Vital Visionaries: Marie Damasio – Vision Therapy Gave Me My Life Back After Years of Brain Fog Transcript

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Brain Fog and Early Struggles

Before working with My Vision First, my greatest struggle was my brain fog. I lived in a state of cloudiness, no matter how hard I tried. And I didn't know just how bad I was at functioning until seeing Dr.

Bryce. After this experience, I feel clearer. I realized that a lot of the symptoms that I had growing up as a child were directly related to my brain, my eyes not communicating properly.

And yet that was something that internalized. myself growing up is that there was something that was wrong with me or maybe I just wasn't good at these things.

Discovering Vision-Related Causes

And being in the clinic with Dr. Bryce was sobering as it brought everything to the surface. But he also gave me an immense amount of hope and reassurance that I didn't have to live that way anymore.

Marie DeMazio, I am from Grimsby, Ontario, Canada. I know if I didn't do something about my vision problems, I'd have to keep. purchasing audible books instead of being able to actually read them because every time I attempted to read, I would fall asleep.

I didn't know that that was something that I could change. It reached out to my vision first because of Dr.

A Difficult Medical Journey

Rice. He was the one that actually let me know there was solutions and that he had them. And I had no idea that this was even available. In fact, we had such a terrible experience in our journey.

My son was misdiagnosed before receiving a brain tumor diagnosis. And what set him back a lot was an ophthalmologist that refused to give him an MRI and listened to my concerns.

and diagnosed him with strombismus instead and told me to go home and be happy.

Trying Everything Before Vision Therapy

And so I've been in a circle of years through his journey and through the medical system where we were told there weren't really options, that there wasn't any hope.

He got to heal a big part of me in that way. I actually really trusted his heart and his intention in the work. That's what gave me the courage to come into one of the settings that would be the most triggering for me, to be honest.

What I've tried in a past that didn't work for was a multitude of modalities. inner work, a lot of the spiritual, mental, emotional work. I've done a lots of physical work whether it be through vitamin infusions and body work and you name it, I tried everything to get rid of my brain fog and doing vision therapy and fixing that connection is what gave me that release.

Safe, Hopeful Clinic Experience

What surprised me most with My Vision First was just how safe, happy, and fun the environment actually is. They make healing feel so enjoyable, to be honest, but Outside of that, what has surprised me the absolute most is how

much it's actually affected my more intuitive psychic channels and gifts.

What I wish I knew before my vision first came into my life that I know now is that i didn't have to live that way, that there were solutions, and that life can feel easier.

Life Improvements After Treatment

safer and more beautiful just through fixing that connection through the eyes and the brain and, the relief, knowing that it wasn't that there was something wrong with me as an individual.

Since working with My Vision First, my life is just more enriched. I can read the hundreds of books that I have saved on my shelves that, I don't have to go to Audible for.

I missed being able to just truly hold a book and read it and comprehend everything that I was reading at a faster pace and not have to feel like I need to read over and over again.

The energy levels that i have is the biggest change. I'm not crashing anymore in the afternoons and feeling wiped and the biggest one being my intuitive connection.

Recommendation and Final Reflections

I would recommend everybody and anybody to My Vision First. The team there is incredible. Dr. Applebaum is so wise and so good at what he does. And you don't have to keep living like this.

You don' have have suffer. We all deserve that kind of care, that freedom and that relief and advantage. For me, being at my vision first was just, it was a no-brainer.