Guest Introduction and Animal Love

– I am so excited to introduce our next guest and if you're an animal lover like me you will you will love what we're gonna talk about. Our next guest is Dr.

Marlene Siegel and I've gotten to know her recently through an association that we're both part of and the only thing I wish is I wish she lived out closer to me because she's a veterinarian, she's been a veterinarian for 40 years and she is amazing at the ways that she looks at taking care of these animals that we love.

And I love also Marlene how you call people that have pets pet parents, I love that, it's not just having a pet, you are a parent. I've always felt that way you know we we've had so many animals in our life.

My wife is a huge animal lover, my kids are too and they become part of our family like our dog Yogi right now is such a character but even with the kids I say all right take care of your little brother, Yogis, their little brother right?

And they love them and my son lives up in west Hollywood. So we're down in San Diego lives up in west Hollywood but his favorite thing is to come down and kidnap our dog and and take him take him up with him for like a week or two and we were so lonely when he's gone. So your passion for animals I know is something that a lot of people feel and I'm just so happy to have you on because there's not you know there's some it's for healing humans and you know, there's lots and lots of those, but we don't get the opportunity to have someone like you a master at, at really looking at tough, tough things to heal where you've gone so outside of the mainstream to find answers. And so I'm excited to have you on.

– Thank you so much for being with us Tom it's such an honor to be here. And thank you for holding the space for our fur babies because we, we've evolved from having them as pets to having them as family members.

And for many people, they are soul pets. The animals today are very special in a, in a different way. And they're guiding people through a lot of ascension. – Yeah, no, I totally agree with that.

And so this is the global energy healing summit and, and they are energy, Everything is energy. And so that for baby that you call, although you have horses too, are those still for babies?

– For babies. They have a little bit of feathers or scales. They're all the same. – You and you have, maybe we'll get into a little bit later. You've got horses.

You've got, you know, you have cats, dog, uh, chicken, what did you say, chickens? Yeah. Yeah. So amazing. Amazing. But they are energy. And so I mean that's the great thing about them when like my, and there and we've had different pets in my family that, uh, like we have a cat and the cat we've got from the pound and and she's never been, you know, lots of, you know, she's not been the one that will come and cuddle up next to you.

But she brings kind of a cool kind of independent energy into our house. And then we've got our dog Yogi that you know, he's all fired up and all the time.

You know, we we work on calming him, but we love that, you know, he's got some really good kind of energy that makes it fun around the house too. So it is amazing. And also just the end That they bring.

From Traditional Vet Medicine to Holistic Healing

But the way they accept our energy and help transmute our energy is really quite amazing. When did you figure all this out? Like was it when you were a little girl or how did you come to be this person that had so much love for the fur babies?

– I did come out of the womb with that energy. And I didn't have pets until I was late in my 89 year old region. And so I finally got my first dog because I had taken a ceramic cat that I had bought. My dad bought for me.

And I said it, I bathed it. I talked to it and my dad really thought that I thought it was real and he talked to my mom and he goes, I can't have my kid going around pretending that the ceramic cat is real.

So we're gonna get her an animal. So they got me a dog. If I would have known it, that was that easy. I would have done it years earlier and then it was a horse and then other animals came into my life.

But yes, I I always did that. I never played with dolls or stuffed other things. It was always animals. So thank God I was able to fulfill my passion and my purpose in the world today and that is really all about animals and mother earth and all of that.

I had turned that off, turned back when we had to do our call, I'm so sorry. – Yeah, what was that? – That was my phone barking my yes and years ago my kids thought that it was appropriate for me to have a barking tone.

So its way ever since. – I think that was the perfect little interruption there. Just how what did you are to your craft and all these animals that you love. So, so when you got into, when you became a veterinarian, you know, obviously you're probably trained the traditional approach and which is what you probably found pretty quickly was limiting.

But how did you, and we're gonna go over your six steps to healing pets holistically a little bit later. But how did you venture beyond the traditional because you know, in vet school it was probably, you know, do it this way, do it this way, do it this way, do it this way, that's what we do. You don't do it that way anymore.

– But at all. So let me start by saying, there is not a veterinarian on this planet that doesn't intend to do the best they can do for their patients, but we know what we know and we don't know what we don't know, We're not taught in veterinary school anything but al empathic medicine, we're taught to name it, blame it and then treat it with a pharmaceutical or with a surgery or chemo, radiation, whatever. And so that's how we come out of school, being able to name it and blame it.

But I have an incident when Oh gosh, it has been about 20 years now with one of my show horses and my youngest daughter where they were involved in a riding accident during a show and it was in my quest to fix the horse because that horse literally saved my daughter's life, literally saved my daughter's life.

And it was in my quest to fix the horse that I was really inspired because when I had veterinarians come out and look at her to diagnose why she was having what looked like seizures, but it was actually neck spasms when they said to me, we don't know exactly what's wrong with her, but we'll tell you she's not safe to ever ride again. She was a seven year old, Canadian national champion, us national champion and open divisions and could take a little 10 year old walk trot writer around the arena safely. So, but more than all of that was she saved my daughter's life. So I was not willing to not have her fixed.

