Podcast Introduction and Guest Background

As soon as our technology comes into the room, it's neutralizing all those EMFs on our harmful effects it has on her body. So what we saw was a 77.6% decrease in gamma.

We saw an 82.9% percent decrease and beta. And then we a 1300% increase in alpha. While you're still on the phone, and now all your brain waves went back to ideal.

What if aging isn't about slowing down, but leveling up? I'm Dr. Izzy Jones. This is the Longevity Leaders Podcast. Welcome to the longevity leaders podcast.

I am so excited for today's conversation and interview. Todd Shipman is a wellness enthusiast. He's somebody that's friends with a lot of my friends and we just so happen to connect.

We didn't know each other until recently. But he's an entrepreneur, he is an advocate for cutting edge quantum technology that really enhances health and wellbeing.

He's got a background in anti-aging and physical performance and water revitalization, as well as holistic living. And he, is really passionate about really how can people unlock their optimal potential?

How can they access? the human flourishing or high performance. And he really wants to be able to do that through, um, these breakthroughs and innovations in quantum technology, uh, with natured inspired solutions, which I think really aligns with my philosophy as well.

But Todd's journey has brought them to the forefront of really cool, innovative products, like the Lila quantum, technology that I've got around my neck right now.

You probably see a lot of. Uh, leaders and influencers. I was in Dubai, you know, a few weeks ago and people are wearing this Lila quantum tech, which is I thought really cool, but it's a, it' a really, uh, It's.

A company revolutionizing energy healing through quantum charge technologies and tools. And it helps to neutralize EMF and. A lot of the wearable quantum devices that you can put inside of your home is what he has pioneered.

And so Todd is dedicated to sharing the transformative power of quantum healing and quantum energy to the world. Todd, I'm really excited to get in all the details today with you.

Well, thank you so much for having me. I love these types of conversations. Their true enthusiasm for me is to kind of connect and be the bridge between, like we're saying, all these really cool things that are available to us and the people who are looking for these things and whether it's really high tech expensive stuff.

But at the end of the day, the actual nature is perfect and we can get so many things just naturally. So that's why I like bringing up all the options here.

A hundred percent. And I always love to just start diving into value. I'd like to get into the mind of that person listening and answer questions as quickly as we could.

I remember when I was a student, I watched What the Bleep Do I Know after meeting Joe Dispenza. And he was like, yeah, he got hit by a transport truck and I paralyzed.

I had my nerves ripped apart and my back broken. They said the only way that I would live is in a wheelchair and

that that would be a paraplegic for my whole life.

And so I was like, man, that's terrible. Well, you're walking right now. And I as a student ambassador for Life University. So I driving him around and I'm like well, how are you able to walk right?

Quantum Energy and EMF Harmonics

And he was, I would close my eyes for months on end and just visualize healing. I'd get an anatomy textbook out and visualize the healing and all this stuff.

He's like you should watch this movie, what the bleep do we know? And so it kind of introduced me to the world of quantum healing and mind-body healing, but then that there's really interesting technologies and solutions that are seemingly more advanced in Europe than they are in America, although I know there are people in the United States that do some really cool things with that.

as well, but you're just seeing really amazing healing technologies that are on a quantum level, which is a real level. But why don't we start off with just, what is quantum energy?

What is Quantum Healing? Is this fluff? And I'm sure there is fluff to it, that some people are pushing, But what's your perspective on it? Yeah. Well, with the quantum in general, we've used that word quite a bit already.

And I think initially people kind of get like this sour taste in their mouth that it's like woo woo, scamish because there's a lot of unethical marketing out there and I see it and.

I, see where, you know, there is these quantum patch or quantum this, and they're not really using the terms and relevance to what we're talking about.

and, I actually got into this field to debunk it. So. 10 years ago, I was like, this quantum stuff is a scam. And I got into it to debunk it. Here I am on the other side.

So what is quantum energy? Quantum energy really is the energy behind the matter, like at a subatomic level, which can also not create a lot of clarity for people when they're trying to figure out what that is.

It's like what creates the vibration in every cell. I'm kind of a visual learner so the best way I can say to visualize this is if we have a piece of paper and let's say we Have like a number two pencil from the old school days and you start writing on that paper Think of it as that like space in between where the the actual lead and the paper hit like that little space In between like underneath of the lead that would be kind like what the quantum energy part is And quantum energy is not negative.

It's not positive. And that's actually kind of where a lot of these benefits are found is because it's neutral, which also means it is neutralizing. That is kind-of the key aspect of what we're finding all of the benefits, Which is always new to us.

We're still finding these new things. What is like harmonizing and neutralize in our environment and how do we benefit from that. Where we see most people become intrigued and interested in the benefits is with the harmonization or the neutralization that harmful effects that EMS have on our body.

And that's not like the number one key thing in what we're doing. But I think that is the Number one thing that draws people to us because more people, I hate to use the word waking up because it's like you're waking, but like people are coming to where and understanding that there are actual, like, measurements that we can quantify of negative EMF exposure.

So, what happens when we're around EMS? Well, we could show this now. We can quantify our body level on a double-blind placebo-controlled studies showing, here's what happened when you're constantly having, Ems around you, right?

And then, once you kind of see, okay, there is some things, even if we are not feeling it, you can show that our HRB, so our heart rate variability, drops significantly.

For people who maybe don't know what HRV is, I guess one of the best things you can relate to it maybe is if you have an aura ring. And when you look at your readiness score, the aura ring is kind of going off of what your HRV is.

