Why Your Treatments Aren’t Working (Root Cause Explained) Transcript

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Stem Cell Therapy and Root Causes

So, when we look at stem cell therapy, my biggest [music] question that I have for most patients is what happened to yours? Cuz if we can understand what happened to yours, I can understand the forces that are working [music] against you that are going to ultimately try to snuff out that $1,500 shot [music] you just put in your knee.

Remember back when you're in school and you >> [music] >> you're sitting in school thinking about what kind of doctor do I want to be? What kind of provider do I want to be?

Somebody asks you a question, what are you going to do? Man, I'm going to destroy chronic disease, that's what I'm going to do.

Modern Healthcare and Chronic Disease

And then you get out of [music] school and you get into the health care situation and man, it's a little different than what it was as far as your vision, >> [music] >> right? And in modern health care has a way of just squishing people [music] into a box so that you then become part of a system.

The problem comes [music] into play when we have patients that have lived a wild life, right? Everybody thinks it's old football injury, that's why their knee hurts.

It's not the old football injury, it's the old donut injury, right? It's it's food accumulation [music] for decades and decades. That's the injury and this is what I call a root and fruit. This is a root and fruit perspective. Now here at the top of the [music] tree, we have a bunch of chronic conditions and you can see all those different chronic conditions.

These are the things that people are getting medicated for >> [music] >> every day in every clinic in America.

Mitochondrial Damage and Insulin Resistance

What we want to understand is that the health care system around this [music] this disease tree, health care system around it exists to suppress, to decrease, to try to bring down [music] the symptomatic experience.

And I think it's noble to do that. Right? But at some [music] point, you got to ask the question, why is this happening? As these mitochondria lose their ability to protect themselves, they become dilapidated, they become wrinkly. Look at that mitochondria is wrinkly. What's going on on their skin is also going on in the organelles in the cells of the tissue. When a cell doesn't want to die, what it's going to do [music] is it's going to become insulin resistant.

That insulin resistance is [music] a protective mechanism. Right? So, I spend most of my days battling against this protective mechanism not by trying to overwhelm it, but by trying to get rid of the reason that is there. Do you guys remember the [music] Peanuts cartoons? You have uh Pig Pen. You remember that character?

Environmental Toxins and Obesogens

Right? He's got that cloud following him around all the time. And that energetic cloud that we're living in is very small when we're young, right? Hopefully.

Right? Very small. But, as we go through our life and we start getting into our 30s [music] and 40s and 50s, the energetic cloud, unless you control it, continues [music] to grow. What's taking place is these environmental

chemicals that you're not going to get away from are causing a gut injury, forcing your patients to not be able to regulate the inflammatory [music] response any further. The problem is is that obesogens force stem cells to differentiate into adipose tissue.

They force them to differentiate into adipose tissue. This is problematic, okay? Has everybody had that one patient that can eat 200 calories and they don't lose any weight?

Right? Where they try the weight loss drug and they gain 10 lbs and you're like, this is >> [music] >> something. One of my favorite things is interrupting this cycle. Because if we can interrupt this cycle, you can change somebody's life. And if you can change their life, they're going to go tell somebody else and it's going to be a more smiley world.

Interrupting the Inflammatory Cycle

Intervene, make this patient's life better. Smile, give them an opportunity to have a quality of life worth living. I love it. I also like pairing nutritional intervention in a plug-and-play setting with the Regen services. Ultimately, what I want to be able to do for these patients [music] is to interrupt this environmental driven chronic inflammatory mechanism that [music] is absolutely destroying their physiology. When a patient can't get well, you want to look for the driver, okay? And and at some point you're going to find it. [music] >> [music]