So when they said, here's your two choices, you can retire her to a pastor or you can put her down. Something really awoken me. And I think that's really what happens for most people.

Either they have a health issue with themselves that weakens them up to a bigger purpose or a family member or a loved one, whatever. But something happens in our life, financial, what whatever it is that makes us step up and go, no, I don't accept that as an answer. There has to be more, there has to be solutions. And it was in my quest to fix Lily, the horse that really took me on this journey and then I expanded everything I learned for her into my small animal practice and into our personal lives and it continues today.

I'm still finding new technologies and I'm always adding them into our repertoire of things to do. – Yeah. So what happened with Lily? – So she was having neck spasms because we're not being floated properly.

So for an English show horse, they have to be able to call it, breaking at the pole, they have to to put their head

down and still be able to drive their legs really far out front. She couldn't do that because her teeth were not properly flow and she has sharp spurs on the back of her teeth.

Now, mind you, she's in the show barn for money every month, we're not allowed to treat her own horses. And so I'm trusting that she was being taken care of properly, but for years and years and years, she was having to strain her neck to be, to kind of collect herself like this over the time it caused her to have severe arthritis and severe neck spasms. So that's what happened in the arena.

She was just reaching her peak and the spasm occurred and it caused her to rear up and my daughter wasn't told if your horse rears bail, so she literally hanging from the reins, pulling the whole over backwards. Number one cause of a rider's death is a horse crushing them when they rear and they fall backwards.

– Right. – So I had a £2000 horse and a year old that weighed 50 pound so that would have been a disaster. But lily squatted now this is as she's being pulled over, so imagine she's being pulled over by a 50 pound weight hanging from her and she squatted on her left hind leg and pushed herself as hard as she could to the right and my daughter was falling to the left.

Lily the Horse and the Turning Point

Yeah, so when they when lily hit the ground, the thud was unbelievable, It was chilling, There was silence in the arena because everybody knew what was gonna happen.

She was going over the question was, would kill the child or not. So I jumped over the rail and as I was running towards her, I truly did not know if I would find my daughter alive or not, really struggled back to her feet, but my daughter was still on the ground, not moving there by the grace of God and lilies, quick thinking, her athletic skill to be able to do that. Honestly, my daughter was fine.

The only thing she heard was her pride, but when we went back home a few weeks later, we're back in training and it happened again and it happened a third time and the third time it happened, I was stand next to her and I literally saw the whole spasm go up her shoulder up her neck. It was just, she couldn't control it.

It was so and here this magnificent horse is trying all she could to perform into her job and she was so much pain and nobody realized it. So that took me the chiropractic work.

That was the first thing I started doing was doing chiropractic work on her and then lasers, we still were already planning on going on the show circuit and I will tell you I worked on that horse every day five months later after being told she would never be ridden safely and she would never be shown again. She and my daughter won the United States Youth Reserve national Championship. Yeah. It's the most prestigious horse show in the entire country and they killed it. I mean, they were just amazing. But I worked on her every day.

– Yeah, that's amazing. – I've been doing well in my backyard. – Yeah. And so that was that was 20 years ago. – Yeah. – And so so your first years in practice, you were doing the traditional ways and it took this to have you 20 years ago.

Start to look beyond and very, very cool =. – I'll tell you a story, about a year or two before I began doing the chiropractic work and forced myself to do that.

My personal chiropractor was trained in animal chiropractic and he said Dr. Siegel, you got to do this. It's the coolest thing and you really need to learn. I was home schooling to Children working full time in a busy practice and I just I literally literally put my hand up and said, Dan, talk to the hand man because I cannot take on anything else in my plate.

But I tell you when the universe tells you it's time, answer the call. You don't have a and so that took me to the chiropractic and then a wonderful veterinary acupuncturist came into my life and she's also an herbalist and then all these people just came and serendipitously at the right time for the right thing.

And I was just open to receiving. – Yeah, we have some cool pictures will show at the end here of alternative ways of treating pets. Obviously when a pet is not healthy, it's it's such a it's a tough time for the pet parent. You know, not being able to talk and know exactly what's going on. It's almost a mystery.

And you have your six steps for healing pets holistically. I'd love to go through those so that people that are watching and listening can have some options, some things to think about and you know, they may not have a Marlene Siegel in their town, but they at least have access to you from watching this or can get in touch with you and and and and maybe even suggest to their veterinarian that's treating their pets.

Some alternative ways of thinking or find somebody that's more in alignment with the way that you treat pets. But what are the six steps? Let's go them. Let's go through them one by one.

What's step number one. – But let me set it up so that they realize that they're not doing anything intentionally harmful to their pets. Sure, parents of today, they are not satisfied with a pill for the ill and the diet for the disease.

They are not willing to accept chronic relapses and that's the that's the world that we came from. And And I considered myself an exceptional veterinarian even back those 1st 20 years, but I still had animals that would relapse and more so now than ever, we're seeing cancer rates that are so high.

The cancer rates for dogs right now are one out of 1.65, which is almost 100% of dogs getting practicing. 40 years ago. We saw one or two cancer cases a year.

