The Effective Application of the FlexPulse PEMF System Transcript

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Introduction to the Flex Pulse

Through. Hello, this is Riz Lakhani with the Doctor Polycom team, and we're back for part two of our interview with Sean doing, and we're going to take some time here to talk about the Flex Pulse device.

And, I have one of those devices right here. The flex pulse is a portable EMS, device, and, it allows us to treat specific local areas of the body. We also use it a lot to treat the brain.

And, I have the original flex pulse, which is the. It had six programs, and there's since then, but a newly released flex pulse that has ten programs.

So the technology's evolved a bit. And, so, Sean, I'm going to go ahead and, hand it off to you, curious to hear all about how you use the flex pulse, since that's something that you're doing a lot of.

Yeah. I guess up in Canada I'm kind of the biggest, promoter and distributor of it. Like the reason I love it so much, I've just been fortunate enough, I've seen the flex pulse rate from its, prototype days.

I met Doctor Pawlik in Vancouver once upon a time, decade ago, and he kind of pulled it out from underneath the table and, and showed me, his intentions with it.

And just like our first interview, you know, I, I based a lot of my observations and my treatment techniques on nature all right, we know this is natural supplementation.

Earth has a very specific and unchanging, pulsing magnetic field that, every other species on this planet is working quite well. And so that's why I love the flex pulse so much, is just like natural supplementation.

You you want to deliver it to the body as natural as possible. So, you know, we touched on high intensity, fields last, last interview or our first interview, but, you know, low and slow is actually the best way to use pens and, having the flex pulse be portable and the only portable one that allows us to, travel everywhere we go, whether it's in our car, at our office, in an airplane, with this also magnetic field, like it's intended.

Nature's and Earth's natural fossil magnetic field is is everywhere all the time. And it's just a low intensity. We can't feel it. So it's similar with that flex pulse.

It's low. You can't really feel it, but it's there all the time. And that's my favorite thing about it is, that we get to get to import this, very important environment around with us.

Yes. Definitely natural supplementation, supplementing the cells with, well, what they need to do their job.

Using Frequency and Intensity in Treatment

Well, and so I have, sort of use the flex pose for a variety of situations, where number one, I think one of the interesting things about the flex pulse is since it has these multiple programs in it, this is a system where we are actually leveraging the frequency.

And, in my work with Doctor Paula. But, you know, one of the big highlights is that with PMS therapy, the biggest, most important variable is intensity, because there has to be the right intensity to get the job done where it needs to, take place.

So frequency is really sort of one of those things that, you know, has not been considered to be as important, with the exception of we know that when we're treating the brain, that's when we have, the brain is able to tune to

particular frequencies that are put out by the PMF system.

So in other words, we're able to use the flex pulse to help to the brain, to a more relaxed state and into a state of deep rest, which is associated with Delta.

Or we can use it to, place the brain into gamma. If we need to be more creative or, alert focused, we can also, use settings to help with treating depression in individuals that are, you know, not responsive to medication.

So this is a system where we leverage the, just the intensity, which it's amazing that the flex pulse is much higher intensity than many full body systems that are available out there.

That, you know, much less of a price point. But we get to use those different frequencies for different purposes. And so that gives us a lot of versatility.

And I use this in my clinic with patients to help relax them or, to help sort of, help them feel more at ease and more centered if they've had a stressful day, because we have this direct treatment going on to the brain.

So are there any particular, special ways that you use the flex with your population of clients? Yeah. Just to touch back on how neat it is to be able to control frequency with, flex pulse, is, really the way I relate this to everybody is like, with any magnetic field, especially a very specific pulse in one, as we spoke about before and is everyone is getting the clue of is that we're speaking to ourselves in the language that they know and understand.

And by controlling the the frequency, I relate it to people just like music for us. Right? Like, sound is how we communicate. So if there's a band on stage that's heavy metal, the whole crowd is going to be rocking out right?

And then if we switch to the the band, country, country band. Right. The whole crowd is going to start doing two step, and same thing. Right? If we put a very slow, you know, opera type of music, classical music on, everyone's going to calm down and go to sleep.