If it's low, you should be taking the day easy or whatever. Your HRD is low. We can show it through brain wavelengths, showing that when your around EMFs, that your gamma and your beta wavelengths are significantly increased.

Beta and gamma are the not ideal ones. That's what causes anxiety. stress negative thoughts kind of like just you know not depression stuff but just things you don't really want going on as easy as when your gamma and beta are there and we can show the EMS exposure so cell towers cell phone wi-fi routers bluetooth all that are are instigating this.

We can show like through live blood analysis, start through microscopy, we can see what happens to your blood instantly. Once it's exposed to EMFs, it makes it look just like, would it be like instant inflammation in the blood cells?

It's like it ends up creating like an energetic shift in blood that ends causing rouleaux, which is where the red blood cell start to like… The money bags.

Back on top of each other. Yeah. It was kind of crazy. Right, right. So there's a lot of things that we can show, we could show like your calcium channels go out of control and it's overproduced.

There's lot things again, beforehand this was all kind of woo woo this year. It's in your head, you know, EMS, because there are so many people aren't affected physically like in terms of their awareness.

But we can still show regardless that this is what's happening to your body, whether you feel it or not, your HRV is dropping, you know, Your blood gets a little thicker and stickier.

So that's kind of where, I think again, that is where most people will at least be drawn into quantum energy. There's so many, we have 65 double-blind placebo-controlled studies with our technology.

And most of all that coming from the quantum-energy. Also our products tend to be infused with frequencies that enhance and make things better. Mostly, I think what we want to keep on is just the quantum energy and the cool stuff that we see because, again, we have so many studies.

All double-blind placebo control for the majority of all of them and what's coming out of it is really cool because it's not why these products were even created.

We were just like, well, you can see this harmonization in your environment. So what does that really include? And that's what we're seeing with the lifestyle of people showing like, oh yeah, it's putting you back in a parasympathetic because you don't have these invisible external environmental stressors attacking you.

We're just seeing so many things that we can go into. I don' want to overload everyone right now, but we have so much data. Pause there. Cause I mean, I have these, um, stetsorizer units that go into the plugs of the wall that decreased the level of Gauss electrical pollution out of.

And I did this years ago before I had kids. I went around this, this house that I built and it was like all this electrical. Just from the outlets were like circulating throughout the house and what's non-carcinogenic is anything I think under 70 or 50. Gauss and then what is carcinogenic is anything above it.

So like, you know, the person that taught me this had a daughter who died of cancer, but when he tested the outlet

next to her baby crib, it was at like a thousand or something like that.

And I'm not even kidding you. My wife hasn't been educated on it like I have, so she'll be like oh, what's this? I'll just take it out, put it in the drawer.

I need to plug stuff in. And then I'll be like, Hey, babe, like where did that go? You know, we need that in the outlet. So long story short is I'm going through the house.

My son's getting difficult sleep. I noticed nothing is plugged in. The walls. so I go and I test his room. It's at 1500 in both outlets on either side of the bed.

Yeah. So like talk, let's really quickly talk about electrical pollution from outlets, from Bluetooth. Like I, I'm, have no wifi. I am directly connected in right here, but I have a Bluetooth mouse.

You know, don't know how to get out. you can't buy a non-Bluetooth mouse for an apple. Talk a little bit about that. There's stuff coming out from the government showing that it's carcinogenic.

It's extremely damaging to the nervous system. But let's just quickly double click into this. Health care is changing and many clinicians are looking for ways to deliver more personalized forward thinking care while building practices that can adapt and grow with that change.

Disrupt Clinical 2026 brings together practitioners who want to combine emerging longevity science with practical models for how medicine can be delivered sustainably, effectively, and with greater professional autonomy.

EMF Exposure, Smart Homes, and Mitigation

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If you're ready to expand what's possible in your work and participate in the evolution of modern medicine, Disrupt Clinical 2026 is where that conversation becomes action.

We're going to sell out of the event very soon. So go ahead and click the link to learn more and reserve your seat. Well, yeah. Where I lived in one of the areas where I used to live for a long time is it's in Marin County, so just north of San Francisco.

As far as I'm aware, still this day, it is the only town in the world that banned smart meters. We have PG&E here that puts out these smart devices. It's like people were the only town to successfully ban it because the FTC trade agreement makes it so that you cannot ban communication technology off the base of health concerns.

And then Marin is also one of the main areas that banned 5G towers. It's spreading out where people are at least becoming more aware of the dangers and Marin County is just an area where there's a lot of money.

So they are able to have smart lawyers to work around that with like property tax devaluation and aesthetics for the town. And that's how they got rid of them.

It's really cool to see that, like, the extent of that. We also have companies like Synergy 360, which this gentleman, his name is Brian Johnson, all he does is build EMF-free homes, and they can wire them, they do circadian-friendly

lighting, VOC, everything in the house is completely VOCs- free.

So when he builds these homes, he's aware of all the outlets having everything to go. I'm just bringing this up because it's really cool to see where we are now.

This is all just in the last, let's just say eight years, that this stuff is becoming more aware and more general. I love Brian. He's, uh, been a part of a mastermind of mine, um, that I was a.

Okay. So, you know, Brian, yeah. Yeah. Really cool. What's happening with and what he's been doing recently last year into an education. where I think people are living in these homes, especially the newer homes because they're smart homes and the Bluetooth is everywhere.

There's Wi-Fi. And even if you're not connected to these items, it's actually almost worse because you are putting out more EMS because are searching for things.

That's why I always tell people the worst time to be on an airplane is when you land because everyone turns their phones on. And then everything is instantly searching, really having their outputting more EMFs.