I see on the average of 10 to 15 a week. Yeah, and cats are one out of three. So, setting the stage to understand that we can no longer have the same mindset that we had 2030 40 years ago because the world has dramatically changed.

So, people are looking for answers and then this, this wonderful download that I got, which were these six steps enabled me to have a plan of action that everybody could understand and they could easily implement. So number one is we have to stop doing the things that are causing the disease they're not coming from, you know, out of mystery world here.

Them were creating them by doing the things that we're doing that are toxic. So number one, we stop polluting the body. We look at the food that they're eating.

Are they eating highly processed foods? Now, I know the controversial subject for people not awakened yet, but honestly, everything that I do follows nature's plan.

So, if we look at how animals carnivores in particular, because that's what we have. Our dogs are carnivores are, cats are obligate carnivores. They have no dietary requirement for carbohydrates end of story, they have not evolved, like dogs have to accept another level of carbohydrates.

So all processed foods, whether it's a kibble or in a can, all highly processed foods is 40-60% carbohydrate and that's highly processed carbohydrates. So that's gonna turn into sugar and their bodies are just not designed to work on that fuel source.

So number one, we have to look at a species appropriate diet. Number two, we have to look at the water that they're drinking and I'm positive that there's gonna be other people talking about water on your summit, but we look for water that is structured that is filtered so that the toxins coming through our top water are removed. Most people aren't Where the fact that there's over 85,000 synthetic toxins in tap water and authority of them are carcinogenic.

So they cause cancer, heavy metals. It's ridiculous what's in our water. So when you're drinking tap water or water that comes from the fridge, it's not being purified and it's certainly not structured.

So those are really important. We want to look at food, we want to look at water and then the environment that the animal is living in. What is your air quality? Do you have mold in the house.

Do you have a lot of uh formaldehyde and and things that are off gassing from candles that are not organic. The cleaning materials that you're using. The things that are touching the skin, are they washed in Zeno estrogens?

Those are estrogen mimicking compounds that are creating havoc in the body. So we want to look at all those factors the animals exposed to. Also looking at the amount of E. M. F. That they're exposed to.

How many people have a cat raise your hand that loves to lay on your computer. Well, if you're not hardwired, that cat is getting a massive amount of E.

M. F. And they like to lay near routers or people put their beds near the routers for whatever reason. So leave your house, you leave your routers on. Guess who's in the house all day long.

So these are all things that we help people to become aware of the damage and the exposure, microwave ovens. I mean these are just horrible things to expose us to horrible, exposed to our pets too.

The Six Steps to Healing Pets Holistically

So we look at all of those factors, including the ants that live in our brains and ants are the automatic negative thoughts that we have and why? That's important is because when we, as humans have a negative thought, we create these neurochemicals that signal our D. N. A. And ourselves internally that there is danger out there, we need to cry create a different type of signal.

We have to have a different way of responding to this. Well our animals are in training to our energy and tom that's not even a woo principle. That's a physics principle, right? Training. So our animals are in training to the emotional energy that we're giving off. And most people, when I say this, they're gonna recognize when you're really upset or you're really sad or you're really feeling bad who comes over to you to be petted your, even your cats often times if they're into people, but they'll lay on you, they'll per on you, they'll lick you. And as you're petting them, you're not even thinking about it, but you start feeling better.

It's because they're taking some of that heavy, dense energy and they're saying here, I got a big shoulder, I got a lot of room, You can share that with me and I'll help you feel better. – Yeah, absolutely, totally believe. Yeah.

– So it's not that we're giving them our bad stuff that they are here to help us navigate this very dense dimension. – Yeah. And that, no, that's that's a really wonderful way of thinking about it.

They are here to help us navigate, right? They are almost like little guides for us. One of the things I that resonated especially was the food part growing up, you know, you would feed the dog off the table. Uh and my mother in law who lives with us now and and she's 89 she has dementia. But she every we remember we bought her a little cavalier King Charles. And by the time we came back to see it a year later now, this was many, many years ago, not when she's, she's living with us now, But it was this porky little thing, right? Because you know, she was feeding not, not meet, you know, because they're carnivores, but probably the breads and the cakes and the things like that. And then she was wondering like, why, why do my dogs always have like heart problems like mom?

And so now, she's you know, 89 years old and doesn't know exactly what's going on. But she feeds our dogs were like mom don't do that and she's not understanding it, but that's harmful. Right?

That's the, the kind of stuff that, that actually in our dog will throw up and do all these things afterwards when, when he's fed that way. So this is really good stuff. How do they find good quality food?

I know you've got a line that you that you've created, correct? – Yeah. So I'll give you the characteristics that you should look for in a food. Yeah.

And then transitioning over needs to be done with some guidance. Don't, don't just change the food day one because if you've been feeding your dog as an herbivore for all these years to come into the picture.

He comes in every podcast every like he just likes to be part of the picture. So, um, so the qualities of a diet should be number one, it should be a raw diet or it could be freeze dried still, But grass fed grass finished or free range product, you don't be a chicken product that has been fed genetically modified corn or soy because obviously whatever that animal is eating that is going in you as well or your pattern.