So that's kind of how I relate. The flex pulse is we're changing the type of music that our cells are listening to, which forces them into these behaviors.

Whether it's you were saying, relaxing, concentrating or finding new pathways to deal with moods, or addictions. So yeah, the most helpful, frequency I see within my clients and my wife uses pretty much every night is that three hertz?

And that, again, that's more focused towards the brain. That's that we're using a magnetic field in this case for an organ. And we're surrounding it by that three hertz, which is force that erg organ to fall in line and get into that, that deep relaxation mode.

So I find a lot of my clients, especially my, senior clients, they replace their sleeping aids with the flex pulse. So they bring it to bed with them, and they have the coil.

Whether they split it between a couple, like, each pillow gets, each person gets a coil under their pillow kind of sticking out from under the pillow.

And that that program can run again. The versatility of the flex pulse. We could run that program for an hour or all night, whatever that individual needs.

So yeah, I see that the most, most use program. And in my demographic. Yeah, I would agree. I use that one a lot. They it's a very helpful program. And when I want to use the flex pulse for other purposes, outside of of this.

So this is in treatment with the phenomenon you're talking about rather than that, music analogy. I'm going to use that one because that's perfectly in sync.

You know, you just you automatically start to match what's going on. I certainly know that experience in myself with music. So, you know, I will often, however, use the other programs, like the alternating ten and 100 pulses per second if I'm working on an injury or if, you know, I want to help somebody with, inflammation at a tendon or a joint.

So knees and shoulders, because we get this output of 200 gauss, coming out of the flex pulse, you can actually affect areas more deeply in the body, you know, again, than some of these larger systems can do.

So, so, yes. And, also the, the ten, hertz, just the regular ten pulse per second. I should say, frequency is, used a lot to just sort of help. Stimulate the brain, stimulate nerves.

Because in a lot of the research, we see that ten pulses per second is a very widely studied frequency, particularly for nerves. Yeah. You, you had you had mentioned, the coils.

So, just to show the device again, you know, again, this is what the flex pulse looks like.

Coil Setup and Device Versatility

And I have one coil here that's attached, connected here at the bottom. But, our device allows to, of these to be connected so you can do the treatment in a way where you are stacking two paddles together, or you can split them apart.

So you could have one on each side of the head. Yeah. And, when you have both of the coils connected, the intensity coming out of the device is split between the two coils.

But if you just have one coil connected, then it's getting the maximum intensity. And of course the intensity is adjustable with this, but oftentimes we recommend, after starting low and slow, if one is able to maintain the highest intensity.

And here that's often where they'll get a lot of benefit coming out of it. And so, you can use it with one coil. You can use it with two, you can stack them, split them.

So it's a very well designed device, and user friendly. Really. You know, you just have to make sure you have a way to keep the pedal. Yeah. Or the coil on the body if you're going to be using it during the daytime or during activity with some kind of band or some kind of tape, you know, can help keep it in place.

Or it's at nighttime, on the pillow, on the mattress. So lots of, lots of good options there for using this. Yeah. And again, that's my favorite thing right from seeing the prototype, which just seeing how versatile it was.

And it is, with all of those features, like being able to strap it to your belt, put it on one spot, stack it, sandwich a joint, and then again, choose the frequency and choose the intensity of what you need.

So it makes it a very, personal and specific, treatment protocol. And I love guiding my, my clients through that discovery, like, as you said, like, as you bake, you gain tolerance or your your pain goes away.

You can still add more intensity or add different types of treatments. And it it becomes endless. Some use of this of, of the flex parts, like I have.

My personal line is seven years old. Eight years old. Clients that are still ordering just paddles to keep their Gen one going. And and everyone loves what's happening with the Gen two.

Just, a little features an extra, frequencies. Right? It's my favorite thing. And, Yeah. Another like. Yeah. That's right. Another big thing too is, is again, back to that supplementation.

And what I personally, myself love most about Flex Pulse is that we call it the nature channel that has the Schumann resonance. Right. So again, that makes it the perfect type of natural supplementation.

Is that even if you're not treating a specific area or problem, you still can carry the, Schumann resonance around with you, all day. And it creates kind of like a this little force field of protecting yourself against any, interference that we get from our EMF environment.

