Toxic Mold, EMFs & Heavy Metals Transcript

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Introduction to EMF and Environmental Medicine

You know, the EMF guy, I'm a citizen journalist specialized in the health effects of electromagnetic fields. I've been studying the topic of environmental medicine and toxins that we are exposed to for over 15 years at this point.

And we know that things are getting bad. To put this solar tower so close to the students is wrong. Yes, and there is one thing that everyone can agree on.

We just don't know enough about it. Flint's tap water was laced with dangerous levels of lead. The state knew about it and did nothing. So for seven years now, I've been interviewing the top minds around the health effects of electromagnetic fields from Wi-Fi, cell phones, Bluetooth.

We have, for example, over half all kids nowadays in the United States that have chronic disease or obesity.

Why Deeper Healing Was Founded

So I know it's a huge issue and there's no denying that the environment that these kids are in, namely the EMFs or the chemicals or mold that they are exposed to, are huge contributors to these conditions.

So, I wanted to verify what are the top environmental medicine clinics doing about these issues and is there hope? I wanted to find who can treat electro hypersensitivity or multiple chemical sensitivity or mold illness and who has figured out the right combination of modalities that can help us get better and in fact thrive in an increasingly stressful modern environment.

And this is when I got an email from Dr. Stephanie McCarter at Deeper Healing. She told me, Nick, you have to see what we're doing. It was probably about 15 or 16 years ago when the concept of deeper healing was just beginning to form in my mind.

What I was trying to do was create a paradigm that was easy to understand, that people could wrap their heads around us to how they were sick.

Patient Stories and Treatment Philosophy

And in the process of learning this, we've made some amazing discoveries. One of which is the people that come here and have been helped want to continue it.

We formed almost a community. People feel taken care of, they feel held. They feel like they're in a safe space. It has become not just a pathway to healing, it has became a philosophy of life.

One of the things I love about Deeper Healing is that we do all parts of body. Mind, body, spirit, treatment. Were not looking at just one aspect, which is typically what I've learned in my internal medicine training is You know, what are your labs show?

What are we going to give you for a medication? what tests do we need? This goes far beyond that. We need people that are feeling bad to feel hope and to like somebody cares and when you're sick you need that so much.

It makes such a difference when your trying to get healthy and stay healthy, and vital. For me, in September of 2022, I went for a routine checkup. It was supposed to be a Routine In-N-Out appointment, turned into four hours later, walking out with a pretty serious diagnosis of a chronic disease.

I left there just very dumbfounded. Was a very assembly line approach, not like you were an individual. Then I

made the call to deeper healing. My dad happened to have been a patient here for his heart disease and he was like, no one else can help us.

I know they can put us on the right track and they're gonna help you. That was it. It was game on. My brain wasn't working. Physically, my body was shutting down.

it was difficult at some point in time to even sit down and type out an email. i was forgetting who people were. I couldn't remember faces anymore. It was just normal.

Healing Children and Heavy Metal Testing

This is just normally when you get in your early to mid 40s that your body starts failing. You're just signing up for this perpetual wheel of prescription and nobody had an answer.

But nobody ever questioned me what my lifestyle was or what exposure was. And for the one time and the first time ever I actually had a doctor tell me, hey, I know I can help you.

And immediately within two to three months of coming here on a regular basis, twice a week, I start feeling youthfulness come back, the exuberance come, back I started feeling the energy come.

My cognitive functions started coming back. This is like nothing else you can ever experience in life. When she was 12, she started exhibiting a lot of health issues.

She was brain fogged. She was extremely fatigued. Her joints would ache. she had a lotta trouble falling asleep.she was depressed. That was not my child.

We took her to a functional doctor, and they did blood work. And they said, well, we're not sure what's going on, but let's try these supplements. We weren't seeing any kind of progress.

In fact, the supplements seemed to really upset her stomach.

Environmental Medicine Lineage and Clinic Visit

that there was a new practice and it was called deeper healing. So we tested for heavy metals and boom, that was the smoking gun. Doctor said, well, we'll do chelation therapy.

She had IV chelasion therapy and after one treatment, she was significantly better. And by the time she had her fourth, just her forth chulasion treatment she like a whole new child.

Deeper Healing, what they're doing is continuing the work of these pioneers in environmental medicine and trying to find answers. In a world that is increasingly toxic, how can we thrive?

How can be truly heal? Dr. Stephanie McCarter has worked directly with Dr William Ray and is continue Dr Ray's pioneering work in Environmental Medicine.

And then you have Dr B who works with Doctor Stephanie McArthur who is a student of Walter Crinian. So you have again two students of the best ever doctors in environmental medicine that are literally improving these protocols and adapting them to the new exposures that people have nowadays.

And I said, OK, well, I think I need to come to the clinic and she said, Nick, we're going to have you tested. We're gonna test your health. You're blood, your urine and see what's inside your body.

I've been on stages, I have been to hundreds of different podcasts, but I never really been in an experience like this. Testing my body and being the guinea pig for such an experiment.

In the next days I'm gonna spend time at Deeper Healing Clinic and we're gonna see what modalities are here for people who suffer from electrosensitivity or multiple chemical sensitivity or any type of mystery illness and what the pioneers of environmental medicine are doing to help patients get better.

I don't know exactly what I am gonna do there. What they're gonna have me go through but I know it's gonna be exciting and in the end I Know it is going to be a great learning experience for everyone watching this.

So Let's go and and see what's happening at Deeper Healing