So we want to have a raw diet that is grass fed grass finished. I particularly like in my diet, we set rated R macronutrients. So we have the meat, fat, bone and organ meat, which is what makes up the macronutrients.

It's not about taking a piece of chicken breast and throwing it on the ground for your for your pet. This is about a product that has been inspected. There's no pathogens, no e coli listeria or salmonella.

We make sure that's not there and then but it is raw. So it needs to be raw is dogs. And cats don't have families in their saliva. They don't digest carbohydrates in their mouth to digest the protein in their stomach.

So they eat the enzymes in the food which uncooked food has living enzymes in it. That's what makes it rock those enzymes in the food, he's telling me.

So and so so a raw diet is number one that's balanced and appropriate. And then we want to have the micro nutrients, the essential vitamins, minerals and the essential fatty acids and essential vitamin mineral and fatty acids are those that the body cannot manufacture in sufficient quantities on its own.

So we have to supplement that. And I think most of us do realize that our farming practices have been deficient in being able to have all the different vitamins and minerals that we need in our food. So if it's not in the soil it's not going to be in the plant. If it's not in the plant then whoever's eating that plant, whether we eat the plant directly or we eat the food directly or your animals eating the animal that ate the plant, they're not going to have those vitamins and minerals so we need to supplement that. And here's one of the most important things vitamin D. We all know how important vitamin D.

Is to us. And we as omnivores, we get it from our diet from our protein source and from the sun. But your carnivore here, the for baby only gets it from their diet. So if they're eating a protein that has never seen the sun which is most of processed meats. If they're eating the diet then we're gonna be vitamin D deficient. There was a university study done recently, 85% of animals eating a processed food diet, kibble or canned, where vitamin D deficient. The average al empathic veterinarian does not test for vitamin D. Vitamin D.

Is essential in your entire innate immune system. So if you don't have vitamin D. Kiss your innate immune system. Goodbye. – Yeah. – Way. So all of these factors are really important.

And you know in my world of course we test for vitamin deficiencies, mineral deficiencies fatty acid deficiencies because it's critical that we make sure we supply that. – Yeah, good thing.

You've got a good thing. You've got a lot of charisma because your cat really is trying to steal the show here. – He's got these are all my shows. So the fatty acids, I wanted to mention that we use a plant based fatty acid.

Now, fatty acid. Industry has become huge because everybody goes oh you know, we're deficient fatty acids. But what we don't realize is most of the fatty acids on the market are rancid. So as soon as you take a fish oil and you expose it to oxygen, it's going to become rancid because of the problem with maintaining plant based vitamins, minerals and fatty acids. Most companies use synthetic vitamins minerals in order to make their claim that the food is fully balanced but your body doesn't know what to do and their bodies doesn't know what to do with the synthetic vitamin and mineral.

Diet, Nutrients, and Leaky Gut

So I make a big point of teaching people how important it is to take the right nutrients and know what you're missing. So you know what to make up. And then of course making sure it's organic, we mentioned that already and then the other part of our diet includes how to make sure we have gut integrity because if you have leaky gut

and these guys are just you know that's the number one problem.

They deal with Nate. – And Marlene one second. So you've also got into the 2nd and 3rd of the six steps. So number two is provide all the essential nutrients which you just talked about and now you're coming into number three, which is hell leaky gut. So talk a little bit about that.

– Okay, so we work very hard, you know, and obviously it has to go into the right order because if you don't quit damaging the gut, you can't heal it.

You're on a hamster wheel, right, right. Don't have the right essential nutrients to make up proper cell membrane and proper repair. Then you're not going to be able to heal.

But once you've established you've got the nutrients, they're in the right proportions, You have all the essential ingredients, you've quit damaging the body.

Now you can go on to heal the gut and that is a variety of different things that we use, including fermented foods. We don't use any type of a probiotic that is commercially made because it's very limited in its spectrum.

We have trillions of organisms in our gut and we need to make sure that we create an environment where everybody can thrive. In fact, you know, we blame viruses and bacteria and parasites, We blame them for all of our disease. Well, in fact, we use their genomic material to run most of our genetic pathways.

So we're we can't live without them. The problem is we've created a host environment that doesn't support everybody in a viable manner. So it's very important that we create a healthy terrain so that everybody all the good guys can fulfill their jobs. They can replenish, they can be able to restore the metabolic functions that we need by having a healthy terrain. And the same applies for our pets.

– Yeah, You're good at multitasking here too, aren't you? Yes, very good at multitasking. – So number four is detoxification And this is another area that I have massive passion in. In fact, I'm opening detox centers for pets and their parents and they franchise that are going to be worldwide. The first one is already in my office.

The second one will be opened later in 2022. It's going to be next to my office. But as an independent it's a proof of concept. So we want to show that everybody can go there.

But it's designed to help to detoxify the six organs of elimination. So let me tell you what those six organs are. It's the kidneys, the colon, the lungs, the liver, the skin and the lymphatic six.