So it's just interesting to see the newer homes compared to like maybe older homes that don't, they're not putting off as much EMS, but it is still a concern, right?

And one thing about the quantum energy though is, so the founder of Lila Quantum, he was the global vice president for T-Mobile. And I think that's important because he was on one side of the pendulum and now he's kind of on the other.

And it's like how you're saying, things are hardwired. In a perfect world, yes, I would have everything in my house hard wired, nothing Wi-Fi if I could.

But I that that is not so much feasible for the general public. Some of these people, you have to build the homes. Like Brian, he builds the home with the wiring put in and everything.

as they're being built or rebuilds them. And so where I'm at, you and I could not have this conversation without me using and utilizing the luxuries of technology of Bluetooth and of Wi-Fi and all that.

So it's kind of like, how do we work synergistically with it? I can sit here with AirPods. I have my Apple Watch and my Wi-Fi. Have five computers here around me for all my other work that I do.

And I had my Leela products all around. If we had the studies, we could show that there's no effects to my body that the EMFs have. i am in a completely harmonized technology room with all these things.

That's a beautiful one too. that's one of our newer ones. Yeah, this is the one I have literally right next to me. And I don't know if it's, if that's too powerful, but it can be.

But if you get used to it, yeah. Yeah. You can definitely three rings at the top, three brings at bottom. He had this one ring at the top and one at bottom with me and in my, my bag.

Yeah. The travel block is great. And so, you know, I'm, the only challenge is when kids screw, unscrew the bottom. Take them off. I keep one of those in car and the vibration slowly unscrews it up.

That unscrew is one the things just over time. and I've always had to go back and re screw it in. Like everything and bought like multiple of them. Yeah, they're all very useful.

Having the travel block, whether it's like my wife will refuse to travel anywhere without the tribal block when we're driving, having the car and then in the house have larger ones.

And you know, that's just kind of like we are going back to like with all those plugins and the difficulty of that and in a luxury of having any form of exposure to the quantum energy, it is neutralizing While you're still able to use those things, you know, again, and that's where I think it's working synergistically with all of these luxuries of the new technologies.

Instead of having to Faraday cage or hardwire, which at the end of day, great, right? But if you Farada cage your phone, then you are not using it. And that is where the kind of like, well, aha moment is like yes, You can Farade cage, or put your phones or any electronics in there, but now you can't use them.

And we're looking for ways to utilize work. I said, work synergistically while still having our cell phone and we can show that. So like, or if you, if, you have like a Faraday cage, your house, but then you ever grounding thing, it actually can be even worse.

If you've got a cell that you call from in a faradAY cage goes down into the earth and radiates you even more. Right. Yep. Now you're an actual living antenna.

Yeah. That's so crazy. All right, keep going. Yeah. Well, I mean, so let's go into where we can show the benefits, for example. Earlier, we were talking about the gamma and the beta wavelengths.

And one of the most recent studies that we did, this is just like with the quantum energy exposure, is we took someone, we put a cell phone right up to their brain for 30 minutes, and this was done in Austria.

Kind of like you were saying earlier that a lot of all the cool stuff is in Europe, but I think it's because in the United States, there's a of limiting factors, whether it is licensing fees and just the technologies, because I worked with Andrew Hill, and from the Peak Brain Institute and then also Jim Hart from BioCybernaut while we were trying to get the proper technology to do these studies and neither of them were like, this just don't exist in the United States, those are millions of dollars.

So we found someone in Austria that had this 256 channel EEG And again, so what we did is we put the newest Apple phone right up to the ears. We left it there for 30 minutes and we got all the data.

And then what did we immediately, this was all done like on the Dr. Drew show too because he thought it was so fascinating, but we introduced our technology and instantly what To preface what happened, we can show that the calcium channels, the blood, all that, but the brain wavelengths.

We saw that beta and the gamma just skyrocketed alpha plummets. Instantaneously, as soon as our technology comes into the room, it's neutralizing all those EMFs on the harmful effects it has on our body.

What we saw was a 77.6% decrease in gamma. We saw an 82.9% decrease in beta and then we saw a 1300% increase in alpha. So this is all like while you're still on the phone and now all your brain wave lakes went back to ideal.

Alpha is kind of you know, it's just like everything you don't really want it like you want to be dynamic You're not wanting to sit in this position the whole time Yeah, but alpha is kinda the ideal because alpha you can be a more parasympathetic you're out of a fight or flight You can retain information better.

Quantum Technology Studies and Performance Benefits

It's kind like the athletes when they're like, oh, I was in a flow state, right? So a pitcher if they throw a no-hitter they were in flow. The flow State is alpha And so that's the goal is for a lot of performance aspects is to be in your flow state alpha.

And that is what we can show is happening. But again, it's not even so much that the quantum energy is increasing all of these. It's more just putting you back in you natural state.

And there's no external stressors affecting you. So your body's working at its natural state. If we have you on EMFs, we can look at your ATP production.

And if we do the same thing with the EMS still there, but introduce quantum energy, We see a 29% increase of ATP Production. We can show a 200% increasing lutein.

Is that with it like right against your head or against the tissue while it's there or could it be like three or four feet away? Yeah. Yeah, yeah. We're, we're showing like real life situations, like where the wifi might be five or 10 feet I think the first studies we ever did was like 15 feet away.

Even though it's silent and we're not noticing it, it is affecting us because it has a stressor and our bodies are so resilient that it can do so much.

