Welcome To The Fasting & Longevity Summit Transcript

(Transcripts are generated by AI and may contain errors)

Welcome to the Fasting and Longevity Summit

Hi, this is Dr. Joseph Antoun here, and thanks again for joining me at the Fasting and Longevity Summit. We've made an excellent choice towards living a long and healthy life through the power of fasting.

Why Fasting and Longevity Matter

I became a doctor because I wanted to help people have better lives. I've dedicated my life to medicine and longevity. It is not just about living longer, as you know.

It's about living healthier, better, longer. This is why I am hosting this summit. I'm on a mission to shed all the things I've learned over the years with you so that you can heal, too.

I'm so excited for you to experience this summit in your own way and at your own pace.

How to Access Summit Content and Bonuses

I want you to be able to come back to these incredible presentations whenever you need them. Speaking of which, this is a great time to remind you of two things.

One, you can have access to dozens of videos from the summit forever. And number two, you can also download and read all the transcripts and audio files.

I find it very helpful to listen to the audio versions when I'm driving in my car, or sometimes when I'm working and when I'm walking towards work. And also, don't forget to download your bonuses from our speakers.

They contain exceptional value on your health journey. You can access all these items at any time in the menu located at the top of your item profile.

If you bought any other products during the checkout process, an email from us with instruction on accessing them is already in your inbox.

Support, Account Help, and Closing Remarks

If you can't locate them, please email us at support@drtalks.com. That's support@drtalks.com. You can also contact us if you have general questions about your account, our diligent support team and DrTalks is here to assist you at any time.

That's it for now. Please enjoy everything the summit offers. We are here for you together on your health journey.