Now, all of these organs are important. But the two that do the most work are the liver and the lymph attics. So in my opinion, it's particularly important to make sure that we're really working to make sure the liver is working at its highest and best and that the lymphatic star working because that's the lymphatic.

So where we make our immune system our T helper cells and it's where we get rid of our waste products along with the G. I. Track. So in the olden days, you know, long before GMOs were a part of our world and before we had glyphosate, we didn't have the level of toxicity that we have. Now.

We're bombarded everywhere with toxic and our organs of elimination have just become overwhelmed. They can't do their job. So these centers are designed for us to be able to help those organs to function.

We're just facilitating it. And because we do so much work in cancer. I discovered very early on you don't want to be killing cancer cells and not have a place for them to go. So the organs of elimination have to be functioning otherwise you're going to make that patient more sick.

– As you kill cancer cells. If the liver can't eliminate them or the lymphatic system can't get them out. That that creates an even more of a problem.

That's that's really interesting way of looking at it. I love that. Number five, what's number five, – The mitochondria mitochondria, Most people know it's the powerhouse that runs ourselves but it's also in charge of a ton of other functions. So if if the mitochondria are sick or there's not enough of them then we're not making enough energy, we're not communicating to the rest of the terrain, we're not running our metabolic pathways efficiently.

So it really causes a cascade of problems. In fact, my definition of cancer is mitochondrial dysfunction with nutrient deficiencies and an excess of toxicities paired with trapped emotions.

– Okay, break that down again because that was that was a mouthful there. So what it starts out with what mitochondrial dysfunction, your mitochondria can't do their job properly. So that's number one.

Okay then nutrient deficiencies which we talked about. You know, we've got low energy combined with nutrient deficient low energy and miscommunication because remember those are communicating to all the other the cells, the micro telling them what to turn on and turn off.

So the body has this natural way of getting rid of cancer cells. We form them every day. But through the process of apoptosis the abnormal cell is told, excuse me, you aren't normal and you need to go create self death and that's how our body gets rid of them. But in the state that we're in with so much toxicity and this disinformation coming from the mitochondria now they don't get the signal.

Detoxification and the Organs of Elimination

Now you have these rogue cells like, you know, the army that's cut off from their troops and no one's giving them the signal, They're not telling them what to do.

So like most we're going to try to survive by growing and getting bigger because we're not getting the signal from anything else. So the normal pathways that would have told these abnormal cells to turn off are no longer functioning.

So when we reconnect those pathways and we return on those natural pathways that our body understands how to take care of pathology, the body does the job. So all the things that I'm gonna show you at the end are all things that just enhance what the body naturally does eat the system.

We can't outsmart nature, We have to work with nature and support nature and that's everything I do. – Yeah, and let's and then and then the last part of it was trapped emotions which in our summit we have lots of speakers that talk about that and uh you know have different systems for releasing trapped emotions from tapping to all sorts of other types of things.

But you're saying that not just humans suffer from trapped emotions. Animals are for babies you call them out of animals, but for babies suffer from trapped emotions. Talk about that a little bit.

– I discovered this over 20 years ago and it just blew my mind. I'm writing a book about it because these guys, he's really wants my attention. These guys either mirror what we need to heal or they reflect what we need to heal and it always happens.

So as soon as I see a cancer case walk in my door, I'm looking at that owner and in the back of my mind, I'm thinking, what is it that this person needs to heal in their life.

Now I personally think this is earth school, we have an Earth suit and we're here to actually heal. We're here to change the vibration, recognize our low vibrating emotions and shift them to the other side of the abacus.

So they become high vibrating emotions and that's how I literally live my life. So when I experience a negative thought or a negative experience, I look at that and I say thank you, it's like it's like your computer, right? If you want to clean up your hard drive, the first thing you have to do is turn it on and recognize the second thing you have to do is you have to pull up the file that you want to delete.

You can't just yell at your computer delete delete delete right? You have to pull up the file, you have to identify the file and then hit delete. And then what is your computer asking, Tom? When you hit the delete button?

– Are you sure? – Are you sure no one misses that? Are you sure? Because our subconscious brain is basically a big pc you so it's it's asking us are you sure you want to get rid of that emotion?

I know the pathway of this, you're hardwired to that. So in order to change it, you have to change your hard wiring and there are tons of techniques that we use but absolutely. And so these guys will help me to understand not only releasing them of their job, I call them the pony express.

So first I release them of the job of delivering them message. And they do, they channel information. It's the most amazing thing in the world. So once they deliver that message I say thank you, you are no longer responsible for delivering that message. If your human wants to get it great, if they don't, they'll get to experience it again and again and again until they finally have that experience where they go, oh I get it and then they make that shift into a higher vibration. – Right?

So when you say delivering the message, you're talking about when they have an illness within them? – Well the practitioner has to identify what the trapped emotion is, right? So so I take let's say it's a disease of the liver. So I know it's gonna have something to do with anger, frustration and so then I just I keep working my way through until through energetic kinesiology, whatever methods sometimes it's just channeling it and I figure out what is it that is relative that the person needs to heal.

I just had an individual, it's all about shame and blame. And they came to me with a dog that had cancer and I identified it. The woman took full responsibility on going, that's me because I described her to, I've never met her before. I described her to a t based on the information that her dog allowed me to get through.