A lot of people, for example, if we are sitting around in a moldy house, The majority of our bodies, our mitochondria, can create a shingard around us and bubble wrap us.

There's always a sacrifice where we're losing energy focus and everything else, but it's still protecting us from the symptoms of that mold. Now let's say they install a 5G tower near our property.

Now our mitochondria is trying to protect us from the mold and then also the 5G or the EMFs. And then let's say somehow you get bit by a tick and now you have Lyme disease.

You have all three things. Then that's usually when the straw breaks the camel's back and all of a sudden you're like, oh, I didn't know I had all these other issues and symptoms come out because your mitochondrion can't handle it.

So what we're doing with this is kind of a bubble wrap around your own biofield of protection from any of these external stressors. While they're still there, but you're able to operate while they are not there.

Again, it's not that the quantum energy is actually creating the increase. It's just allowing your body to work in its natural state, which it can do.

And where I was going at that kind story is the wound healing, where we saw a 200% increase in wound-healing while exposed to the Quantum Energy, right?

Like I was saying is the mitochondria is having to put its energy and focus on other things. But now it's like, hey, let's heal this wound. And that's all it is focusing on.

It's not having worry about the EMS, it not doing anything else because that is all being protected by the quantum energy. Now it can just focus specifically on wound healing which happens twice as fast.

Dude, that's amazing. Wow. That's, and you guys have done probably more research on this EMF technology than any other EMT technology out there, right?

By far. And that's, I mean, that has to do with the enthusiasm of Philip, like trying to also, we're constantly trying figure out what other like real life benefits people have.

Because we, again, this wasn't created with like, it's gonna do this, and this for you. It was more of like we are harmonizing your space and then over the last like six years we've come across like different experiences with people.

But they're like, hey, this is occurring. And then we're, like okay. Then we get 10 or 15 or people are like hey this occurring and it's the same thing so there must be something to it.

So then, we will pay for like a third party study or look more into it and that's where the really cool stuff happens.

Like we see like I think it is a 96% increase in sperm production.

But again, that is what's happening with EMFs. EMS are suppressing all of that because our body can't act as it should. It's unbelievable. Yeah, we can show a 92% reduction in stress that sugar, gluten, and lactose have on our body.

So people who are allergic to stuff, I'm not fatally, but I am severely allergic I suffered for about eight hours. And if I put this food under one of those blocks like you were holding, if i put a crab under there, I can eat it no problem.

So like that's what we're showing. What's happening with that? How does that, how does it even work? So the reason I even got myself into thinking that would work was I was having a conversation with the head scientist of Wheel of Quantum, Ian Mitchell.

and he was explaining to me how like, you know, when you have basically you had these disruptive way for patterns. And they're causing a disturbance, this chaos.

And what happens when it's exposed to quantum energy is it just flatlines. So think of it as like a big, when you're at an ocean and its waves are crashing up above and underneath, it is calm.

It's like smoothing out the top part. He always compared the Atlantic Ocean and then go to the Gulf, right? So on the panhandle, how calm everything is.

That made me start thinking, I was like, well, If I can do that, you know, again, they'll say everything is vibration and frequencies, right? So that made me start thinking as like, well, if it's calming all that down, maybe I could consume something that my body has a bad reaction to, let me try it.

So I tried it once and it was like wow, okay, this worked. But I'm always super mindful and aware of the power of placebos. And this isn't a Harvard study on how I started things, but I starting having my wife either put the food in the block or not without me knowing and then me consuming it and every time it was right.

If she put it in a block, I had no reaction and if she didn't put in block I have a reaction. So there was enough to that where I start talking more about it.

And then someone else brought up how like, oh I can't have lemon juice. And then they were able to put in a block and consume lemon juice with no problem.

So that's how like all these studies that we have had kind of started was just like from getting feedback from people who were like, Oh, I see that it does this now.

And we're testing constantly. Yeah, we're always open to new studies. We're trying to find other ways. A lot of studies at the beginning started with doctors who, similar to I was never a doctor at a level where I try to debunk it, but we have quite a few doctors that started our studies because they were wanting to The bucket Beverly Rubik was like, this is a scam and she, we, send her products so she could test it out.

And then she at the end of her studies that she did, she goes, She basically her result was, This is the most effective thing for the COVID vaccine I've ever seen because it's removing the clotting.

Um, you know, so we have a lot of doctors who started that way. Like, could you get that, that benefit from what I'm wearing around my neck right now?

That's a great question. Absolutely. So with the other stuff like the food charging, that would require a block for it to go within five or six minutes.

These are a little weaker, so it might be like an hour. The same thing with our water structuring results, where under the block can be just a minute, but it needs to be about 25 minutes if you have a capsule next to the water.

In general though, because the capsules have anywhere from a three to six foot, you know, space around us, protecting us. So it's powerful, but the block is the most powerful.

But again, all the other stuff I mentioned, if you're, you have the actual capsules on, like all of the EMF mitigation is there for you and the wound healing and all that.

ATP production. That is amazing. What about, You know you hear some people are like, put this necklace on. I couldn't sleep at night. Like how, how does that work?

Like, it created so much energy for them. Is it just because they are producing so much ATP that their body's like, you don't need to sleep as much or what?

So they take it off at night and they recommended that I do it as well, which I've been doing, but I have a block next to my bed. Like I had the exact block I showed you earlier.

You got it everywhere. Yeah. Well, so when I first got introduced to this stuff, my heart rate went up really high instantly. I walk away, go down, come back and go away.

And we see that at conferences. People are like, what is this? Every time I walked by your booth, my heart rate increases. It opens up for a nice conversation because they're not even sure what it is.

