Top Detox Cellular Cleanse Program Transcript

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Introduction to Deeper Healing

Hey, this is Danielle and one of the co-founders of Deeper Healing and I'm going to give you a tour today, like a sort of inside sneak peek. One of things that people always ask is like, why does deeper healing get a different result than so many other places that our patients have traveled to, which you can see behind me.

And the biggest thing I think is that we dig down a couple levels deeper And we also look at every single component. So we're looking at their diet, not just their diets, because a lot of them have done that, but we are looking their environmental exposures, their emotional state, what's physically going on.

And I always say what we do here is so elegantly beautiful. We're really just pulling down the bad, pushing up the good. The good is very unique to them.

It's really their deficiencies. They kind of let the body do the work. And that's how we're shooting for long-term, sustainable wellness. We want you to fly away.

You're never gonna be the doctor of see you next month. And we don't wanna see next you month, we never wanna you again. we want to you fly you away and live your best life.

So come on, let me show you what's going on in here. I'm gonna give you a quick tour of the office, sneak peek. All right, so over here we have our ion cleanse.

I call this entire area the water cleanse corner. So we got the ion cleans because we see, we're one of the rare places that sees a lot of children. We know our sauna rejuvenates is the most powerful thing we can do to detoxify, but a lotta times we wanna do something softer.

If we children who are too young, We use the the Ion foot cleanse for that. Our hydrocholine therapy room.

Water Cleanse Corner and Colon Hydrotherapy

I love this room when we were originally designing the center we're like we really want to add colonics we thought who is going to guide us to the best colonic in the world and we reached out to Donna Gates and I don't know if you guys know who Donna gates is but she is one of those pioneers and she wrote I Don't Know How Many Decades Ago Body Ecology it's a great book And she has been a long-term fan of hydrocholine therapy and she is had colonics all over the world and She's always giving everyone tips and tricks that she's learned internationally and I said Donna like we really want to add Hydrocholine therapy to deeper healing and said oh, I'm gonna tell you what is the best machine to get and get the Best trainer and you will have the bass colon hydrotherapy room that you can have so Uh, she wanted us to get the clear water, hydro colon therapy machine, a closed system, really gentle, Really amazing.

And we have the trainers flown in to train our girls. Our girls are awesome. And I love this room because, you know, people are really, really scared of hydrochlorotherapy and hydro-choline therapy is awesome.

So, um, what is it? I always say if I had to explain it really quick, if you were putting grease and junk down your kitchen drain and over time the drains getting smaller and smaller, and it's getting this hard stuff caked on the edge, right?

How would you clean that off? You would wanna take warm water and you would like those big chunks to be coming off and getting back to the original piping.

That's literally what we're doing with hydrocholam therapy. Hi everybody, we are at the deeper healing IV room. I

love this space. This is where the community hangs out.

We have organic coffee and tea and everyone kinda just mangles or if they just wanna be left alone we have little nooks where you can just be all by yourself.

this is a state of the art room I'm going to show you, even though it looks really cozy in here and we have the most wonderful nurse. I'll introduce you to Sam.

Sam is one of our nurses and he is very, very all of nurses are very well versed on really hard to get people. But let me show the IV prep room. So we've got about, I don't know, 37 different IVs here.

They're all very high quality medical grade. These are things that you cannot just get at your local franchise, as you can imagine. And we also have a state of the art hospital grade clean sterile room that we make them.

This is where the magic happens. What I love about the IVs that I have is just they're the highest quality, you know, but also they're specifically made for the patient.

So what does that mean? You only need what you're deficient in.

IV Therapy and Personalized Treatments

And so we're looking at your labs and there, I call them like the mad chemists where they're putting together something that has a very specific purpose for you.

I think so many people out there are just kind of like shooting in the dark. Same with their supplements. They're just kinda like, do I need this? I don't know.

Some TikTok person said it was good or this IV center that doesn't even have a physician in it told me it's good. And that's not the way to run your health.

Especially for people who are dealing with serious chronic illnesses, everything should be very intentional and purposeful. You want the biggest outcome for every single thing that you do with Do No Harm.

And the only way you can do no harm is if you know what you're doing. and you don't wanna be your own case manager when you're dealing with stuff like this.