And um and then she was doing good, the dog was the dog had lymphoma, which is a really, really hard cancer to treat. And in two weeks the lymph nodes had gone down over 50%. And then something happened.

Mom flipped back into that blame shame and and it it just all blue back out again and then, you know, tried to direct the blame and shame to me and and it was just like, you know, this is her journey and I honor that. I don't take it personal.

It's her journey. And until she's ready to make that shift, she's going to keep experiencing the same thing. You know, we we get what we think about. We get what we say out loud in our words.

And so right. It's not directed at us. It's just an example of what this person is experiencing that actually needs the healing and the animal is just trying to say, here's your sign and you know, we get it or we don't, it's not right or wrong. It's just that's not the right time for you to get it. – Yeah. No, it is, it is interesting though the way that humans and and the fur babies do interact beyond the physical level, you know, through the emotions, through the wavelengths, through the energy and you know, it's just, you know, we learned that years ago when someone was had a dog that was really rambunctious and and she was training. I said you know you you have to it's your energy that's being channeled there. And uh and so once we figured that out we were able to calm the dog because we were calm in the way that we were interacting.

And so it's fascinating and just these messages that they bring us, I totally believe in everything you're saying and for the pet to heal the parent, the parent does need to heal too. So I love the work that you're doing.

That's amazing. So the six steps number one stop creating disease through lifestyle factors. Love that. Like you know, be careful what you're feeding and what they're exposed to number to provide the essential nutrients. Where can people find more information on that?

Do you have resources because you essential nutrients like okay what are they like? Where can people go to find that? – So I have an online course for pet parents. I also have a course for veterinarians to actually learn how to integrate alternative medicine to their practices and it's forming that medicine dot com on the last slide that I show

when we do our slide deck, I have all the links and all the websites on there.

– Okay good. So and then there's resources there for healing, leaky gut, the six organs, detoxify or elimination detox them.

Mitochondria, Cancer, and Trapped Emotions

– It's a worst time. I mean it's like you yeah it's a three hour that dive. So the pet parent course of course is very inexpensive, but three hours of understanding how, what's the right testing, what's the right diet? How do you go and even what tools can we use?

Which I'm going to show some of them in our slide deck. The other website is www. DrMarleneSiegel.com. Which everything that's like the hub and everything. We'll have that on the last slide.

– Yeah. You know, it's we, we as parents when we have Children or pets, we don't have a guide, right? We don't, there's no, there's no rule book on how to do it.

There's probably not a lot of classes out there other than yours for for pets. So I love the fact that you've taken the time to create something to help us become better parents. I hope everyone will check that out.

That's awesome. – Yeah, that was a thank you to Covid because I needed to figure out how to reach more people and recording on zoom was just awesome to get that message out. But I want to make this point.

Like my guys keep telling me everything in life happens for a reason, your ouchy things. You're good things. Everything is helping to guide you onto a path, a trajectory of your, your real purpose and passion. So it's never an coincident and never an accident that you have a particular pet at a particular time in your life with a particular challenge. It's all significant.

The people that come into your lives, the animals that come into your lives all of it is part of that story for us to be able to like a jigsaw puzzle, right? We're on a treasure hunt and this part of the pieces of the treasure hunt that if we pay attention, if we're more awakened and we're looking and going, why is this cat who, by the way, he's 20 years old, come here buddy. Both people never seen a 20 year old cat and okay, I'm gonna turn it just so they can see you and see how shiny his coat is, how flesh is, right? And he was a stray, he was just a kitty that came into our lives and my daughter was my older daughter said, oh he's gonna be my baby, I'm gonna raise him and he was the ugliest yellow thing you ever saw and then he morphed into this. So… – Yeah, he's got to be the friendliest cat I've ever seen.

They just amazing the way he just loves the attention. So a lot of love there, that's awesome a lot. So let's let's take a look at some of the pictures, I think everyone will enjoy this, I'm gonna show these and then Marlene, you can kind of talk us through.

– So I wanted to do is help people to understand how to detoxify and there is a process to it, it's not a willy nilly. So this, if anybody wants to either buy the series from you or take a snapshot. This is the six keys to healing that we've just extensively gone over. Um So it's of course number one is stop polluting the body, making sure all the essential nutrients are there.

That's the website for my raw food company and myself, then we do healing of the gut, we do detoxification of all six organs of elimination, we make sure we have thriving mitochondria and then the last, which I don't always talk about is the trapped emotions.

So that's where we really want to do everything. – Those are really important though. The trapped emotions. I know I've told you the story where my we had two Bernese mountain dogs and when they were brother and sister just totally took care of each other. They were such amazing dogs, such amazing souls and when the brother passed away the sister was healthy but within a couple of weeks we noticed her coughing and then a little blood came out and then you know she ended up having lung cancer with the lungs, definitely our grief.

Yeah just so it was you know it's amazing how quickly that happened. – And so there's also grieving within you guys as well. Thank you for going. – Oh yeah, absolutely, – Let's go to the next one. So the next slide is how we start our detoxification. You have to be in a parasympathetic state in order to heal or detoxify, we have an autonomic nervous system and there's two branches there's the sympathetic and the parasympathetic.

