Welcome To My Channel Transcript

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Introduction to Dr. Mark Stengler

Hi, I'm Dr. Mark Stengler. Welcome to my YouTube channel. You know, i've been practicing Integrative Medicine, Nature Path Medicine for over 30 years.

I've seen well over 25,000 patients.

Experience in Integrative and Naturopathic Medicine

iIve written 20 books on nutritional medicine, integrative medicine to really help people out there in the public understand how to best use nutrition, natural medicine and integritive therapies to prevent and treat health conditions.

On my youtube channel, have a variety of different topics that you can watch.

Topics Covered on the Channel

ranges from hormone balance to digestive problems to how to use nutrition in battling cancer, all sorts of different conditions. And so I'm constantly searching the research and bringing you the latest health breakthroughs.

Research Updates and Channel Welcome

So welcome to my YouTube channel, make sure you subscribe and I look forward to meeting up with you in many videos in the future.