What's happening is putting you back again, like you're saying that the ATP production in a way, but it's like it putting me back in your natural state.

And you'll also find that you might detox because again your mitochondria is now able to focus on like, hey, me time as opposed to protection time. So people sometimes will detox because you're allowing your body to, again, you put it in its natural state, so it's supposed to do what it supposed do.

It's able to it. And the heart rate will go away for sure. When you sleep with it, because sometimes people need to… On your end, do you have the petite or the regular size that's hard to sell?

In terms of your capsule, there's like either three or five spheres in it? Yeah. So that's the petite, which I prefer size wise, even though it's not, I mean, it is petite but it not petite like I would think because I'm six foot one and you know, 180 pounds and petite is perfect for me.

Food Sensitivities, Parasites, and Detox Support

Some people it's too strong and some people one ball or one sphere is enough and they're like, oh, this is really intense for me. And then they just have to build up.

So that will go away for sure. It's just creating like a filter with it. But I don't sleep with mine. I sleep my necklace only because honestly, if I toss and turn it wakes me up more.

We have a block next to our bed. The only reason I go and sleep at the necklace is just the movement in the bed with a necklace on would keep me more awake.

Yeah. I mean, I totally get that for sure. The problem I think that we're seeing is also with not just EMFs, but toxins in the environment, like biotoxins, environmental toxins.

One of the things that I remember at an event that went to, was listening to a researcher say that the more EMS you're exposed to the, more biotoxins build up in your body.

And the more that environmental toxins in the forms of inert toxins and, you know, cadmium or mercury or lead or uranium also become even more reactive.

You know the way that they liken it is if you're an electrician and you have done some sort of surgery where you've metal in your heart or in you knee or something like that, like the likelihood of them dying faster because of the electricity going into the metal of their body and traveling throughout their bodies, they die a lot faster.

So, you know, on a micro particle level, heavy metals are a real thing, biotoxins are real things, parasites are really thing. And they're saying like the more EMF you're exposed to the more kind of a, of an environment for parasites and biotoxins to grow is.

And so I know that might sound out there for some people, but what are your thoughts on that? A hundred percent. That's very clear to me for many reasons.

But one again, if you have these stressors, you're putting yourself in a fight or flight. The goal is to be in the parasympathetic as much as you can.

And if your in fight-or-flight, your body just doesn't function because it's constantly thinking it is either running away from a saber-toothed tiger or a wooly mammoth or bear.

So the basic stuff gets forgotten about because that's not important. It's not important to be detoxing if we're trying to run for our lives, right? And even though we are not running from our life, we put our nervous system in a state that thinks it is running for its life.

So when you have EMS, it's a stressor. your cortisol goes up, right? So then your glucose goes. It's a whole trickle down effect that's happening constantly.

You age faster. There's lot of things that could be discussed with this. But you're not going to be detoxing because in the moment that is not important.

So you are building up all those toxins and they are just loading up in there. And we can show I believe it's like an 86% reduction in parasitic load being around quantum energy as well.

Six percent reduction in parasitic load getting around quantum energy. That is amazing. Yeah. Assume somebody has like say a liver fluke or they have, they know they had a parasite in their gut.

Could they take the panels off and sandwich their body for like, I would absolutely do that. My wife did that my wife is always a good example because she wasn't into any of this stuff until we were introduced and you know she would eat sushi all day every day living in Marin some really nice spots there and and she's like I don't have parasites until he did a parasite um removal like yeah like we did the turpentine one which was extreme but she had some like five foot things come out of her like and she's like now her whole life is like in terms of like, yeah there's parasites I have this issues this caused a lot of my anxiety like removing those things instantly changed her mood and the anxiety levels that she was having.

So for sure, it's there. Sometimes people just have to experience it firsthand to become a believer or at least see that they're be aware that there's something there, but I would put the block because you can actually unscrew the poles on that and you just separate them and be in between them, like you have with that one.

You could take those and just put them so that you sandwich yourself in-between them. Okay. And do you, is there a way to like keep the disks together?

Cause I know that when you unscrew them, they kind of they're, separate. We have an accessory that you can purchase on the website that just makes it so it's just the blocks, like just disks.

So it is not expensive at all, but you're buying these like shorter little screws and beams that make it, so, it just those three plates on both sides and you stick them in there and the screws are just long enough.

And then you put those in between your head. You can just be in-between them. It's a smart idea. That's great idea

to do that. Then you are not so limited to just that space inbetween there.

Yeah, no, it's great. And okay, so assume you're lactose intolerant, you bring the milk home that you want to drink, You put the discs on either side.

Does that now last for a week? Do you have to do that every time you eat it? Personally, I would do it every because if you if have the whole jug right and you charge it, When you put it away, things happen to it still.

It's exposed to other EMFs. Whether you have a smart refrigerator, think about things like that where it's being changed. And I'm going on that mindset of concept of water.

Water is my biggest passion. Revitalized water is a whole other level of a topic. But you understand that liquid, all that stuff holds movement and it's going to change.

Same thing with structured water. If you take structured, water or use structured and then put it next to a wifi, it loses that structure in a negative way.

Structure can be good or bad, but it going reverse it, right? So same thing, with any like milk, I would charge it right before you drink it. You know what?

You could take this and I could have my cups go into this every time I drink. Like, so if I fill this up with water, And then every time I drink it, like I'm drinking more structured water, right?

Or charred water. Yeah, absolutely. Because that's what we tested it with the Dr. Imodo. So like what the bleep you know. Like you Dr Imoda was famous for the research she did with water and having all the words, all that.

