Understanding Transient Tachypnea of the Newborn Transcript

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What TTN Is

Hello, friends. It's Dr. Ott with the Doc and the Fam. I'm going to talk to you a little bit about an issue called transient tachypnea of the newborn.

These words mean it doesn't last forever. It's about fast breathing and it happens in the newborn period. Okay. So transient tachypnea of the new born, we'll call it TTN for short.

Why It Happens

Usually, usually happens when a baby doesn' get a very strong squeeze coming out, the birth canal. This can be because you've had many babies before and your birth was really rapid.

Or it can because your baby's very large or it could be you had a C-section. or it could be any other combination of things. So the larger babies are the ones I see more with this.

And what we see is that they're breathing faster than we expect them to like at 80 times a minute instead of the like 40 to 60 that we like to see in this period.

Symptoms and Typical Breathing Rate

If your baby is getting very, very an increased amount of attention from the nurses or your caregivers, This might be why. If they're crying, in this case, it's actually helpful for them because the pressure of opening up their lungs will help to move that fluid out of their lung.

They basically just have retained fluid in their lens. As you know, they've been in the amniotic fluid and not having to expand their longs yet.

Treatment and Recovery

So this is sort of just a transitional period where they are going to be fine. Um, occasionally they need a little extra help breathing. And if that's the case, they might go to a higher level nursery while they work that out.

But over 90% of the cases that I see do find they just need 12, 24 hours to kind of work. That fluid out, so that is my two cents about transient to kidney of a newborn.

I hope that you find it helpful if your baby is having that difficulty.