Introduction to Dr. Roby Mitchell

So I want to talk to you guys about another one of my inspirations, if you will, and this is an MD. His name is Dr. Roby Mitchell. He is a current MD who's down in Texas and just does some of the most incredible work, maybe the more ethical work I've ever seen an M. D.

His Medical Background and Shift in Practice

do. There's a lot of MDs who I have a high affinity for, but he's definitely at the top of list. Dr Mitchell has taken his glorious professional education, his career, all of his understanding of anatomy, physiology, diagnostic testing, lab reports, just an incredible plethora of knowledge.

And I don't remember the exact timeline as to when he made his shift, but what Dr. Mitchell did was start to move away from the standardized practicing of medicine.

Instead of just saying, here's a symptom, we're gonna give you a pill to treat that symptom. But we never really gonna address why you have the symptom So Dr.

Nutrition-Based Approach to Chronic Conditions

Roby Mitchell, also known as AKA Dr Fit, and he is that, goes through extensive, extensive case studies and questions. If you follow him or his website, you will see this man talk about correcting hypothyroidism, Hashimoto's, Candida overgrowth, fungal infections, high blood pressure issues, acid reflux issues.

And his main message is nutrition. He handles these significant medical diagnosis, through herbal and whole food nutritional regimens, as well as promoting dietary and lifestyle changes.

Why He Is Recommended as an Ethical MD

So obviously here at Synergy Nutrition and Wellness, we're very much on the same line, but to have this man with his credentials and title expressing how he once practiced to how we practice now, and through the glory of nutrition and what it does for the human body, he is an amazing ethical M. D.

If you're looking for somebody to follow with those credentials in titles who will give you the correct ethical information to improving the quality of your body and your health, I strongly urge you to check out Dr.

Roby Mitchell, aka DrFit.