Why Clean Eating Starts With Safer Cookware Transcript

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Dr. Terry Wahls and the Power of Nutrition

Hi, I'm Dr. Terry Wahls, clinical professor of medicine and creator of the Wahls protocol, but I'm best known for reversing my own progress multiple sclerosis using the power of nutrition.

I went from a totally clean wheelchair to biking miles every day just by changing what I put on my plate. But there is one invisible thread that could sabotage even the healthiest meals.

That's toxic cookware.

The Hidden Dangers of Toxic Nonstick Cookware

Most people don't realize this, but many nonstick pans are made with chemicals that release billions of microplastics and toxic fumes when heated. These tiny plastic particles get into your food and into your body and into your brain.

Now, once these tiny plastic particles enter your body, they don't just pass through. They accumulate. And they've been linked to serious health risks, including liver damage, hormone disruption, impacts on fertility, immune system weakening, chronic inflammation, and increased risk of cancers, including breast to secure and kidney cancer.

Why Microplastics and Chemicals Threaten Health

In other words, even if you're doing everything else right eating clean, staying active, avoiding processed junk, you could still be sabotaging your health with every meal cooked in a toxic nonstick pan.

As someone who fought to reclaim my own health and has helped thousands claim their health, I take this very seriously. That's why I partnered with Jeff's Foundry to help spread the word about the safest cookware I've ever used.

Crafted with a Swiss engineered nonstick zero DWR two ceramic coating. So this is a ceramic, the P 600 is 100% free from microplastic leaching chemicals.

This means no microplastics, no harmful chemicals, no toxic fumes.

Introducing the Safer P600 Ceramic Cookware

Just clean, safe, high performance cooking. It's the same set I have started using in my own kitchen, because when you're working to protect your health and prevent disease, what you cook on matters.

Now, the P600 offers a nonstick ceramic surface that cleans effortlessly in seconds. No scrubbing, no hassle. It has a removable handle for convenient space saving storage.

Easy to store even in tight kitchens. With universal stove top compatibility, including inductions, you can cook at any heat source. Oven safe designed transitioned seamlessly from stovetop to the oven without a hitch.

P600 Features and Free Bonus Gifts

You do have to take off the handle, and right now, for a limited time, you'll even receive over $39 worth of free gifts with your order. You'll get a set of soft touch silicone utensils, and you want to use silicone as opposed to plastics.

And they're designed to protect your pans and enhance your cooking experience. Plus, silicone trivets to shield your countertops and cookware from heat damage and scratches.

Both are included absolutely free when you order the P600 cookware set at 60% off, but only while supplies last. Your health is too important to leave the chance.

Limited-Time Offer to Switch to Safer Cooking

So if you're ready to make the switch to safer cooking, then click the link below with this video to get up to 60% off your P600 nontoxic cookware set today and protect your health for years to come.