The Autism Lie: Genetics Don’t Act Alone Transcript

(Transcripts are generated by AI and may contain errors)

Autism stories and medical injury claims

Alright, we're going to talk about autism and causes of it. So let's follow along. So this is the real thing. Let me tell you a couple of stories. So one year old patient, female, diagnosed with cancer, they gave her chemotherapy in the arm, IV, and immediately she starts stimming.

That's what autistic people do when they're profoundly autistic. And now she's 20 and she still profoundly Autistic, needs 24 hour care. Another case, a woman takes her child to a hospital.

They get vaccines for this child. brings the kid home, he gets fever, seizures, screaming. A few hours later she takes him back to the hospital and the nurse says, oh yeah that's been happening all night it must have been a bad batch.

Medical therapies that are poisonous can cause neuroinflammation. Doesn't that make sense? Other therapies cause inflammation and pain elsewhere, not just in the brain.

But that's what happens when you deal with drugs and that is the trade-off and the definition of allopathic medicine. You're trading one disease for another.

So because it doesn't happen that often, it does mean you dismiss it. There are kids that have Asperger's, you know, there's some around the spectrum because of a medical therapy.

And so what do you do about that? You got to do something about. That you don't want that to happen because they can ruin a family. It can run a kid's life.

And they could be profoundly autistic and need 24-hour care, or they can be mildly autistic. And as an adult, now they wash dishes in a restaurant, which is what happened to the kid where the nurse said, oh, it's been happening all night.

It must have been a bad batch. So at the very least, he can still have somewhat of a life. He lives in special home, not with his mom, but he's got some disability and he works at a restaraunt washing dishes.

Let's see what this doctor has to say. It sounds like you didn't read the article I put up. This is the Article from JAMA. It is a review of all of the relevant literature, including 46 publications, over 500,000 children studied.

But no, because he personally saw it, it discredits the multiple hundreds of thousands of children that were studied and looked at, obviously. And I could say the same thing.

So you studied 500,000 children and then therefore that discredits the few number of cases where somebody is autistic from medical therapy. You can't ignore the 500 thousand and you can ignore a few that had a bad reaction to a medical.

It goes both ways. That sounds wrong. I'm talking about genetics that it's literally in your genes and there are things that can mess up your gene like mutations or other deletions.

Right, so I'm going to say here, there are genetic mutations and deletions, and what causes that?

Debating genetics, environment, and cherry-picking studies

It could be toxins, bad diet, infections. Here it goes. So this is true but one way that you can always be right and make somebody else wrong is by saying that what you say that's right is the only thing that is right.

So what he did here is he highlighted in the blue it says it talks about genetic variations causing autism in a womb 81% of the time but right above that it said environmental factors were associated with 14% to 22% of the risk of ASD.

One line above what he's talking about. Just go one line higher. So now we have two things that are true. Genetic mutations and then environmental factors.

Those environmental factor are toxins, pathogens, bad diet. So no, again, if you had read the article, you would see what's actually causing the deletions and not whatever you just came up with on the spot.

There was a study that was done in Nordic countries, so not even in America, that identified specific genes that were genetic variants associated with high risk or a bunch of common variants that in combination could increase the risk of autism and that's what happened for the majority of cases.

And if you go one line below what he wants to talk about, I'm going to read it to you. It says, genetic risk factors for ASD overlap with other diverse developmental and psychiatric disorders.

A variety of genetic and environmental factors have been associated with ASC, but none are absolutely specific for the development of AS. So this is called cherry picking.

You have this whole paragraph and he picks out this one. But if we go right above it and right below it, it makes me right too. We can both be right at the same time.

Through a different study using frogs and applying those genes, it appears to be similar in development as during the time a baby or in utero is going through the mid prenatal prefrontal cortex development.

So this is happening when the mom is still pregnant. Hence why, if the mother is ill, such as having gestational hypertension or gestation diabetes or a plethora of other conditions.

So you're talking about when the Mother has a variety of disease going on, then the child is more susceptible to autism. He's going to say that here in a second.

of diseases going on, gestational diabetes, could be diet, it could like a B1. There's toxicity, there's infections. It's in the science. A mother can have an infection and the kid has a higher risk of autism.

And then toxins create a high risk autism, now these toxins and infections may or may not actually alter the genetic code but it can change the expression of the genetics.

That's called epigenetics. So he's talking about genetics, I'm talking genetics and epi genetics we're going to go over this in a moment. it could up express those specific genes, not whatever diet thing, again, that you just made up with on the spot.

So he's claiming that I just make this up on a spot that bad diet, toxins and infections cause trouble with your genetics and trouble causing ASD and other diseases.

I made that up just on spot? I mean, come on now. No, we're going back 100 years. We're going back to Nobel prizes. We are talking about normal physiology being altered by toxins, infections, and bad diet.

We're talking about all of medicine, especially pre-1961 when they did feeding studies. And then after the 1950s, when the found genetics, we're putting this all together.

A hundred years.

Toxins, infections, diet, and epigenetics

When I say that bad diet, toxins and infections are the primary causes of chronic illness, not just autism, but all kinds of So the reason why he said I just made it up on the spot is because he doesn't know it.