We sent our blocks and our water bottle to the Imode Institute in Japan and we got tested there. We are still right now the only product, our water bottle, and our block.

They reached out and they asked us if they could supply and sell our products at their institute because how impressed they were with the speed of crystalline water, like how it occurred being just under the block And they've never done that with any other product of any company.

And I worked with other companies that send stuff there for them to test and it's never been a thing. But with the Leela water bottle in the block, they're like, can we have these here to sell?

Because we've ever had something so fast from basic nature. Real quick, let's pivot to water because it's a, it' a passion topic of mine. Dr. Lorenzen from UC Berkeley studied water for years.

And I can remember somebody giving me the stack of plastic water bottles. I'm like, this is years ago. Like I don't drink out of a plastic, right? They're like just taste the water.

So I taste. The water I Mike, what the heck is in this water? Like it was. thick, milky, like it was, it tasted so much more pure than anything else. And it, was it.

It was like, whoa, I don't want to drink it a plastic and that is also the best water I've ever had. So I was. You know, so then I drank, drank it for like the, the cases they, they said I drink for a month or a week.

And my, my HRV went up substantially and my VO2 max went. And. My phase angle. That's the other thing. my phase, angle went out. and so I was like, okay.

I'm like this is really interesting. In my stamina, when I. Was working out, like I, was pumping more heavier weight. Like this just water it's water.

So I'm like, I call up this guy, Brian, who gave it to me and I. Like, what is this? Like what'd you guys do? And he

said, you know, Dr. Lorenzen from the university of Southern California, Berkeley, reverse engineered the water that now the U S Olympic team is using and all this other stuff.

And so I was like. Okay, well get me on a call with him. So talk to this. Guy. It was in the eighties or nineties, his wife had definitely levels of, she was, like about to die from fibromyalgia and none of the hospitals could help her.

He took all the medications. And somebody said, he was desperate at this point. Somebody said go down to Mexico, there's a healing well in Mexico. A healing kind of like water well.

So he went down there and she drank the water and got well! And so then he's like, Oh, well, I'll bring the water back. And, so he brought like all this water, back to California and to San Diego.

and, and all of a sudden, like the w but the, water didn't keep like it was, it wasn't like. Yeah. It was it, was like unstructured. So he, he spent like years studying.

How can we structure the. Water? And he was actually the one that taught Emoto, you know, what, like to get, he got Emoto into the whole water research thing initially.

And then the interesting thing that he started talking about is that water is printable. Like you can print information into water. It was so mind blowing to me because I'm like, look, this seems like very quantum now, like it doesn't seem real, but Like water actually holds information like inclusions on water zero, zero something water.

Water Revitalization and Structured Water

You probably know the terms better than I do, but the reality is, and from what I know, I'll let you share because you're probably way more knowledgeable than that.

I am on it. To create true structured water, the water needs to have like the perfect environments in nature. In nature, it's like, you've got to, have magnets.

You've gotta have the right mineral content. Like there's all these different things, right? The life cycle of water is what I call that. Okay. It's a very specific life-cycle of.

And most water that anyone drinks, I'd say 90 plus percent. That's just a random, it's not a fact is I would say nine out of 10 people don't drink water.

Has gone through a full life. reversed and didn't get this like you're saying the infrared, it's been stripped of minerals, stripped everything and the water we're getting out of our tap water, regardless of the 2000 legally allowed chemicals, that's not even the concern.

Pharmaceuticals. Yeah, you know, there's the whole thing with that and then filtering water, like that's just a, water is, it's a burden. And this might sound weird to people, but it is a to understand water.

It is. Because when you understand, this is cheesy as it gets, But water as my passion, out of everything I do, It's my obsession. And I can tell you that the more we learn about the water, the we're like, we don't know anything about water.

Water is a living conscious. It changes like our heartbeat, which is what you want. So when you have people that claim to keep structured water as it is, you don' want that.

You don"t want water to stay the same. Driving what happened with him is when you drive that water, it's going through vibrations of the road, It's hearing the honking, listening to music with you.

It is in the energy, everything that is going on. The water is changing its state than what it was. That's why you also want to drink the water pretty fast compared to where you are at.

But listening, they can show that having water next to your heart for just 20 minutes will change the structure. And structure, that's another whole thing of unethical marketing in an alternative health world.

structuring on a scientific level is really just meaning overchanging the tension and the texture of the water. That doesn't mean it's a good thing. It could be a bad thing, right?

So when they say structured water, like structured, I only use the word structured because most people know that. But it really revitalized water is what you want.

Like actual stream, revitalize living water and like you're saying before, and I know I interrupted you about the life cycle, but you know, the way the is interacting.

You're saying magnets, right? So it's like in a real life setting, it is going through a river and it bouncing off of a rock, of the quartz or a crystal.

It's being energized. Its going vortex. That's why you get these structuring devices that depends on how they're actually adjusting the water if they really work or not, but there's plenty of companies.

The OM or O-H-U. Like on my house, that's a whole house. It's huge. it was like 10 grand or something like that. But it like apparently restructures all the, water going into your house but like, let's tell us.

Lila Quantum Tech is what we were talking about before. So like, if you guys are interested, please go to Lilla Quantum tech and just, you know, get some of this technology bare minimum.

Get the petite, uh, You know. Yeah, absolutely. Heal 360 is. The number one most popular item we have. It's a great place to start for an investment of like understanding and feeling the benefits of quantum energy.