So you can have it in the car. You could have it at your workstation while you're working on the computer. You can always have, especially your blood traveling through this natural calcium magnetic field that we, you know, again, look outside and we see every other system on this planet is perfectly balanced and aligned in a 7.8 through your environment.

And yeah, getting to choose that with a flexible this is my favorite thing about it. And it it's subtle. No one notices it at first, but they notice when they don't use it after after a while they're like, oh wait, I should pull that thing back out because my little aches are coming back or my energy's dipping again, or I'm not sleeping.

Just the vanity of humanity. When we don't feel it, we drop it and then all of a sudden it's missing. So right now I see that in my client clients as well.

Yeah. I my personal devices here, also several years old. And I'm still impressed that the technology, the way that it helps and serves and, you know, we have something in this case, particularly where it's not just working to help the body, but it really is helping the brain.

You know, the the size of the magnetic field coming out of the coil is enough to really stimulate parts. You know the brain pretty well, especially if you move the coil around to different parts of the head.

And, you know, you mentioned, we are we kind of briefly touched on things like how we tune the brain and help it to become less stress, less anxious. You know, isn't that what these medications are trying to do?

Nature Channel and Everyday Supplementation

Like, isn't that what we're trying to help people with? To feel well and better is, you know, to feel more balanced and at ease and more like themselves and not so stressed out.

And we have this ability to do so without necessarily having to only rely on medication, pharmaceuticals and, having things, you know, done to us more invasively, you know, so, it's exciting to see this being more widely adopted and, becoming another option for people who, you know, we want to naturally supplement ourselves with something safe that's going to provide benefit.

And it's going to work, on the physics of the body, which influences the chemistry of the body and the brain. And, just helps us, you know, we we've got to use this technology that actually serves us.

And it doesn't necessarily have really a downside to it. Like a lot of the other technology that we have does know. And that's where a lot of pharmaceuticals fail us, especially when it comes to hormone and chemical balancing, is that they're unable to treat people at an individual level.

Right. These medications or drugs, we have to go through, so many studies and so many protocols that they just get this like kind of just this high average.

And that leaves a lot of people behind, when they're trying to especially rebalance their hormones. So, yeah, again, that just is another testament to the versatility of the flexibles.

And yeah, again, it's strength to to be able to get through that skull in effect, because it's a pretty safe mass, for a magnetic field to get through.

So to have that strength in such a small unit to get into the brain is very helpful. And I know people love looking things up online and stuff, and you won't necessarily find a lot of science or great research about health itself.

But, just what we're talking about is, it's very well known and it's a field of study know or it's TMS. So transcranial magnetic stimulation, that's kind of where you can find a lot more, solid studies is by using that word instead of trying to use pants.

So that's again, back to that entrainment, back to using impulse and magnetic field to get the organ as a whole back to frequencies. And then yeah, releasing that innate ability to create the right amount of hormones for, reactions that you, you need to, to feel healthy.

And yeah, one important thing to know about the research is that, you know, certainly, you know, we have seen particularly in the US, we have FDA approvals for the use of PMS therapy for a variety of things.

So it's just interesting to consider that one of the first FDA approvals that took place was for bone healing for nonunion fractures. And, later on down the line, we saw the FDA approves the PMF therapy for the treatment of depression in individuals that don't respond well to medication.

And so, you know, on two different levels, you know, you have your, your bones, you know, you have a very physical issue, foundational structural issue where we know that the research has been enough for the FDA to bless us, to use this for healing bones as well as healing the brain.

Totally different kind of tissue. You know, it it really magnifies the, the support, the supporting ability of PMF therapy. And of course, with the research, Doctor Pollock's second book, The Power Tools for health book, contains over 500 different, resources, references to different studies, and that includes both animal and human studies on a variety of topics.

So, for anybody who wants to understand the research better, that book is very highly recommended. And again, over 500 reference studies in there. So it's jam packed.

And his third book, which just came out earlier this year, Supercharge Your Health with PMS therapy, contains some of the latest and greatest PMF science.