He's never heard this before. Medical doctors don't talk about toxins. They don' talk bout detoxing. We're gonna get into that too. I mean this in the nicest way possible.

There needs to be some level of humility where you have to look at your own personal experience and then transpose that over the experience of again hundreds of thousands of patients that are seen through tried and true evidence-based research to then come to a conclusion to just say diet is so he's got a point here like if I see a patient and the mom says hey this is what happened They got a medical therapy and now they're like this.

And I would say, OK, but look at this science right here. Look at the science and instead of actually looking at. The patient you're looking. At the Science first.

Here's the patient in my hand and then the sciences here and it's like, well, it can't be what you just said, Mom. that didn't happen because the science says it.

So he's got a point here that, you know, doctors should be looking at the Science, but don't forget to look at The Patient 2 and hear their story and actually talk to and observe the patient that's in front of you.

not conclusive enough, and that doesn't actually help the patients that you think it does. Don't get scammed. Take back your health. So, bad diet and toxins, they can go through genetic code generation after generation.

Again, I'm not making this up. It's in the science. This is OpenEvidence AI. I am going to read you some questions I typed in, give you the answers, don't bother reading it, say it to you.

Can toxins alter genes and cause autism in a fetus? Environmental toxicants can influence gene expression and neurodevelopment during fetal development, potentially contributing to autism risk.

It says the evidence suggests that prenatal exposure, pre-natally before they're born, to various toxicant including air pollutants, pesticides, heavy metals, and dioxins is associated with increased autism risks.

Here's another question I typed in. Can mutations and deletions of genes be caused by toxins or infections? Yes, both toxins and infections can cause mutations and deletions in genes.

For example, aflatoxin B1, which is from mold, forms DNA adducts that induce G to T transversions. And this is one thing that this doctor said that mold and mycotoxins are never a problem.

It doesn't exist. But right here in open evidence and the link is right at Mutation Research 1999. Then I was asking about bad diet. My question is, can ultra-processed food cause Ultra-processed food consumption is associated with increased DNA damage and epigenetic changes, but current evidence does not demonstrate that it directly causes permanent mutations or deletions in genes.

So it does cause DNA damage and it doesn't make the body express or manifest disease characteristics because of the genes changes and that's called epigenetics.

So yeah, ultra processed food could potentially be the cause of some autistic behavior in children and its affecting them while they're a fetus. So there's another question I asked, can infections alter genes and cause autism in the fetus?

Current evidence indicates that infections during pregnancy can alter fetal gene expression and neurodevelopmental pathways, increasing autism risk, but infections do not directly cause genetic mutations leading to autism and the foetus.

So yeah, you can have autistic symptoms caused by an infection that the mom has while pregnant. In my first

video, I said it's infections, toxins, and a bad diet.

Those are the main causes of chronic illness, complex chronic illnesses, autism being one of them, Asperger's and autoimmune diseases and all kinds of other chronic chronic diseases.

Those the three main cause. Multiple meta-analyses demonstrate that maternal infection during pregnancy is associated with a modestly increased risk of autism and offspring.

with stronger associations when infections require hospitalization. Guess what? That's true too with heart disease. The more infections you have, the higher your risk of heart attack and worsening of your heart.

Especially if you're in the hospital and you have sepsis, your chance of a heart attack goes skyrocketing high in that situation. So this is my original video that he was commenting on.

I'm going to read through some of the comments for you. The first comment, it says, my son was normal on every developmental test until his kindergarten shot.

And he regressed by two years and now at 22 is still learning to live with his differences and function as an adult. This other person says it happened to my grandson.

This other person says, this is why I no longer trust doctors. Again, these are people who sought firsthand with somebody in their family like a child.

Despite this half a million person test done in Europe, where they found no risk of autism with vaccines, but with large epidemiological studies like that, then it's hard to find truth.

And so exploratory epidemiology studies have a chance of finding truth that's one in 10, all the way up to one and a thousand.

Patient stories, vaccines, and distrust of epidemiology

So if you have a 10-sided die and you roll it on the table, and there's nine sides that say F for false, then one that says T for true, every time you role that, the chance of you finding the truth, T on a die, is one in 10. That's the best epidemiology does.

And at worst, it's a thousand. One to a 1,000. So you 1 thousand sided die. There's one side that said T, 999 say false. And your chance of finding truth when you roll that die is one in a thousand.

And this is work from Dr. John Ioannidis going back 20 years, and it was published and nobody cared, nobody was ashamed, they just keep running epidemiology as if it were very truthful.

Now when you run a bunch of epidemiological studies, there's this thing called Bradford Hill criteria. And so this guy, an epidemiologist from England, his name is Brad for Hill.

He said if you want to run epidemiology and you wanna see if he can find cause from it, then there is like these certain series of things you have to look at.

Then in the meantime he says, but don't forget to listen to the patient. There's a person in front of you and they might tell a story that's different from what the epidemiologists says.

So again, that's being a true clinician, not a robot, Not a technician. A true condition listens to the patient, and they take care of that patient. So I've been messaging medical doctors that are anti-RFK Junior, anti MAHA, And they don't want any changes to occur.

