The Aging Foot and Orthofeet Shoes Transcript

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Orthofeet Overview for Aging Feet

As a functional podiatrist, when I work with the aging foot, I look for certain features in footwear that will accommodate various changes. The shoes by Orthofeet provide many features that accommodate the ageing foot.

The first feature of Orthofeed shoes starts on the inside.

Arch Support and Heel Cushioning

In their arch support, you can see that they have an innovative material that's going to conform to the contours of the foot. If we flip that insole over, there's this extra material at the heel that is acting like a trampoline with every step that you take.

And what's even more important is this is their arch booster. This is designed to go underneath the arch support, adding extra support to the medial arch in those who need it.

Seam-Free Upper and Wide Toe Box

The next feature I want to focus on is going to be the inside of the shoe on this soft upper that is seam free. This minimizes irritation to thin skin and to sensitive feet.

Hands-Free Entry and Fit Features

At our toe box, we have a wide toebox that's made of soft, breathable fabric, and it actually stretches and conforms to the contours of your foot, including hammer toes and bunions.

If we turn the shoe over, this is one of their most innovative features. This is their hands-free technology. All you need to do is lace the laces once and then to get into the shoes you will simply slide your foot in and out and it will compress the spring in the back of the sho.

When we turn the shoe back to the side, you will notice a heel to toe drop that will minimize stress to Achilles tendon and to ankle.

Rocker Sole, Traction, and Stability

In the front of the shoes we have a toe spring that would provide a rocker effect. And then finally as we turned the show over, we can see this high quality rubber outsole that provides excellent traction and stability.

Why Orthofeet Works for Aging Feet

Now, as we have the aging foot and our footwear concerns, we want to make sure that we are working with shoes and with a brand that understands and accommodates the unique features and changes of the ageing foot.

To learn more about Orthofeet shoes, please visit Orthofeed.com.