The Blood Test That Reveals What Doctors Miss About Chronic Illness Transcript

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Introduction to MVX Blood Test

Using the MVX blood test is like looking inside your body with a crystal ball. It measures the five most important subjects within your regarding chronic illness and keeping your health up.

They are infection, inflammation, toxicity, malnutrition, all leading to mitochondrial dysfunction. These are measured in six different ways in MVx+, and I'm going to show you two examples.

One is mine and then one is a patient's. So follow along I've done this five times now. This is the first one January of 2025 right below me. The overall score was 55 and I had terrible pain in my lungs and heart from a gas leak.

I'd shut this gas leaked off on December 7th of 2024. and then January 13th, when I had this first test run, I still felt it. I didn't do anything different.

And then four weeks later, over here, my score dropped to 31. You want your score to be lower between 1 to 100. So this is a great improvement, a drop of 24 points just in four I didn't change my diet, it didn' change any supplements, I didnt exercise more or less.

First Test Results and Toxicity Improvement

I just quit breathing in natural gas. So the toxicity of gas shows up here with what's called the small ischial particle number right below me right there.

And the score should be 19 or higher. January it was 11.7 and then four weeks later it jumped all the way up to 17.1 which is absolutely fantastic. and I felt a lot better.

Now this score here, it says inflammation vulnerability. My score was 50 and it should be in the 20s or 30s and dropped down to 27. This is excellent.

And then the metabolic malnutrition index, that should upper 40s, lower 50s. So initially it was at 59 and this is a measurement of all these other factors below me here.

Citrate, valine, leucine and isoleucin, which I'll talk about in a moment, but they compile metabolic malnutrition index. So if my score to drop from 59 to 47 is excellent and it can just show you that toxicity such as a gas leak can harm your digestive system and utilization of nutrients.

But the point is my overall score went from 55 to 31 and my toxicity dramatically improved from 11.7 to 17.1. Now follow along with me because I'll show you the next two labs and I will tell you exactly what happened.

Here's my third test. So my score went up from 31 to 39. It went in the wrong direction, but why? Because I had a sinus infection. My GlycA was down to 315. it went from 335 to 350. But it jumped up to 250 because of the sinus infections.

And then my toxicity went from 17.1 to 16. 1. It went down, which is bad. Bacteria can release toxins. For example, gram-negative bacteria release lipopolysaccharides, and that's very, very toxic.

So I had an increase in toxicity and infection, And that is why my overall score went up.

Sinus Infection and Follow-Up Labs

So I handled the sinus infection and look at my score it dropped to 29 in four weeks. I'm doing these tests every

four week. So it went from 31 to 39 and then 29 because I got rid of that sinus infections.

And notice my GlycA which is inflammation and infection it was 350 and went all the way down to 286 which was phenomenal. You want that to be below 300. And then the small particle number, which is toxicity, it was 17.1. It got worse to 16.6 and now it went up to 17 point five.

You want that to be 19 or higher. So this is my fifth test right here and I'm doing pretty good. My score is 26 and i'm taking supplements and feeling much better.

And notice my glycaea is still below 300, Which is phenomenal. But my small ischial particle number is still 17.1, it's not at 19 or higher. So I know that I have some detoxing to do.

I started a product called SP Detox Balance. It's a big tub, powder, mix it with water, tastes really good. And I start taking it and I now that i'm feeling worse, I'm having detox reactions.

i feel better but I feel worse at the same time if you know what I mean. so I am getting my old symptoms back from the gas leak that I had and when I was going to the bathroom, my bowel movement smelled like chemicals.

And it was a little bit stressful, but I'm feeling better at the same time and it's stressful because of the detox reactions. So I just kept working my way through it and notice what happened four weeks later, My score got worse.

Detox Reactions and Score Changes

My overall score went up 11 points. Now, it's not a bad thing because I know exactly why. It's from the detox reactions. Notice that my glycA, though, stays below 300. Only went from 282 to 285. That's inflammation and infection.

Remember, I'm detoxing. that's what I was doing. And my small ischial particle number got worse. it went 17.1 to 15.2. So that's not supposed to happen that way, but it did because I'm detoxing.

Now that I have three other people who are feeling better, better sleep, because they're detoxing and their NVX Plus score got worse. So this is one thing I've learned since I have been using this since January.

My overall score went from 26 to 37. That's up 11 points. The next thing i'm doing is getting test number 7 done. that's tomorrow morning as of the recording of this video.