They're on a teeter totter from each other. So when one is fully on the other is fully off. Not yet. So when one is fully on the other is fully off. Well what happens is when we're in our fight flight high sympathetic tone, the lion or tiger is chasing you. You're designed to be able to survive that.

But in our modern day it's the credit cards. It's the lack of sleep. It's a toxic food. It's the home stress. It's the kids. It's covid, it's all these things that are creating this nonstop um sympathetic tone because the danger is always there.

We're never getting into a relaxed state. So we use our magnetosphere which is our pulse electromagnetic frequency device. And we either put the animal in in a chair or with a pet parent. And the frequencies are just being played around you. So very low.

– It's quite the PEMF machine there. I have one here But it's not like that. That's that's quite the machine. – We program. Full sympathetic parasympathetic. I use it for more than just getting into a parasympathetic state. I release trapped emotions in here because it actually helps ask the gatekeeper and I can release trapped emotions in 10 minutes or less.

So it's really. But the difference between this device and most of the devices on the market is that this operates at very very low frequencies pica Tesla. So it basically talks to your own cells and says, here come back. It's just a tweak.

Come back to the right frequency and that's where we start. So we get them in a parasympathetic state. And then the next thing we do is okay there. So this is our full spectrum infrared and we can do it several different ways. I'm a fan of full spectrum because that's what the sun does. Its full spectrum different time.

If you're out in the sun you will get different rays. But since we're not spending that much time out, we actually have a light deficiency going on for us and our pets. So we have a mat on the left which the cats love playing on. It also produces heat.

So if we can raise body temperature by two degrees, will turn on heat shock proteins which help the body to do really good metabolic activity against abnormal cells.

And then in the middle is our infrared sauna where like a traditional sauna, you can actually go in. So Shakari is our cancer patient. She had squamous cell carcinoma in her nose and threw a 16 week protocol.

She became cancer free and it was actually see the cancer and then you can see it go away inside is another full spectrum sauna and this is one where you can physically get into it.

It's nice. It's portable.

Healing Technologies and Treatment Tools

It heats up really fast. I don't particular like getting in there with a pet because I'm sweating and then the and then you have the sweaty animal on your lap that doesn't feel good. So we tend to use more than mats for the animals. And then I have an infrared uh have tons of infrared around me. But I use my own sauna.

So I started my mornings everyday. I start by getting in doing our in my infrared sauna and then the infrared sauna you can stay where you're at. But the infrared sauna is light that is helping with detoxification.

It's talking to your mitochondria because they are getting signals from light. And if your light deficient then they're

not getting that light. And that's part of their dysfunction. So there's a lot of metabolic activity from the liver that occurs etcetera etcetera. This is live lymphatic therapy we call it assisted lymphatic therapy. If you look to the right uh the right picture at the lower left corner is the box that we use. There's two glass probes and they produce a micro current. They use inert gasses, these noble gasses to help thin the lymphatic six. And then I open areas where the lymphatic are supposed to drain. So your sub particulars, your armpits the thighs and we do that all on the animal and then you decongest the areas that we're working in and sweep that into the area that it needs to drain.

The advantage of this over a manual system is that we can dial it up and we can get down into the deeper lymphatic. The stuff that's around the organs.

So this is a huge step in our treatment process. Amazing. I love the pictures to Yeah. And then after they do their assistant lymphatic we do a foot bath detox electrolysis in salt.

And it uses this polarity which helps put animal in a further parasympathetic state and it helps to pull toxins out that are attracted to that polarity.

So for our big dogs like this cancer dog on the left, she had an osteosarcoma in her leg. We just put her up on these maps and then put her feet down into the water for our little guys we just put the whole dog in there and they love it, this is Lola in the middle and she just loves her Foot bath.

She really enjoys it. And even cats are very tolerant of it. As you can see the cat on the right is just in the in the foot bath and they stay in there for about 30 minutes and it's neat because you can see some of the toxins that are coming out by the changes in the color of the water. So emphatic parasympathetic state, the lymphatic gets everything moving and then we pull these toxins out through the foot bath.

And the next is this is a newer piece of equipment for me. It uses vibration. A lot of people are familiar with vibration plates so it does have the vibration to facilitate lymphatic drainage but it also uses sound frequency for healing. So it's kind of a hybrid in between a vibration plate and the magnetosphere. But with this particular machine we actually know the frequency that we're using. So we can be very selective for very select problems. So this is really one of my favorite machines now. And for large animals, they just sit on the plate as you can see the dog on the left, the dog in the middle is sitting on the plate with his feet hanging over. Then the dog on the very right is very large.

And so we just kind of draped him over the vibration plate. So the sound is coming up not only through the bottom of the vibration plate but it's also surrounding. And then there's a little hand element that we can place on a particular part of the body that is called a cell exciter.

And so we can target these frequencies right into a particular location. And then ozone is another one of our big big tools, you know the body actually makes ozone the mitochondria as they're making energy and making a T.