Okay, we just got done doing a UBIO zone. It's one of my favorite treatments at Deeper Healing. So, you are using your blood and people are always like, how much blood?

You're literally using the smallest amount. Its 60 cc's, it's like a couple teaspoons. Um, and then it literally your, your own blood is running through the UV light.

So UV lights used to kill bacteria and viruses and germs. And then we infused the blood with ozone. You'll see the flood get very, very vibrant and red.

A lot of times when you see people getting treatments in here, you'll say real thick, dark, heavy blood. I always say it's like toxic looking blood and it like that old oil in a, in car.

And you'll see it just really turn around. By the end of their course, you will see their blood comes out. It's very, very has great viscosity, has a great color, and you can just actually physically see that they're recovering.

That's really cool. Come on into Rejuvenase. I love this studio. This is a big part. And this is exclusive to deeper healing. It was designed by its founder and it's a four step process I'm gonna show you what happens in here.

So for the people who are severely ill they tend to be on the recumbents Everybody else goes on The treadmill and

for people here for real serious performance they go on that elliptical and let me tell you I can't even do 60 seconds on That thing it is hard but Let's take it over here.

Even people can do rejuvenation on a wheelchair. If you're in a wheel chair, we will use the hand cranks because this is not about exercise. It is about breathing and it is getting your heart rate moving.

So we can to it with your hands, you can it do it your breath, but this how we do so it's four steps.

UBIO Zone and Rejuvenase Overview

The first step is on piece of equipment, 14 minutes, and you have your own oxygen mask. And you are going from sea level to high altitude. four times in 14 minutes.

What we're looking for, this is where the magic happens. The magic, happens when your heart rate is up and your oxygen drops. what the body is, what we are trying to recreate is you're in the mountains, you are walking on the path and you realize there's no, there is no air.

I feel the high altitude. We're trying recreate that feeling because that is when you body's like Oh, we need to keep this person alive. We're going to maximize their oxygen intake.

So this is how we, replicate that feeling. And the second that we see that magic moment, We push a hundred percent oxygen in. This cells get filled with oxygen.

You filled in your brain. It's amazing. Two things will happen. One, you're gonna get flushed with the oxygen, 14 minutes is equivalent to hours in hyperbaric.

Who wants to lay in a tube for hours? Nobody. And it's not efficient because you're pushing by pressure through the skin. That's is not an efficient way.

This is super efficient. You do it in really short period of time. The second thing that's happening is as the cells are getting super oxygen, toxins are being released.

Now normally those toxins will go right back and settle in. But this is the trick. We put you second step. onto the Juvent platform. Now the juvent is amazing technology.

This is literally a NASA technology that is how do we keep someone in a weightless environment from not atrophying. So it's not just muscles and bones and circulation.

It's also lymphatic drainage. I used to only talk about lymphonic drainage because we're specifically doing lymphotic drainage with the Juvent in this four step process, but you're getting all the benefits.

That's what's so incredible about it. 14 minutes on the equipment, 20 minutes in the juvent, And then you're going straight into one of our beautiful sauna suites.

So we have three of these saunas, sauna shower suits. What I love so much about our saundas. These were handmade basswood in Canada and they are full infrared, full red light and full salt.

And I don't know if you can see these salt blocks on the side. They're running down both sides. We're really replicating. a German salt cave. Great for respiratory stuff.

These are low EMF. Super, super clean. these are the cleanest saunas that we could find on the market. We love this sauna. So 30 minutes, 130 degrees, you get a drink to get your detox jump started.

before and you get a drink after that has electrolytes, just super clean.

Saunas and Detox Protocols

And immediately after the whole time we have towel service, you are literally taking every drop that comes out of your skin off and then you go into the shower.

So the purpose of this is lots of oxygen, dump the toxins, pass lymphatic and out your scan. This works so beautifully. Staying hills do this every single day our locals will do it two to three times a week By ten or more you have literally flushed your organs out.

I'm not kidding by the third one You're addicted you're like, wow My brain is so clear and on the other thing that I love that we don't talk about enough is like this is incredible for concussions for for brain stuff you can really feel the change in your body.

And a lot of times, our toxins are stored in our fat cells. So when you start really moving the stuff out, you will notice your buddy will flush out a lotta fat.

