Welcome To The Mastering The Meno(Pause) Transition Summit 3.0 Transcript

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Welcome to the Menopause Summit

Hi, doctor. Sharon Stills here. Thank you again for joining me at the Mastering the Menopause Transition Summit 3.0. You have made an amazing choice and a huge first step towards embracing this transformative period in your life with the right knowledge.

Throughout my over two decades of practice. I have seen way too many women get the wrong advice about menopause, and that's truly why I'm hosting this summit.

Using the Summit as a Menopausal Library

To change the conversation, to shift the narrative, and to empower you with accurate, actionable information so that you can approach this chapter of your life and think of it as the sacred, sexy second act in your life.

I'm so excited for you to experience this summit. I have been working so hard on it for many months. You have no idea what goes behind goes on behind the scenes in making a summit.

And so I'm so excited for you to experience it in your own way, at your own pace. I want you to be able to rely on these conversations as your menopausal library.

Maybe right now you're not having any issues and issues with hair loss, and hopefully you won. But if something happens, you can go in and listen to the talks on the hair loss.

Accessing Videos, Transcripts, and Audio

Same for sleep or for mindset or for exercise, or for diet, or for heart conditions, etc. etc. you get my drift, right? So I want to remind you of two things.

You have access to these videos forever. They are yours and you can also download them and read the transcripts and listen to the audio files. I like to do that on a transcript kind of girl.

So I think that, you know, you I'm always like, you do you write, you do you do you want to watch them? Do you want to read them? Do you want to listen to them in your car or on your morning hike?

You have the opportunity and the options now because you've made an amazing choice in owning the summit. Also, don't forget to download your bonuses.

Downloading Bonuses and Getting Support

There's like our speakers gave you bonuses, ebooks and these have exceptional value and information to help you on your healing journey and you can access these at any time in the menu located at the top of your account profile.

If you bought any other products during the checkout process, then you will have an email with instructions on how to access them in your inbox already.

And if you can't locate it, then just email support at Doctor talks@detox.com. You can also contact them with general questions about your account. There's an amazing support team and doctor talks standing by ready to help you with any issues you may have.

That's it for now. Please, please, please enjoy the summit. Take it in. Get curious. Ask questions, digest the information, and we are here for you on your journey of health.

So thank you again. I'm so excited you're here.