What is Secondary Porphyrin Dumping? Transcript

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Secondary Porphyrin Dumping Symptoms

There's another condition called secondary porphyrin dumping, and it usually shows up with anger, anxiety, nausea, tremulousness, someone who's nervous all the time, people with OCD.

How Porphyrins Build Up in the Body

And it disrupts your life and can be debilitating. This condition is identified by a very inexpensive urine test, and porphyrins are a breakdown product of red blood cells.

So red cells repopulate every 90 to 120 days. When they go to the liver to be broken down, these porphin rings are removed.

Testing and Treatment for Porphyrin Clearance

If you can't break them down because your body is overloaded with toxins or you're struggling with a condition called chronic inflammatory response syndrome, we need to clear those porphins out of the body.

It's treated very simply with a naturally occurring sugar, activated charcoal, and an herb called milk thistle. And so we want to get people together, explain what it is, clear those porphyrins, then we can move on to work with them to all the other body systems functioning.