So there's, more of the recent studies, since the publication of the second book. And so we see again and again, there's so much validation of this, and a big part of, moving ahead, I think, in this world is going to be, changing the mindset, because right now the mindset is simply, you know, wait for a problem to happen and then take something or go have something done and that may or may not work.

And it's going to have its own set of side effects. And you have possibly not addressed the, the true cause of what's going on. And, you know, because our mindset is ingrained in such a way where, you know, this is what our psychology leans towards, we have to make a paradigm shift here and realize that we don't need to be doing those things that come with the side effects or the the consequences, whereas, you know, with PMS therapy, there are really no major side effects that we know about.

It helps the body detox. You know, it actually helps us in more ways than what we are using it for. So, any parting thoughts? Sean? Yeah, again, it's just for me.

I always turn to nature. We're already innately programed to thrive and practice preventative medicine. 8.4 million other species don't need Tylenol or sleeping pills or surgeries to recover from injury.

So, that's where I always draw my inspiration from.

Research, FDA Use, and Preventive Medicine

And that's what I love most about the Flex force is it just allows us to bring that environment that when you look out your window, it's happening everywhere all the time with you.

And we can join the rest of the universe and be balanced and rejuvenate and, and be happy. And, Sean, you're

using the flex pulsed device to help, with folks who are dealing with cancer as well.

Yeah. One of the biggest ones I'm using it or, helping people with is, for prostate cancer, particularly, we just because that type of cancer is, easily trackable through, through blood work.

So we're able to track results and maintain results. So again, with the versatility of the flex, both being able to move the coil packs wherever you want, and just with my demographic, where I live here in Canada, there's a lot of, retired people because the warmest where we spoke, we got in Canada here.

So my demographic has definitely changed when I moved here. So, yeah, dealing with lots of prostate cancer. And, of course, those are PSA markers, which are just the shadow of cancer.

But, that's how we used to to track the health of that prostate. So, yeah, I have, endless amount of, documentations of, sometimes knocking down that PSA marker with, with a higher intensity unit.

So I personally use the 120, but being able to maintain that for the person at home, is one of the, one of my favorite things to do with the flex. Both again, because it is affordable, it is strong enough for it to work.

So I always guide, clients to whether usually, you know, a lot of elderly people have that, routine of having to their sit down after dinner and watching the 6:00 news.

So that's basically, when most of my clients use it is just that, 1 or 2 hour wind down at the end of the day, they have it. And right by their most comfortable chair and literally get that, get that pad or stacked or singularly right on that prostate.

And we're able to keep those PSA numbers down. And of course, no one wants a call from the oncologist. So those phone calls start, coming for that person.

And then, yeah, they feel a lot better. Because they don't they're not getting any bad news anymore. Right? Right. You know, I, I know from, some of the research that, you know, we see that there are effects of PMS on cancer, and, you know, many people benefit from using it.

I think that's really why. So sounds like you're having, if you try to use the high intensity device when you can, but then in between visits or just to kind of have something going daily, you've got the handheld unit.

Yeah. That's wonderful. I mean, this is, you know, not only helping to, reduce the actual problem, but also it's prevention at the same time and creating a good trade in the body using the therapy.

So, that that's wonderful. Do you, have you found that, you know, the results that you see are based on what stage the person's cancer is, at all? I personally, I find that the further along or the higher the stage of the, diagnosis, the easier it is to affect that person.

You know, by the time, human body develops the tumor. Right. Those it's just, in general, the cellular landscape is only working at about 20% of its efficiency, so its cellular charge is not very high.

So that's why I find the worse they are with this problem, the easier it is to affect them. So I do to typically in my practice I'll use the high intensity to get them somewhere.

But so valuable with a flexible stick, have them bring it home and maintain the results that we get with those once a week, high intensity sessions. And that's where I think the greatest value comes with the, with the portable unit is that you're not going back to the poor EMF environment that led to these problems in the first place.

You're protecting that environment, that landscape that your cells are in and with the flexibles and maintaining every gain that you get with other therapies, not just high intensity pens, but with your diet changes with your vitamin bags from your natural path, with your chiro adjustments, you're able to to maintain and keep stepping

forward, whether it's with cancer or with any other ailment that that you're you're dealing with.