And then if you want to go geeky with me, like, you know, get the portable that you can throw in your bag for travel. Get the, what is it called? The blocks, the three blocks.

Yeah. That's the infinity. The infinity one. We have water bottles that we can talk, water, bottles, we're just talking about all the things with water.

Like putting your water into our water bottle for like 20 minutes will completely change it. Are your water bottles glass? Are they plastic or what? What are they?

They're stainless steel. Oh, good. Stainless steel, I didn't even know you guys. I don't see that. Is this new? No, we have like one that has like a bamboo outside.

The inside is stainless and then we had one is strictly just stainless. There's 24 ounces of those and they're infused with different frequencies as well.

So not just a quantum energy, it also has a bunch of different Wow. So that was my next question is, where do you get, like, how do we restructure water or revitalize water is the better term?

And then how can you reverse engineer the life cycle of water where, you know, it's bouncing off courts and being pulled in different directions and going through vortexes and getting remineralized and all the other things?

Because, I mean, yeah, I've got a restructuring unit for my house. I got to a filtration unit that's carbon that for water going into the house, so the shower gets the fluoride and all the other stuff.

And then I have got essentially a reverse osmosis and then a remineralization filter. So then, I take it out and there's these like water restructure ones that you can buy from Vita.

Yeah, yeah, exactly. And so I stir my water and I don't, I taste the difference, but you were saying that like water

that is revitalized communicates the water.

That's not to help it, you know, become revitalize. Yeah. It's really, water is, people also think water's job is to hydrate us and it is absolutely not.

Water does not hydate us. water job. Is a bridge of communication. What water does is it brings stuff to your cells to hydrate you. So what's in the water is important.

It's some minerals that are bringing you to hydrated, right? Water does its job. Brings it through the cells, passes them along, and now you have the hydration.

But water, for anyone who questions that, Go drink reverse osmosis, go drink Dasani water for two days, and you'll feel like you'd never drink any water.

It's all reverse-osmoses, right? Reverse osmosis water needs to be remineralized because otherwise you're not going to hydrated. Drink Dasan water a few days and then you will be dehydrated.

Dude, I feel dehydrate. on a Delta flight and I didn't bring my water bottle or they dumped it out during security or whatever. And then I'm forced to drink the Desani.

I just, I pee it. First of all, it just goes right through my system and then feel dehydrated. I personally, I treat, it's the same way as like when you're, for me at least, when I'm in an area where there's a lot of bad food, rather fast, and just go without the food.

I'll do the thing with the water. That is plastic, that's plastic bottles. So for example, you were gonna go into that, right? So structured water, like it doesn't, the plastic all the things about water that we create fear about, if the is revitalized, none of that matters.

Now Dasani is reverse osmosis. It's been stressed. Its been through 90 degree angle, high pressure, right? So it is just sitting there traumatized water basically.

So now you have it in a plastic and it's reaching for things so it grabs and can absorb it into the water. That ties water, that's good. I'm going to use that.

That's really what it is, right? Because it's sitting there like, ah, water is a social creature and it wants to be connected, so if you pour just a little bit of structure to revitalize the water into a larger container, it actually extends it out and kind of takes over.

So with actual structured water, this is really important for us. But with the structured, water we can show this Victor Schauburger proved this that when you have revitalized water.

So for example, in Yosemite, I can drink water out of a creek and I won't get sick. and i'm not saying everyone do this but you can actually revitalize water from mexico if you have like a revitalizer and you won't get sick because water is also intelligent so it can capsulate and cover the toxins that includes fluoride chlorine without similar to how quantum energy will keep the things there but neutralize them Real revitalized water will do that while you drink it, so it actually will encapsulate so you're not absorbing the fluoride, you are not adsorbing the chlorine, even though it is still in the water, it knows it doesn't have to absorb it so that you pee it out.

That can be shown also in a more individual experiment is if you get a soap for your structured water for like your shower, let's say it didn't have a filtration system but you can get like a shower head that just revitalizes the water and you could have like before you'd smell the chlorine now you won't smell any of the Chlorine while it's still in the Water it is being encapsulated and so while you're actually taking a Shower you wont smell Chlorene even though it there.

So that's why you'll see a lot of these more, I don't know what you want to call them, more knowledgeable people in

The Water World and when you talk to them they're like I don't care about fluoride.

As long as my water is revitalized, like not much of an issue. I dont care if it's in plastic because if its revitalize it doesn't matter. And that can be kind of a mind shift for us who sit here.

For me, I was very lucky. My water mentor is John Butz. He unfortunately passed away two years ago, but hands down the global leading expert in water.

He educated everyone, Veda, Austin, Victor, all these people he worked with and mentored them, taught them how to do things. And he, I got to spend a lot of time with him every day, hours learning about water, And beforehand, I thought I knew a lot about water until I got to spend so much time with John.

And he was like, man, you worry too much. Like, it doesn't need to be filtered. It is important in a way for him. I guess that might not be the right thing to say.

The filtration comes for a preference of flavor. And that's the key point if you're doing it right, because if it is actually truly revitalized, all the other things that are in that water are a problem.

I don't want you to rethink your life on how you have that set up, but reverse osmosis water, people don t ever talk about, and I'm also not a fear monger, RO is really bad for the environment.

And I have an RO system, so I'm not saying this in a judgmental way at all because it's by choice. But if you think about it, say you take a gallon of water, it is reverse osmosis, and it brings out three quarters of a gal, now you have this quarter of the unfiltered, right?

