pathogens, and excess sugar or not enough protein in the diet. Well, this test MVX Plus measures these three factors right here. The small shell particles are toxicity.

Glycase, the pathogens and inflammation. And the branch chain amino acids are measuring the And if you go over here, citrate measures the mechanism called lactic acidosis.

That was what they called it back in the 1930s. It's still a legitimate concern. And concurrently with that is a thing called mitochondrial dysfunction.

These two pathological states occur at the same time. They are concurrent. Mitochondrial disfunction occurs within the mitochondria. Lactic acidosis occurs outside of the mitochondria, and all of this occurs in this cell.

So we're really trying to fix up the cells and the function of these cells right here. But why does all this matter in the presence of your symptom or your concern?

Let's say you have hyper or hypothyroidism. Why is that? Do you toxicity or malnutrition or infection or inflammation causing this to occur with your thyroid?

You can have nutritional deficiency. That's a problem. And that's part of the red circle feeding the organ. So it's still legitimate to take iodine or to some dried bovine like desiccated thyroid.

But you still have to get rid of the toxins and the organisms that might be causing problems with the thyroid. And let's say you have a little bit of jaundice and something's going on with your liver.

Symptoms, Organ Dysfunction, and Root Causes

Same thing. What's in your livers that needs to come out? Do you toxins? Did you food poisoning a few months ago or years ago that caused this? So you got an organism in you liver?

You have inflammation or malnutrition causing dysfunction of liver This is true for every single organ. Is your brain not as happy? Do you have short-term memory problems?

You feel brain fog? What are the organisms, inflammation, toxins that need to come out of your body? When I got sick with black mold in 2016, there was a realization at one point when I realized that there is something in my chest that needed to came out.

I didn't know it was blackmold, but I was laying on the couch. And I kind of just stretched out like this and my sternum goes pop, pop pop. And it was like, wait a minute, that's never happened in my whole life.

What is in? My chest causing that symptom. Plus, I had trouble breathing and had heart, heart pain, left arm pain. So this is what's missing in most of medicine.

I'm going to say all of allopathic drug based medicine and a lot of the even the holistic doctors, they're missing toxins and organisms that need to come out.

So the basis of your health improvement is to remove the bad stuff out of our body. Now we've been trained for decades to take more powders and more pills and look for the next miracle pill.

And there's magnesium and there are all kinds of supplements and I'm a fan of all of them. But what do you need? probably need to detox first. And that could be chemicals, metals, even radioactive elements.

There's tests for that. It could get rid of organisms. Could be parasites, Lyme organisms that are inside the cells, Candida, mold, fungus, virus, chronic bacteria.

Medicine is not very good at chronic organisms, they're really good acute infections. If you have a bad bacterial infection and you're coughing up some green stuff, you need some antibiotics.

I'll go away in 14 days.

Chronic Illness, Detox, and Reading MVX+ Correctly

But what about if that happens again and again, and in the course of three months it's happened, you know, four times and then one year it has happened six or ten times.

There's something going on in your body that needs to get repaired and you got to think first what's toxic that need to come out. Maybe you have too much inflammation associated with fibrin and that causes your blood to be thick, too mucus, to much biofilm, then you've to lower that down.

So that's why NVX Plus is the top of the decision tree, because it measures the things that are the soil upon which chronic disease and mortality grows.

And when you order a bunch of lab tests, whether it's holistic functional medical stuff or regular straight-up standard hospital medical labs, It can scatter the data.

So I've been through this my whole career. I'm reading a whole bunch of labs and it doesn't really tell a cause. It doesn' really point you in the right direction because somebody can have a bad thyroid and their liver's off and the lipids are high and they're fatigued.

Some people have normal standard medical tests and have terrible health, terrible fatigue, chronic pain, muscular pain and brain fog. and their labs are totally normal.

It's because the labs aren't measuring what's really important, and that is physiological functioning. So we're measuring physiology with NVX+, as opposed to measuring risk factors or pathology.

And the whole point is to get those physiological functions back up to functioning very well, then symptoms go away. So the first step is to check MVX Plus.

Now some people have had really good scores on their MVx. There's nine things that are listed on the MV X plus and I've seen these numbers. It's like, well, it doesn't explain how sick you really are.

So then I know that MV x plus is missing something that's happened twice now. And there are people who I've been told have really good scores with MVX+, and it doesn't make sense as to why they're feeling so bad.

But then you look at their scores, and I can see, even though they have overall really scores in relationship to each other, I could see that they had some problems going on inside their body.

because the scores relative to each other can still be off. It's just a matter of knowing how to read MVX correctly. I had a person submit their MVS results and their score was in the top 10 of probably 900 now, but I could see that he eats too much sugar and he gets infections.

even though his scores overall were really good, I could just see the ratios were off. Now you may have been through a lot of holistic care, you've detoxed or you got rid of some parasites and that's great.

Using MVX+, Resources, and Next Steps

Run MVX Plus and it'll tell you where to go next. I've had people do this where they got a lot better, but then MVX tells them that they're malnourished or they need to get rid of some heavy metals or chemicals.

So MVx plus is at the top of your decision tree and you can redo MV X multiple times throughout the year to see where you're at, to look for improvement and to where to pivot to.

And sometimes when people are detoxing, MV x can look worse, which is totally fine because they are feeling better and they can see that their body is actually going through the detox process.

So NVX Plus is the best test in all of healthcare and it gives you that 30,000 foot viewpoint as to where to go with your health. It doesn't measure everything and keep in mind it's a blood test.

You can still have some nutritional deficiency in an organ and when you do this blood tests you're not measuring actually the organ itself. So there are some limitations to it, but I still stand with the statement that it's the most

important test of all the tests.

And then based on it you can do some parasite testing with stool analysis, heavy metals with urine analysis. You can use standard blood tests for thyroid function, etc.

If you want to get MVX Plus running yourself out of my office, it is only $89. Go to the front page of my website, upper right corner, click on MVX testing.

We'll put you through the process. If you're a doctor, you want to learn how to read MVx and use it clinically, go to mvxtraining.com. if you are not a patient in my office, and you wanna get your feet wet a little bit, Click on this B1 eBook.

Vitamin B-1 directly affects four of the six factors of MV-X. That's how important vitamin B is. In 2024, I said that vitamin B1 is the most important nutrient for humans and plants and animals.

It is endemically deficient. So if you just want to get your feet wet, get this e-book on vitamin b1. And I just launched the holistichealthacademy.com.

This is a community website for people who want learn the 7-step blueprint to optimal health and understand diet and supplements. You can pick the diet that you want.

There's 1800 recipes. based on the diet that you need, carnivore, keto, Whole30, and we're going to have some online courses at the same time that will go live.

So that just launched recently. I have a lot of resources for you to jump into, whether you want to become a patient or just get some on-line training or read an e-book.

If you're a doctor, go to mvxtraining.com. There's a lotta resources to get your health better.