And again, it always comes down to we're just releasing that innate ability for your body to heal itself, right? Cancer is not contagious. You're not a victim.

You didn't catch this problem. Your body developed it. And parents are here to change that frequency to, develop it just like any other non contagious disease that we have a huge loss for.

And you know the big common ones are arthritis and inflammation autoimmune problem. Again those are all non contagious problems. People are not victims.

You do not need a drug or medication to kill a bacterial or viral infection for you. You have the ability to let your landscapes slide and develop these problems.

And you also have the ability to augment your cellular, activity to catch up with those tasks and get rid of those things, those symptoms that we call disease.

Yeah. Right. Yes. As you stated, it's not just one thing or the other. So that's really important to, you know, consider that we have to have a multifaceted approach, and it is about how do we create a much more optimal terrain.

And so that's not just done by PMF therapy or any one other thing, but it's the combination of many things. And it just so happens that we have this marvelous PMF therapy that just supports, you know, just, you know, I hear Doctor Pollock often say, and I've experienced this as well, that, you know, the healthy cells will ignore the pmfs and the unhealthy cells are the ones that will benefit from the charge in the fields.

Yeah. And, and so we have this marvelous way to, to support, so, again, it's exciting to see how we can do so much in the body. And we're not limited to big, clunky devices that you have to lay on a table.

We have devices that are portable that can be used in a variety of ways. So there's a lot of value in that. So, let's see here. Do you have any other sorts of, you know, things you'd like to share about how you're using the Flexibles or any other thoughts about it at all?

Yeah. Just one more like, really exciting thing for me personally. Just with the guidance of Doctor Paul. Luckily, my wife and I were, able to support, my new child's environment as she was growing in the womb.

Cancer Support and Home Maintenance

So, again, as you may know, high intensity pants are not, recommended for children or prepubescent in humans because they are so efficient at killing bone fractures.

So I think part of the risk with high intensity with kids is that, you know, you'll fuze a bone that's still trying to grow. So with the guidance and helpful hand, Paula, my wife and I were confident enough to use the flax pulse, directly on the womb.

We definitely stuck more towards what we call the nature channel, the Schumann resonance. So providing, our intent with the environment that we're supposed to be in, it allowed my wife to just put it on her belt buckle and, the unit on her belt buckle, and then put the attachment directly on the womb and, you know, be able to walk around with it or rest at home with it.

And, yeah, through that, we we definitely noticed, a very perfect child that came, came to us and we continue to use it. We, I have in her bassinet is grounded, but we also have a flex pulse going, near her, not directly on her, but usually are not usually always on the 7.83 her.

So just recreating that natural environment that all the other animals are and, and she, we have a very calm alert and, fast growing baby. And, we're really excited to to, I guess, be one of the first people to, to create that

environment for an infant.

And only time will tell what the advantages are later in her life. Yes, yes, I've, I've thought about this often because, you know, the, of course, high intensity pmfs, you know, over, the womb while pregnant, as you said, it's not really recommended, but, you know, does that mean that we need to completely rule out using PMF therapy?

I think that's an important question. And, you know, there are certain situations where sometimes, you know, out of an abundance of caution, we may not be doing something that actually could be, you know, quite helpful.

You know, pet therapy is, you know, not used generally on patients with pacemakers. But, you know, I've certainly helped somebody who has a pacemaker, and she had a knee problem that we were able to do high intensity PMF therapy in the knee, because we know that that is not going to interfere with the function of the pacemaker at all.

So we were still able to work around that. And so in pregnancy is quite an interesting question because we know how beneficial pmfs are. Is it almost makes you wonder how could it not benefit the the baby in the womb, growing, especially when it's not at very, very high intensity?

Interesting question to ponder, and we'll see if more folks take, the cue from, you know, what you've done. And, we might start to see some more of that.

I can't help but think of, you know, in the world of acupuncture, we kind of have this joke that there's acupuncture babies, you know, the the, babies whose mother has been receiving acupuncture treatments and, you know, oftentimes we see that, there are less adverse events and healthy babies are born and they've benefited from the mother receiving acupuncture treats.