P. Actually produce a byproduct of and they produce ozone. So ozone is very important. It's made by nature, it's made up in the stratosphere but now we have the ability to make ozone in a machine which allows us to do it intravenously. They can do it rectally.

We can infuse, use it into oils and then the hose and night you can't breathe ozone directly. But the nights that occur after it's bubbled through an oil, you can breathe that for respiratory problems. We can place ozone under the skin.

In fact, I think you were watching me do a Prp with pro zone. We were on the phone together and I was doing that along the vertebral column for a dog that was paralyzed. And then we can also Bubble it into fluid so we can ravage an area and do topical treatment. So ozone is a wonderful pro oxidant that also is a factor that turns on over 200 anti inflammatory pathways.

So it's a huge thing that we enjoy doing so now that we've got a patient in a parasympathetic state, we've got them

detoxing, we hyper oxygenate their body and then we put them in our hyperbaric chamber.

This is probably one of the biggest advancements that has occurred in the medical industry. It used to be that you have to go to a particular hard chamber is very expensive. You have to drive there, you go in the chamber, you have danger of blowing up and all these um, they're very effective and they're wonderful. But now we have what are called soft side chambers and these units can go to 1.3 atmospheres.

It's like 11 ft below the sea level and they're extremely effective for helping to take and push that oxygen out further into the tissue and also facilitate detoxification.

So on the left I'm getting ready to dive with two of my cancer patients that was moon next to me. She had a transitional cell carcinoma in her bladder which was gone in five weeks and then bow on the right, had an anal gland carcinoma. And that also never came back.

And the picture on the right was just to show you how much space I don't my legs are there. Those are my toes on the right hand side. I typically die with most of my patients and I just wanted to show you how spacious it is in there and then there's places that you can look out so you don't get that claustrophobic feeling.

But the animals love it. I didn't put it in here but I have a video of one of our patients. She would literally get her ozone and then run around the corner and jump into the hyperbaric machine. It's hysterical.

I I think it's on it's on my instagram. And then we do halo therapy which is salt therapy and we have a booth and sometimes we sit in there with our patients.

Everybody vies for the option of everybody wants to go into the salt because it cleans your lungs, it cleans your sinuses and it's also great for skin problems.

So Alyssa is in there with the kitty cat on the left and then there's a kitty on the right who had come in with this horrible viral infection which is of course not susceptible to antibiotics. And between ozone and salt therapy, the cat was normal in three days and has never been sick where a lot of those animals getting real chronic infections and then this is photo bio modulation.

It's where we take light and put it either into the vein so that the red blood cells are picking up the light frequencies or we can put it into a joint.

The problem with doing light therapy is that on the lower spectrum like the yellows and the greens and the and the blues intact. Skin absorbs these photons through your milana sites, you're not penetrating.

But with this technology we can actually go right to the red blood cells and they're gonna pick up that light energy. So on the left, I have a dog that I have injected his knees and we did a PRP injection which is uh a way of treating our dogs that have arthritis and cruciate injuries.

And we inject it with some fluids. And then we activate those fluids with the light. And they literally walk after they wake up from anesthesia. They're walking on their legs.

And then the middle picture is Alyssa, my daughter and I in Mexico getting our own intravenous therapies. I think she's on the purple color. And I'm still on red and then below that is a dog that's getting green and another color.

And then on the right it has an attachment for being able to do it superficially.

Resources, Courses, and Closing Remarks

So we can do red and infrared topically and the red light. Our studies now showing that it actually acts as a war medic stressor and turns on the ability of mitochondria to be more effective and make more antioxidants.

And then this crystal fusion light therapy, we have some devices that allow us to take full spectrum light and run it through various crystals, picking up the energy of those crystals. So this is emerald, so it's green and each of the crystals has different therapeutic effects so we can warm things up, we can cool things off. We can uh stimulate and we can sedate by picking the various tools that we want to use.

So that was just a little smattering into my world and I need to be able to share this. I know that this is going to inspire pet owners to be able to have more tools, more knowledge, more ability to do better, we know better, we do better. – Yeah. No absolutely fantastic.

Uh we're and people can go back you can if you need to go back and you can see the different options that Marlene has to help you out. You may not be in her area obviously could fly in or drive in and and uh and get her help but also she has lots of ways with foods and supplements and and courses and things that you can learn from, Marlene, you have taken Veterinary medicine far beyond where it's ever been and it's just so amazing to have you on because you give people hope, you know a lot of times they they you know get the standard answer and they just go with that because they think this is someone that knows more than I do about my pet, but you've delved delved beyond where most people go and starting 20 years ago with the injury to your horse has opened up this whole new way of looking at healing and thank goodness we have you so thank you so much for being part of our summit, I think this is amazing, people gonna know a lot more about how to take care of their their their animals now or their fur babies as you call them.

– Well now they're empowered with some knowledge and the second step is implementation. So I really want people to reach out, become part of our community so that we really can transform veterinary medicine, transform the health of our pets because that's what we came here to do. – Outstanding. Thanks so much, Marlene, you are amazing. – Thank you, Tom. Bye everybody.