That's just a side bonus. You know we love sauna, okay? And Dr. B, I mean in his TED Talk, he went on and on about 40% all cause mortality reduction. There's just no doubt.

So the future, I truly believe everyone will have a sauna. And I think that's why saunas are so popular right now. One of the things that we've experimented with in here is how do you get the absolute most when you sauna?

So one of the things are, some people don't sweat. Some people's autonomic systems are all clogged up. And some just, they just struggle. So we have learned all these things over time, like, oh, this is happening, then we do this.

We're putting a course together for anyone who saunas at home to make sure you're getting the absolute best. What we use is a particular detox protocol B4.

depending on what your problem is. And then we have very clean electrolytes when you get out because you want to replenish what you're losing and you wanna make sure you are sweating very efficiently and getting every bit.

Please, dear God, take a shower. Do not get in your car and go home. Hey, everybody. Okay, so I'm gonna take you back through practitioner route. Patient care coordinator.

I'm going to take you all the way down the hall, but we're going start off with Dr. Lee's office. So this is Dr Bauer Schmidt's Office. What I love is this office is meant to be a training room.

Doctors come in, obviously patients come, in but doctors come and they can go through the cases on the television. and they'll go through, okay, 34-year-old woman, Lyme disease, manifested like this, how did we recover her?

Practitioner Offices and Care Coordination

And show all the protocols that got her to full recovery. So this is a very special room that is used as conference training room. Come on down. Okay, I'm gonna bring you down the hall.

We have patient care coordinator, Allie, we have Patient Care Coordinator, Lisa. And what the patient-care coordinators do is they make it all make sense.

You have your hour with one of the practitioners or the physicians and then it's like Okay, well now what? They're the ones that help you with the pricing, the timing.

Do I come fast? Do you need a lab? Are you being recommended for a stay-in-home program? Those are the people in between that make it make sense for you.

And they're usually assigned, they honestly become your person and they love their patients. Really special part of what we do in here is that one-on-one care coordination.

We have our nurse practitioner, Julianne, and this is a really special room where we do residence therapy and we ART in this room. So this our acupuncturist using stainless steel tuning forts with sound bath.

It is totally addictive and amazing. Everybody loves this. And this is also the diagnostic room when people are doing ART. Almost all of the stain heels do this on day one.

We're really just looking for anything that is kind of potentially a problem outside of lab work. Okay, I love BrainAlign. Brain Align is incredible. We use it with our stay-in-heel patients and our really seriously chronically ill people to break that cycle of illness.

I'm not a good husband, not good wife, never going to get back to work. All the things that self-talk that just keeps them kind of in this scared disease state.

So we really, while we're getting the body better, we are calming down the mind. It's a huge part of pulling it all together. It's also meant for our locals that have anxiety, depression, neurological ticks.

What I love is it's safe for children, teens and adults.

BrainAlign, Diagnostics, and Building Safety

And we've seen incredible work on concussions and all kinds of mental issues. Um, and you'll see even the kids, I loved the kid's like, like these appointments.

They're passive, they come in for about 20 minutes and they get to just talk to the practitioner about what's going on. And the treatment itself takes about 20 minutes.

So it's very kind of easy and passive, and they get great results. Okay, I know this is weird. I'm bringing you into the utility room at Deeper Healing, but this why this room is so important.

Dr. B always laughs at me when I am touring people in here. So when we were creating this center and we wanted it to be safe for the most sensitive people, we have to bring everything in house.

We do all of our own laundry, non-toxic, completely clean laundry for all the towels, the sauna, and everything here, The water pure effects cleaner. This is the one that we use our whole house.

The toilet water at deeper healing is pristine. The drinking water, forget it. It's mineralized, it's literally reverse osmosis and alkalized. Um, we have, everything is hardwired.

So we went to great expense to make sure that everything was hard wired. We have double ground electricity. There is no dirty electricity in the walls.

The paint was, um, VOC eating paint. Every piece that was every selection was made for its non toxic characteristics. Fresh air intake, absolutely pristine water, all of the electric has been EMF harmonized.

We've done everything that we could think of to make sure that the most sensitive people feel safe and know that they are safe at deeper healing.