Yeah, we definitely use that as well. Yeah. We're we're a little older. So we were we needed a bit of help and yeah acupuncture was the follow up, you know to opening those channels and yeah, creating a healthy womb and a healthy environment.

And so I'm just excited. I've always been scared to treat someone else's kid or someone else. Right. Of course. Yeah, yeah. And it's so I like the way you said it, you know, you did it with guidance, and you made sure you knew about it, and then you made the decision to do this, and, you know, it has paid off.

So, yeah, I think that's interesting, too. You know, with the acupuncture, that's something that we're doing a lot in our clinic is combining. You know, I think there's going to be a day where, increasingly you'll see people doing more combined acupuncture and therapy.

And I actually wonder, I think, and there's no way for me to know this for sure, but I think I actually helped a patient become pregnant with doing PMA therapy because this is somebody who had been pregnant before.

And, you know, she was wanting to become pregnant again. And, this was somebody in her upper 30s. And so, you know, we had been doing acupuncture and PMF therapy, actually more for musculoskeletal reasons.

But of course, we did full body PMF therapy, and a lot of it was also done right over the abdomen because we were working on the low back and hips. And after like 1 or 2 treatments, she's like, I, by the way, are pregnant.

And so it's just interesting to sort of consider the timing for that. And, and you know, we know that with what PMF there is doing in the body helping to increase circulation and reduce inflammation, it's supporting having a healthy train.

And so, it makes sense to me that it could have possibly helped. But because we don't routinely use this, we don't really know. Maybe there will be a day where we actually use enough therapy to help support for activity and such.

Yeah, I think so, for sure. And again, it just comes back to that homeostasis, right? Our bodies are programed to be perfect and when you use it on those organs, on those reproductive organs, it's able to create, the right chemicals

and the right everything it needs to, to have that little miracle of life spark up.

Right. And, yeah, again, I was so excited to, to finally use it on our own situation because I wasn't willing to risk someone else's, someone else's, pregnancy.

Of course. Yeah. And, yeah, Doctor Pollack was really kind enough to, go through all of the science we measured. You know, the the depth of tissues in that area and the penetration of a field through that, that thickness of a tissue.

Pregnancy, Acupuncture, and Infant Use

And we came up with a really good, protocol. And it turned out to be perfectly safe. And, I know everyone's proud of their own kid, but, I think we got a special one.

Yeah, she's. She came out perfect. And, we feel she's already ahead of her game, even just five months. So we're really excited to see, what kind of, adult and child she she, she becomes because of this, this good start to her life.

Yeah. Yeah, it's it's going to be very exciting. I look forward to any of you reading your, documentation of in one day. The story. I the before concluding, I wanted to touch back on one quick thing.

You know, we were talking about cancer and, you know, it occurs to me, you know, you sort of described it in this way where it's developed and so much of this now is is happening because not on our own fault, but just, you know, we're surrounded by so much of the high frequency emitting, you know, technology out there, cell phone towers, 5G hidden, integrated.

And, you know, we just we're sort of we're being bombarded by this, too. And, you know, I think that, you know, that doesn't help things. And so all the more reason why, you know, with PMF therapy, I think there's a huge preventative role.

So we, you know, we don't need to wait for the problems to start. This, to me, is, in addition to all the powerful ways it can help. It really is preventive medicine.

If we're doing this on ourselves, we really are doing so much to support, and undo the effects of that bombardment that's just currently taking place.

And we don't even know it because we can't feel it. Until, the generates symptoms and it might be too late at that point. So, you know, I just really want to emphasize, like, we we owe it to ourselves just as, human beings, that we really leverage something like this because that's the best medicine is preventive medicine.

And this is every other animal is doing that. They're preventing any medicine. Right. And I've always or any problems and yeah, I always tell people that this is the antidote to our, our current electronic age, right?

We we the words are the same. It's EMF or EMF, right? We live near electronic equipment that are emitting magnetic fields. You're never going to hear those words.

Part EMF. So we're we have this new environment, this new EMF environment. And it takes a pulse in a very precise one to undo those effects. So yeah, I call it the antidote.

Like if you want to still drive your car, pick up your phone and, you know, enjoy the internet, you owe it to yourself to undo those effects. And it's a lot like what we do with every other natural element that, is in our lifestyle, right?