And all that is is condensed, highly concentrated chemicals that are stripped out. And what do we do with that water? We either pour it down the sink, And now it goes in the municipal system and now the Municipal system has to add additional chemicals to counter all that high concentration of chemicals we just put back into the water.

Or it dumps it into dirt. It depends on what kind of system you have, you know. And some people don't think about that. None of that stuff is recyclable.

But the concern really is if you had an RO system, and you dump it down the drain, the extra part that you want to throw away, it's now back in public water, and the city itself has to dump more neutralizing chemicals to neutralize everything you just put in there.

And I say that with an RO system. So I'm not saying that in any way would judge you. In an ro system, there's two lines. One is the filtered and then the other one just drains into the…

Yeah, that just depends on where you have it drained to, right? Like if it didn't drain in, just don't have a drain into a garden. Yeah. No, interesting.

But some people have to drain it into the dirt or they drains back into. Give us the life cycle of water, re-mineralization, or excuse me, revitalization of.

How do you do that? Get from front to back. I'm curious for myself. You know, I feel like I've done pretty good, but I want to know what else I can do.

Yeah. And that goes into like, we can go into, like determined depleted water, right? Because that's another end of it is if you are removing that, you're removing the part of the life cycle that was the purpose of water.

Which, which by the way, people are like the only water you should drink to get rid of all the toxins is distilled water but people like yourself, I would say.

Would say, Hey, look, your eating, drinking that water and not revitalize water Yeah. Yeah, you need to still

revitalize it. The revitalizing should be the very end.

So like, because if you filter and then revitalized and filter again, You've lost that structure, the widening, Because it's been just highly pressurized, and stressed.

How do you revitalise though? Well, so you can do multiple things. One thing that helps, even though you're not fully revitalizing it, is to re-add the minerals.

So Celtic Sea Salt is ideal for most people. But a lot of systems, if you purchase them, you get a revitalizer that's at the end of the whole system. You can get one for like, under the sink system, So even you have a whole house system that is filtration, I would focus more so on the drinking water for the structure part.

And you could get under sink revitalizers What's a good brand? Well, Natural Action. So there's three good brands, I would say. Natural action, and then you have Greenfield Water, which is another good one.

And then like the Ohm, like you talked about, because those actually revitalize the water because it runs through like double helix vortex, Shanghai quartz, precious rare earth minerals, all get exposed to the Water right before it comes out of the faucet for you.

Frickin' A. I have another Ohm filter that I'm not using, because I didn't know to use it after it went through the RO. Because I had a remineralization thing, but then you would then put it through natural action, greenfield water.

One of those. Yeah. Those three are like, honestly, they're the top. Like those are the ones that do it right. And it's just preference of what you want to see what it looks like.

Under the sync systems to take five minutes to install. They're just a plug and play. You don't need to have a professional plumber or anything. Just plug right in between the two hoses and it runs through the whole system.

Out of all of them, you'd say natural action is the best? I like natural action. That's where John Butts is. And John butts passed away from ketoacidosis, unfortunately, two years ago, but that was his passion project was natural actions.

So prices are lower. Everything that he has focused on is legitimate. Wow. He usually did actual studies. Minerals, revitalizer, and then anything else?

That is really all you need. Then you needed the quantum, right? The lila. Like water. Yeah. Like when, especially when you're leaving, like, is that will add, so that has like primal healing, it has primel memory, um, different things again, for the original life cycle of water gets inputted back into like our water bottles, specifically the water bottle.

Closing Remarks and Where to Find Todd

They have frequencies that are meant for that. So it's actually re inserting, whether it is re downloading or uploading the primle memories into it. It has lots of other frequencies added to it as well, but that's what I, I will put my water in when I leave the house.

Okay, got it. Interesting. I see it, I See the water bottle. Yeah, we have two different versions. There's two versions, like one that looks like it's a bamboo outside.

Which one do you like better? The stainless steel? Yeah. Okay. Great. All right. Well, where can they go to get this? Yeah, Leela Quantum. So it's leelaq.com is the best way.

Social media is leelaquantum. And I'm also on the social media, so if you have any questions, anything on there, I am the one that's answering those questions.

But leellaqu. com is probably the better route and you can go on and find all the things, all of our products.

Amazing. That's great. Well, hey, Todd, you've been so fun to talk about, with, and I think I should have you back on just to top water.

Cause I, we could, spend as much time talking about EMFs as we did talking. Yeah. There's equal amounts of information. Maybe a series, like a, series of 10 podcast episodes that are all an hour long.

Well, that's what I'm doing. I love taking all these like, because there's so much overwhelming information. And, again, I keep using the word there is a lot of unethical marketing, a lots of unrealistic claims that are made, and I like to really go through and test everything and say like these are legitimate, these With lots of subjects in this I've been in the space for over 15 years always trying to dig deep into all the cool stuff that's available and then because everything is gazed off of my like 74 year old mom or my 13 year-old twins were like I want them to be able to understand this stuff and If it goes over our heads, it's useless So even people who are actively trying make good decisions is still a challenge for them So I like to go in there and try to simplify things You've done a great job, Todd.

And I'm going to be, I am going be most likely building a longevity resort in Napa. So I know you're close to Nappa. Hopefully we'll be able to spend more time together.

Yeah. I'd love that. That'd be awesome. Todd, thank you so much. Where can they follow you on Instagram or Facebook or X? Yeah, my personal Instagram is thatodd Todd That's odd.

I love it. Well, that odd Todd, thank you. Go ahead and follow Todd and go to Lila Quantum Tech if you want a lot of the technology that we're talking about on today's podcast episode.

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