I'll post in the comments what my next score is with a little explanation. i have not taken this SP Detox Balance product now for five days. And I feel better after the blood is drawn.

I'll restart SP detox balance and get back into detoxing because the overall goal is to get this small HL particle number back up to like 19 2021. When people have that number up above 19, they are doing quite well.

i've seen this over and over again. when people will have their small particle at 11 or 8, or 12 or 14. They're not doing as well, but they're gradiently getting better.

And I just see people with with higher counts, like at 20, they are doing quite well. All right, let's see about this person. I have his permission to talk about his health care without saying his name, of course, and he first had his NVX test run February 3rd.

but he wasn't a patient of mine until I think it was April and his score was 60 which is quite high and he had a stroke a couple years ago. He had fatigue and arthritis pain and has inflammation vulnerability index is 67. You want that in the 20s or 30s.

Patient Case Study and Recovery

His glyc A which his infection and inflammation was 527 and a small actual particle number is 10.6. Again you want up above 19. So look what happened three months later from the beginning of this test, but he was only under my care for three weeks.

Here's what had happened. His overall score dropped to 42. That's an amazing drop. So 18 points. And then his inflammation vulnerability index dropped from 67 to 34. and he was feeling a lot better.

His glycate dropped 200 points in three weeks. his small ischial particle number went up from 10.6 to 15.7. I put him on parasite supplements and I had him stop eating bread and grains.

So here's his follow-up scores. I had mentioned that test number two his score is 42 and then within two months it dropped all the way down to 34. So again the phenomenal results.

i'd mentioned he had a stroke two years ago. When I saw him last week his speech was faster and louder. He seemed stronger with his voice but he's feeling a lot better and he said he was overall 80% better in the few months he'd been with me.

there's still some work to do his glycate needs to be below 300 it went from 327 not too shabby to 312 a little bit more work with that his toxicity which is what we're really focusing on it when from 15.7 up to 17.2 so his score there equals mine we both have a lot more detoxing to go to get it up to 19 and that may take six months or a year.

I'll give you more examples in the future about how great this test is to measure the most important factors. It's just amazing how I made this graphic back in 2016-2017 based on the founders of medicine and what they said is you have to address the causes of chronic illness here and then you fix the mechanism.

The most common mechanism is called lactic acidosis. and then you get rid of symptoms by feeding organs right here. If you have a chronic illness, you'll have to do all three of these circles.

In medicine, they talk about symptoms, test symptoms and treat symptoms. Never do they treat the mechanism, and sometimes they do the causes. Now, MVX lines up with these three circles like this.

How MVX Maps to Chronic Illness Causes

The small H2O particle count measures toxicity, GlycA measures infections and inflammation, and then the branched-chain amino acids, they measure your diet, which is excess sugar metabolism in this causes circle.

And then, the citrate measurement in MVX measures the mitochondrial function or lactic acidosis. I can't say it enough how much you can see inside your body and what needs to be done to improve chronic illness.

And we're not measuring risk factors because those are a little bit shady. We're now measuring pathology. That's the end result of these factors going haywire.

we are actually getting to the root cause of why people get ill from any kind of chronic illnesses. I don't care if it's cancer, heart disease, chronic infections, autoimmune disorders, hormonal problems, these factors in MVX are pre all of that.

So if you have, for example, hormonal disorder, you can take hormones and then you address the factors within MVX that caused the problem in the first place.

Same thing with autoimmune diseases. You could take a steroid and address factors in MVx. If you had chronic fatigue, fibromyalgia, even heart disease, or the beginnings of cancer, You have to fix the causes of all that and MV x measures the most important factors known now for 96 years.

Literally, Dr. Otto Warburg, the founder of physiology, discovered vitamin B1 and its importance in respiration and metabolism, and it affects four parts of MVX.

So we have 96 years of physiology and understanding how the body works and how to correctly address those factors to extend your life and improve your health.

Holistic Health Academy and Closing

If you're a doctor and you want to learn how to run it, I have a new website coming up. It's called the holistic health academy dot com. Its launching July 10th.

That's set up like a membership site for doctors to. Learn also patients and a lot of the material in that website is how. To reverse these factors of MVX is called The Seven Set Blueprint to Optimal Health.

This website also has 1800 meals and recipes for different diets such as keto diet, low carb diet whole 30 diet and more.