What is Bioidentical Hormone Replacement Therapy (BHRT)? Transcript

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Introduction to bioidentical hormone therapy

What is bioidentical hormone replacement therapy? Say that three times fast. Bioidentic hormone, replacement, therapy is the optimization of normal hormone levels in the man or woman's body.

Biodentical hormones are different from synthetic hormones like Madroxyprogesterone or conjugated equine estrogen.

How bioidentical hormones differ from synthetic ones

These are the hormones that we've heard so many bad things about over the years. But bioidentical hormone replacement therapy is natural. They're derived from plants.

they match our hormones exactly in our bodies.

Personalized hormone optimization at Simone Medical

And at Simone Medical, we use these medications to optimize your hormones back to the levels that they were when you felt like yourself. We never overdose or get you to supra therapeutic levels.

we monitor you closely and help you feel better again. We test frequently and we also hear what you're saying.

Monitoring and how to learn more

So if you are interested in working with us or learning more about bioidentical hormone replacement therapy, please reach out. Our website is simonemedical.com or you can email us at info at simonemedical, thank you.