We filter our water, we add minerals to it. Again, we add minerals to our diet because it's not coming to us from nature the way it was supposed to. So we already filter a lot of these natural elements that we know are important, and power is the next filter, and the next conversation that we have to have is humans.

Because again, it is senseless. You can't touch it, taste it, or feel it. So when you pick up your phone and you put it

on your head, you know, like, oh, that gave me cancer.

So it's it's not this like it's not this finite. Reaction. It's this slow sandbagging. And that's again, that's why I say everything's developed. It's developed slowly.

And that preventative care unfortunately doesn't get, any recognition or the recognition it needs because everyone loves talking about bad things and how they, like, got through this hard time where if you just practice preventative care, you know, you never get to know how bad it was or how much it hurt or how many surgeries you need it.

You don't have this thing to talk about. So that's why I love being a part of this conversation. And sparking conversations in people is that we have to talk about the senseless environment that we feel, and then that preventative care actually does work.

If you have nothing to talk about, that means it's working. That's good. Yeah, it's a great thing. And unfortunately, people in our culture love complaining.

And if they if they start, you know, have if you like. Hey Betty, how's your arthritis today? And she's like, oh, it's so bad. The weather's changing.

She as an individual has to want to change that conversation. And I see that in my practice. Sometimes I start getting people's hands moving again. And now they got nothing to talk about and they start coming.

Because they're like, oh, my is right is still really bad. Yeah, I can, I can really there definitely is, you know, the section of people who are maybe attached to what they've got going on and it has a role in their identity or it's just too big a part of their life.

But for the folks that don't know that this is out there and then, you know, first off, they need to know because this is not something, that, it's in the mainstream yet.

And hopefully this event is going to be part of launching this further into the mainstream. Yeah. But, you know, time and time again, people will go and research this and they come back to me, they're like, man, I couldn't even find anything bad about it. You know?

And it's like, yeah, I mean, you, you're right. It's so we don't really see too much of that. That's rare, you know, that's special.

Closing Thoughts on Value and Adoption

So, it's, it is definitely exciting to be a part of this movement and to educate people about this and the folks that get it, they they certainly get it.

A good PMF system will definitely not be cheap. The flux pulse does a lot to circumvent that because it is at a much lower price point than many PMF devices, and it is strong enough to do the work.

But, you know, the reality is it's the value. You know, it's it's like, what other treatments can you do that not only are going to help with whatever problem you're trying to work on, but also provide that preventative aspect.

You know, I can't think of much that does that. So it's the value, you know, and and yeah, I mean we might be used to insurances covering things and we just want to do it.

If the insurance covers it. But that conversation has to change. You know, we got to be willing to make some commitment and put in some time and research and get the value.

And, you know, this is, this is how things are going to change. Yeah. One person at a time. And yeah, I guess that's why I love being here. I'm so honored to, to be able to spark that conversation because I try to do this on a one on

one not try.

I do do this on a one on one with each of my clients, but it's great to have a larger stage and and a louder microphone. And hopefully people, get the, the commonality of the of the topics that we keep talking about.

Right. Like it's it's innate. It's within you and magnetic fields are the way to release that. Yeah. For lack of a better word. You know, it's your God given right to be healthy.

You gave you all the ability within that DNA, and every other animal is practicing it. But us. Yeah, yeah, I still, think about that analogy. I, I never thought about it in that way until our interview.

The first part that we did, so that's such a cool, way of looking at things. All right. Well, so I think I don't have anything else I want to add about the slides.

Plus, I, you know, I recently had to give myself a set of new coils because, I wore out my, other ones. But my device is still going, and I use it, and patients use it, and we love it.

It's, it's special. And, of course, it has Doctor Pollock's input in the engineering of it as well. So, you know, very folks get to benefit from that.

Any, parting thoughts here before we conclude? No, I think we covered everything. Yeah. I've, part one had a lot of my favorite things to say, so hopefully we'll revisit a couple of those and.

Yes. Yeah. Very good. Okay. Thank you so much again for your time. And, we will hopefully talk soon. Yeah. Send it. All right. Take care. You take.