Welcome To The Mastering the Meno(Pause) Transition Summit 4.0 Transcript

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Welcome to the Summit

Hi there, I'm Doctor Sharon Stills and I want to personally welcome you to Mastering the Menopause Transition Summit 4.0. First, let me start with you just made an incredible decision for yourself.

So woo hoo! I am celebrating you.

Rewriting the Menopause Narrative

Whether you're finally here to get answers about what's happening in your body, to feel like yourself again, to support a loved one, or to deepen your knowledge as a healthcare professional.

You are now part of something super powerful, a movement that's rewriting the story of menopause and midlife for women across the globe. For too long, we've been told this change is just about the decline, that symptoms are inevitable, that suffering is just part of being a woman.

So let me be super clear. That narrative. It stops. It ends here. We're done. You now have access to a sacred library of truth, tools and transformation information that most women never get from their primary care providers.

How to Access Videos and Bonuses

Information that helps you reclaim your body, your mind, your sensuality, your joy. I'm so excited. Like super excited for you to experience this summit in your own way and at your own pace.

I want you to be able to come back to these incredible presentations whenever you need them. Speaking of which, I want to. It's a good time. I want to remind you of a few things.

You have access to dozens of videos from the summit forever, and you can also download all the videos and the audio files. I find it particularly helpful to listen to the audio versions in my car or on my phone.

While I'm taking a hike. It's a great way to move my body and get some knowledge. And lastly, do not forget you have tons of bonuses from our speakers.

They contain exceptional value on your healing journey. So do not forget to download them. You can access all of these items at any time in the menu located at the top of your account profile.

Support and Final Encouragement

If you bought any of the products during the checkout process and emailed from us with instructions on accessing them is already in your inbox. And if you can't locate it or have any questions, please email us at support at Doctor talks.com.

That's support at Dr. to elks.com. You can also contact us if you have general questions about your account. Our diligent support team at Doctor Talks is here to help you and assist you at any time.

So that's it for now. Please enjoy everything this summit offers. We're here for you. I am here for you. Together on your journey to change the conversation around menopause and to embrace your sacred second act.