You Eat Healthy—But Are You Ingesting Microplastics Every Meal? Transcript

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Microplastics in Cookware

I am Doctor Fuhrman, board certified physician and nutrition researcher best known for helping thousands of people prevent and reverse disease through a nutrient rich, plant based lifestyle.

But there's one silent danger. Even the most health conscious people often overlook microplastics. And your cookware could be the biggest source. Many nonstick pans today release billions of microscopic plastic particles when exposed to heat, scratches or where.

And these microplastics can end up in your food and you can't see them, smell them or taste them, but you swallow them every time you cook.

Health Risks of Nonstick Pans

And once these tiny plastic particles enter your body, they don't just pass through. They accumulate and link to health risks, including risk of cancer or hormonal disruption, or a negative impact on fatality or immune system weakening and chronic inflammation.

It's bad stuff, even if you're doing everything right. Eating whole foods. Avoiding processed junk. Staying active. You could still be undoing years of healthy choices with every meal cooked on a toxic nonstick pan.

Introducing the P600 Cookware Set

That's why I've partnered with Chefs Foundry to help spread the word about the safest cookware I've ever used, and it's crafted with Swiss engineered nonstick Zorawar two ceramic coating.

The P600 is 100% free from all microplastic leaching chemicals. And that means no microplastics, no harmful chemicals, no toxic fumes. Just clean, safe, high performance cooking.

It's the same set I use my own kitchen because when you're working to protect your health and prevent disease, what you cook on does matter. The P600 offers a nonstick ceramic surface that cleans effortlessly in seconds, no scrubbing, no hassle, and removable handles for convenience space saving storage even in tight kitchens.

Features and Everyday Convenience

And it's universally stovetop compatible, including induction, so you can cook on any heat source with ease. And the oven safe design enables it to transition seamlessly from stovetop to oven without a hitch.

So right now, for a limited time, you receive over $39 worth of free gifts with your order, and you get a set of soft touch silicone utensils designed to protect your pans.

And plus, you get silicone tributes to shield your countertops and cookware from heat damaging From damaging scratches, you know, and and other types of injury. So.

Limited-Time Offer and Free Gifts

And don't forget that both of these are included free when you order the P600 cookware at 50% off while supplies Your health is too important to leave the chance.

So if you're ready to make the switch to save for cooking, then click the link below the video to get up to 50% off

your P600 nontoxic cookware set today and protect your health for years to come.