Goal of the Office: Reach Maintenance

I tell every patient who sits down with me and does a report defining that the sole purpose of my office, the main objective of office is to get you to a maintenance program.

When we successfully get there the reasons that you came in, to health issues and concerns that had are now a memory of the past.

How Maintenance Visits Work

That's my expectation and that is my intention that if you are coming to my Office, you're gonna do your part, we will do our part and we'll create amazing successes to the point that your symptoms are a member of your past In normal maintenance programs, we might be seeing a patient once a month, once quarter, a couple times a year.

It's all dependent on how much you have taken from the educational experience to recognizing what does well with your body, what hinders your, and how you can maintain the results going forward.

See, I'm not here to give you a supplement today that you need to be on the rest of your life. We use the supplements to supplement the diet. They are fulfilling your body's deficiencies, but by working at your diet and maintaining your bodies deficancies by having good food come in, we need less supplementation.

So in a standard option or a standards scenario where there's nothing really wrong with you, maintenance is like getting your car's oil change done.

Supplements, Diet, and Long-Term Care

Car works great, there are no problems, but every three or five thousand miles, I go clean the tank. So any products that we were previously using, we want to make sure that they're still appropriate for your body.

But I would also put my own little personal spin on maintenance. I hope that by achieving maintenance, we now have established a relationship of trust that we could provide you with results.

So I hoped that once we fix why you've come into my office, 5, 10, 20 years down the road, you think of us that if something is going wrong. Jimmy, I don't feel good.

Can I come in? Yeah, come on in.

Building Trust for Future Health Concerns

Jimi, i've had some constipation recently or some headaches or You know, some cramps, whatever it is. Can you help me? Come on in, let's test. Let's find out.

So I really hope that in a maintenance program, we are there as a holistic health care provider for you. If you call me up and say, Jimmy, I think I broke my arm.

You better go to the emergency room. But if it's something in the chronic phase of the human body, We want to earn your trust so that we have this relationship through maintenance.