They still like the red dye. they like mercury and aluminum and shots. And my response to them is talk about

vaccine damaged children. especially the family practice doctors and the hospitalists.

You can't tell me you've never seen a child that was damaged by a vaccine. And I think when a mom brings their vaccine damaged child back to the hospital and they say, this kid was normal, now look.

And the doctor says, oh, that's normal. Or, he just had a seizure, your diagnosis is epilepsy. Where they'll say oh it just means the vaccine's working.

So the mom walks away and now they have to go find some holistic doctor. Somebody that does detoxing and gets them off of wheat, gets some off dairy, maybe get some parasites out, and that kind of stuff.

So I have a child now, I think she's 13. She's been with me since she was eight or nine. she had autism. And then I got rid of toxins. I had her pooping out parasites and we changed her diet around and now she is free of all the symptoms except for she still non-verbal.

But she doing really well in school and her grades are up, she socializing with people, She is listening to her parents, obeying her parent. Before that she hyper-fixed on one thing and she not social at all.

I mentioned earlier that damage that you cause to your genes by bad diet or unlucky exposures to infections and toxins. Does that carry through generations?

Can you affect your child and your grandchild and the great grand child? And the answer is yes. Epigenetic changes induced by toxins, infections, and poor diet can persist and be transmitted across generations, though the evidence is stronger for epigenic modifications than for genetic mutations in this context.

Both maternal and paternal germline transmission has been documented. So mom and dad both have to have a healthy diet so that your kids are healthy and your grandkids are health and great-grandkids healthy.

Everything that I've read to you about toxins, infections, and bad diet causing damage to your genes or epigenetics, affecting you personally and you're offspring, that's been known for decades.

It's not new when I say this. it's new to a lot of people because it is part of Nutrition is part of health improvement. It's not part the drug world.

When you have drug doctors, they're treating your symptoms. That's a not a big enough viewpoint or a scope like to look at a human and say, why is your body unhealthy and drilling down?

Holistic treatment approach and closing pitch

Why that person is unhealthy? because you can't just always blame genetics. It's actually a very small percentage of the reason why people are chronically ill is primarily diet and then you get unlucky exposures of toxins and infections.

This is what the founders of medicine said back before World War II, it's toxins, infections, bad diet. So I'm not saying anything new at all. But I'm one of the only people that's saying all three of these together because I was super sick in 2016 from toxic mold exposure.

They started reading these old books over my shoulders. See that they're dark and they are brown and black. And they were like a faded red. Those are from the 1920s and 30s up to about 1955. And that's what these founders said.

It's toxins, infections, a bad diet, causing chronic illness. And now after 1955, when they figured out DNA, now we know that those three things affect your DNA.

They affect the genetics. We can actually damage your genes with deletions and mutations. or they're not

damaged, but they are expressing differently.

That's called a phenotypical expression, meaning physical manifestation of a disease. So eating a high ultra-processed diet and like low meat and unhealthy, you get a a pheno-typic expression of disease, then you change your diet around, and then change you genetic expression back to normal.

So, genetic and epigenetic changes can occur by your lifestyle choices. And as a mom or pre-conception, you want to have really good expression of your genes and you wanna have good genes.

You can affect these by detoxing and cleaning up all the organisms out of the body and having a really diet. That's what it takes to be healthy. We're talking first, second, third generation.

We are talking pre-conception, post- conception, prenatally, you know post birth. No matter what stage of life you're in, You could be 80 years old, or you could 8 years.

You want to do the same things. Address toxins, infections, and diet. Make sure that you have all the toxins gone. Have the least amount of infections as possible.

Then your diet is appropriate for you. There's no human body that wants ultra processed food. Now picture this, let's say you have bloating, that's probably candida.

You have a toenail fungus, you've a white coating on your tongue, You've allergies in your sinuses, spring and fall. And then you a rash on you skin, and you'll have five infections.

you won't have the least amount of infections, so you want to address all those appropriately and heal from them. Not just kill off candida, kill of fungus, you can do that, but then you have to actually have your body healed from it so they don't come back.

So this is my viewpoint after being in practice for 27 years, trying to get people well, using only diet and supplements this whole time. I haven't taken an insurance in 20 years which makes me have become a better and better clinician.

If I took insurance, I could get paid and just treat all the time and never get anybody well and still get payed. But when I'm in the free market, no insurance.

I have to get people better. And I knew this 20 years ago when i stopped taking insurance and I was like, okay, i'm In the game. i want to be a better and better clinician.

and i am a Better clinician now than what it was six months ago. That's a true statement my whole career. And now we have these blood tests that are amazing that can track your health and guide and monitor and watch for improvement.

My favorite test being MVX+. No matter how you word it, no matter you interpret the latest study on whatever disease, it still comes down to toxins, infections, and bad diet.

But the things that I work on being in the hardcore holistic nutrition field, it's detoxing, cleaning up the immune system, and making sure you're eating the right food.

It's these three things. We get tremendous results doing that. So if you need help with this or you want to get the NVX Plus test, go to the front page of my website.

You can contact my office. I'll put the website at the end of this video.